

**3.4.4 : Average percentage of students participating in extension activities at 3.4.3. above during last five years**

**3.4.4.1. Total number of Students participating in extension activities conducted in collaboration with industry, community and Non Government Organizations such as Swachh Bharat, AIDs awareness, Gender issue etc. year-wise during last five years**

**DVV Query :**

**1)Kindly provide Detailed report for each program extension and outreach program to be made available, with specific mention of number of students participated and collaborating agency.**

**2)Kindly provide Photographs or any supporting document of relevance should have proper captions and dates 3)Kindly provide student attendance documents / certificates for selected extension activities**

**INDEX**

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Page no of Ecopies
<b>2020-2021</b>					
Organ donation webinar & Quiz	NSS, University of Mumbai	NSS	2020-2021	121	3
Fit india dialogue	NSS, University of Mumbai	NSS	2020-2021	105	6
Platelet Donation webinar	NSS-TSEC	NSS	2020-2021	120	7
Granulocytes Donation Webinar	NSS-TSEC	NSS	2020-2021	114	16
Animal welfare Webinar	NSS-TSEC	NSS	2020-2021	88	20
Cardiac arrest webinar I	Icare, Holy Family Hospital	NSS	2020-2021	48	33
Cardiac arrest webinar II	Icare, Holy Family Hospital	NSS	2020-2021	110	34
Cyber security webinar	Public Concern for Governance	NSS	2020-2021	115	36
Immunity Boosting Webinar	Isha	NSS - TSEC	2020-2021	58	60
Cancer Prevention and Health Lifestyle webinar	Sanjeevani - Life beyond Cancer	TSEC	2020-2021	75	64
Enchant: The Real High	Art Of Living	TIE Club, NSS -TSEC, UBA-TSEC, THC-TSEC	2020-2021	162	61
Matribhasha Diwas	TSEC Students	National Bhasha Din	2020-2021	100	91
Calm in Crisis	Government Of India	Ek Bharat Shreshta Bharat (EBSB)	2020-2021	50	92
Exploring Odisha	TSEC-EBSB Club	Ek Bharat Shreshta Bharat (EBSB)	2020-2021	65	93
odia the Language of The Ancients	TSEC-EBSB Club	Ek Bharat Shreshta Bharat (EBSB)	2020-2021	67	95

			<b>Total</b>	<b>1398</b>	
<b>2019-2020</b>					
Blood Donation Camp 1	TATA Hospital	NSS - TSEC	2019-2020	113	113
Blood Donation Camp 1	TATA Hospital	NSS - TSEC	2019-2020	73	114
Plogging Run	NSS TSEC	Fit India Campaign GOI	2019-2020	52	115
Eye Check up of Villagers	Wavikar Eye Institute, Thane	Unnat Bharat Abhiyan & Residential Camp	2019-2020	32	155
Health Check up camp	KEM Hospital	NSS Resi. Camp	2019-2020	61	135
Women Personal Hygiene	NSS TSEC	NSS Resi. Camp	2019-2020	25	136
Mass Awareness through Street Plays	NSS TSEC	NSS Resi. Camp	2019-2020	90	138
Swachhta Pakhwada 2019	TSEC Students	Swachha Bharat Abhiyan	2019-2020	200	129
Plastic Collection Drive	TSEC Students	<a href="http://ProjectMumbai.org">Project Mumbai.org</a>	2019-2020	100	149
Railway Wall paintings at Bandra station	TSEC Students	Bandra Station, Mumbai	2019-2020	150	154
“Swaachta Abhiyan” at Juhu	TSEC Students	BMC. Juhu	2019-2020	50	147
Door to door campaigns	NSS TSEC	NSS Resi. Camp	2019-2020	59	139
Distribution of Consumables	NSS TSEC	Nari-Swasthya	2019-2020	24	155
Cleaning of School	NSS TSEC	Swachha Bharat Abhiyan	2019-2020	44	129
Cleaning of College	NSS TSEC	Swachha Bharat Abhiyan	2019-2020	20	130

Cleaning of Offices, College Canteen & Common Area cleaned	NSS TSEC	Swachha Bharat Abhiyan	2019-2020	8	132
Cleanliness drive	NSS TSEC	Swachha Bharat Abhiyan	2019-2020	55	133
Natural Farming	NSS TSEC	Unnat Bharat Abhiyan & Residential Camp	2019-2020	16	135
Compost pits	NSS TSEC	Shramdaan in NSS	2019-2020	21	136
Cardiac Arrest Resuscitation Training at Camp	iCare, Holy Family Hospital, Bandra W	Heart Marshal Training	2019-2020	86	139
Cultural & Sports Festival with Villagers	NSS TSEC	Isha's Gramotsavam	2019-2020	76	141
Matribhasha Diwas	TSEC Students	National Bhasha Din	2019-2020	100	157
plantation drive at Railway Officer's Club Volleyball Ground	Green Army-TSEC	Green Army Maharashtra	2019-2020	50	156
The Odia short film	TSEC-EBSB Club	Ek Bharat Shreshta Bharat (EBSB)	2019-2020	70	150
Ek Bharat Shreshta Bharat (EBSB) Quiz	TSEC-EBSB Club	Ek Bharat Shreshta Bharat (EBSB)	2019-2020	75	154
Odisha Day	TSEC-EBSB Club	Ek Bharat Shreshta Bharat (EBSB)	2019-2020	15	164
Colors of Odish	TSEC-EBSB Club	Ek Bharat Shreshta Bharat (EBSB)	2019-2020	20	166
			<b>Total</b>	<b>1685</b>	
<b>2018-2019</b>					

Juhu Beach Cleaning after Ganapati festival	NSS TSEC	Swachh Bharat Mission	2018-2019	79	182
Cleaning Of Village Areas, Cleaning Of Common Water Bodies at Adopted village, Ambewadi, Neral	NSS TSEC	Swachh Bharat Mission	2018-2019	55	202
Blood Donation Camp 1	TATA Hospital	NSS - TSEC	2018-2019	150	189
Blood Donation Camp 2	TATA Hospital	NSS - TSEC	2018-2019	108	190
Tree Plantation	BMC, Mumbai	NSS - TSEC	2018-2019	56	201
Disaster Management & Fire Drill	University of Mumbai	NSS-TSEC	2018-2019	220	192
Yoga Training	MoAYUSH; Univ. of Mum.	NSS-TSEC	2018-2019	54	198
Yoga Training on IDY'19	MoAYUSH; Univ. of Mum.	NSS-TSEC	2018-2019	20	200
Cardiac Arrest Resuscitation Training	iCare, Holy Family Hospital, Bandra W	Heart Marshal Training	2018-2019	35	231
Cultural & Sports Festival with Villagers	NSS TSEC	Isha's Gramotsavam	2018-2019	57	215
Beach Cleaning	Rajani Foundation, NGO	NSS - TSEC	2018-2019	55	233
Swachhata Oath Ceremony	NSS TSEC	Swachhata Oath	2018-2019	79	
Tree Plantation Drive	Green Army-TSEC	Green Army Maharashtra	2018-2019	56	
			<b>Total</b>	<b>1024</b>	
<b>2017-2018</b>					
Seminar on Life-saving, "Cardiac Arrest Resuscitation"	'Holy Family Hospital' (iCare)	NSS - TSEC	2017-2018	270	242
CYP training and Rajyoga Meditation		NSS - TSEC	2017-2018	22	

Yoga Training	Kaivalyadham & Univ. of Mum	NSS - TSEC	2017-2018	14	250
Yoga Competition	National College, Univ. of Mum	Int. Yoga Day'18	2017-2018	11	245
Yoga Competition	University of Mumbai	Int. Yoga Day'18	2017-2018	6	248
Yog Sadbhavana	University of Mumbai	Gandhian Thoughts	2017-2018	8	257
Thalassemia Check up	Think Foundation	Nss-Tsec Blood Donaton	2017-2018	45	266
Health Check up	Sion Hospital	Unnat Bharat Abhiyan	2017-2018	59	
Women Personal Hygiene	NSS-TSEC	Unnat Bharat Abhiyan	2017-2018	25	268
Street Play at C&P	NSS-TSEC	Mass Awareness	2017-2018	59	256
Door to Door Campaign	NSS-TSEC	Awareness	2017-2018	59	258
Paperbag making & distribute	NSS-TSEC	Nss - TSEC	2017-2018	24	269
Cleaning of School & water bodies	NSS-TSEC	Swachha Bharat Abhiyan	2017-2018	44	260
Swachhata Rally	NSS-TSEC	Swachha Bharat Abhiyan	2017-2018	20	262
Cleanliness Drive	NSS-TSEC	Swachha Bharat Abhiyan	2017-2018	50	265
Building Check Dam	GP, Neral, University of Mumbai	NSS-TSEC	2017-2018	45	267
NADI ABHIYAN AND RALLY FOR RIVERS	Sadhguru, Isha Foundation, Coimbatore	NSS - TSEC	2017-2018	70	278
BEACH CLEANING DRIVE	NSS-TSEC	NSS - TSEC	2017-2018	40-50	271
FORT CLEANING	NSS-TSEC	NSS - TSEC	2017-2018	100	272
JOY OF GIVING	Mesco foundation	NSS - TSEC	2017-2018	80	264

BLOOD DONATION DRIVE	Lokmanya Tilaka MG Hospital and Tata Memorial Hospital DTM	NSS - TSEC	2017-2018	121	266
BLOOD DONATION DRIVE	TATA Hospital	NSS - TSEC	2017-2018	109	267
SAVE MANGROVES SAVE MUMBAI	Forest Dept., State of Mah.	NSS - TSEC	2017-2018	20	272
HELP GOVT. OF INDIA (I.T. Deptt.) IN DIGITIZATION	Income Tax Dept. Air India Buidg, Marine Drive	NSS - TSEC	2017-2018	80	274
SAVE WATER & ELECTRICITY		NSS - TSEC	2017-2018	15	
			<b>Total</b>	<b>1356</b>	
<b>2016-2017</b>					
Yog Training		NSS - TSEC	2016-2017	13	282
Free Dental Check up	<i>MyDentist</i>	NSS - TSEC	2016-2017	60	289
Rajyoga Meditation	Prajapita Brahmakumari, Bandra Centre	NSS - TSEC	2016-2017	14	294
Blood Donation I	TATA Hospital DTM	NSS - TSEC	2016-2017	127	291
Blood Donation II	TATA Hospital DTM	NSS - TSEC	2016-2017	132	291
Organ Donation Awareness	University of Mumbai	NSS - TSEC	2016-2017	35	284
Joy of Giving	Mesco Foundation	NSS - TSEC	2016-2017	80	290
Voter Awareness Rally	University of Mumbai	NSS - TSEC	2016-2017	25	292
Best from the Waste	Kabaad ka Jugaad	NSS - TSEC	2016-2017	65	294
Help clean Dam Sediments	Neral Gram Panchayat	NSS - TSEC	2016-2017	35	293
			<b>Total</b>	<b>586</b>	

- 3.4.3 **Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years.**
- 3.4.4 **Average percentage of students participating in extension activities at 3.3.3. above during last five years**

Sr. No	Activity Name
1	Extension Activities for A.Y 2020-2021
2	Extension Activities for A.Y 2019-2020
3	Extension Activities for A.Y 2018-2019
4	Extension Activities for A.Y 2017-2018
5	Extension Activities for A.Y 2016-2017



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.





## Extension Activities for A.Y 2020-2021



Dr. G. T. Thampi  
PRINCIPAL

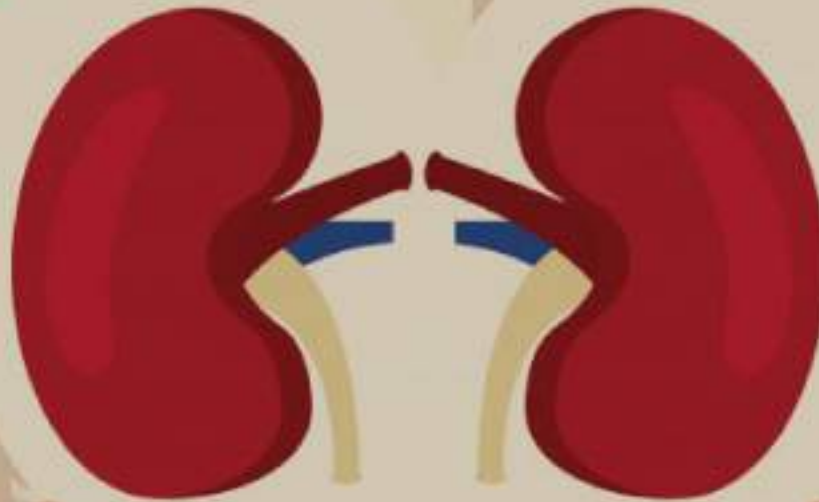
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





# ***ORGAN DONATION DAY WEBINAR***

*Presented By The NSS Cell of Mumbai University*



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



***“Organ donation, the highest form of donation”***  
*After one's death, they can help other people lead a better life by just signing up.*


Date: 13th of August

Time: 11 AM

Join By: Youtube



## Live chat

Top chat  1.5K

11:20 AM **Pranali Sutarwala** Pranali Sutarwala from J.S.S.P. college



11:20 AM **Ashwini Jadhavar** Ashwini ramhari jadhavar. college name. j.s.s.p. college goveli.



11:20 AM **Gayatri Shinde** Gayatri Vijay Shinde KJ Somaiya college of science and commerce SYBCOM



11:20 AM **SAKSHI BARANWAL** Sakshi Baranwal from Gurukul college of commerce



11:20 AM **pranali sutarwala** 🌟🌟🌟



11:20 AM **THE Sachin Tiwari** SACHIN TIWARI, B-34 TCET NSS UNIT



11:20 AM **Kushal jain** kushal Jain, nss volunteer, sk somaiya college of arts, science and commerce



11:20 AM **Ajay Gupta** AJAY GUPTA NSS VOLUNTEER OF KES' SHROFF COLLEGE OF ARTS AND COMMERCE



11:20 AM **sharif raja** saira banu haldar Nss volunteers from mohindar singh kabil singh degree college of arts and commerce kalyan .....pelasure to meet u sir ....



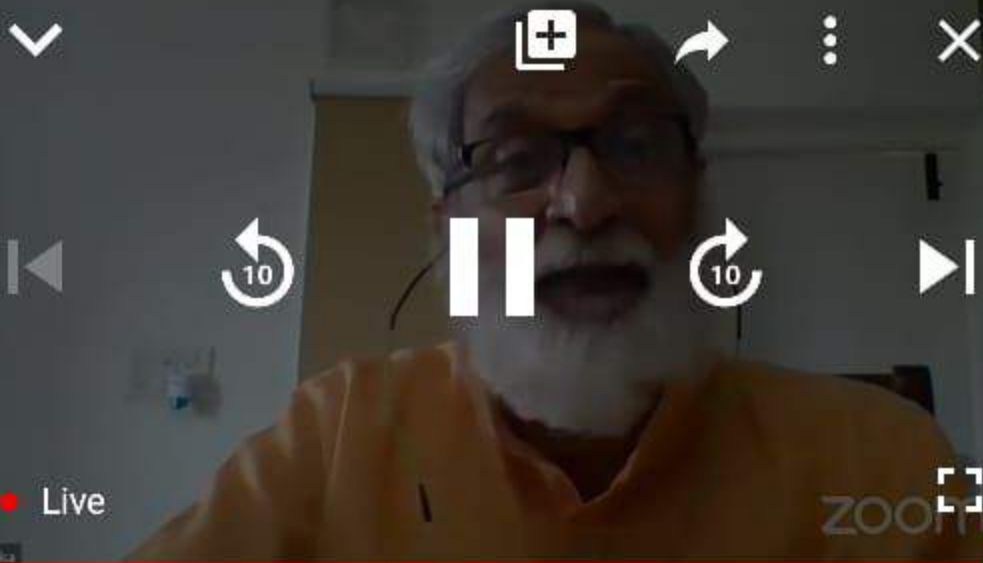
11:20 AM **Piyusha Jawale** Piyusha Jawale, NSS Volunteer from Thadomal Shahani Engineering College, Bandra



11:20 AM **Priyanka Ghag.** Priyanka Ghag Volunteer NSS Unit from K.M.Agrwal CLG Kalyan (W.)



Chat publicly as Piyusha Jawale...



### Live chat

Top chat 1.5K



- 11:24 AM **Minakshi Gupta** payal gupta nss volunteer from s .d.s.m. clg of palghar
- 11:24 AM **Arya Kale** arya kale sk college nerul
- 11:24 AM **Pranali Pandit** pranali pandit from SYBBI mohinder Singh kabal Singh degree College kalyan west
- 11:24 AM **Ishita Tarnekar** Ishita Tarnekar, NSS volunteer, Thadomal Shahani Engineering College
- 11:24 AM **veda thosar** veda Umesh Thosar jai hind
- 11:24 AM **Krishna Tiwari** Krishna Tiwari lokmanya Tilak college of engineering koparkhairane
- 11:24 AM **Yasin Pathan** SV college art commerce and science 2 year volunteer
- 11:24 AM **Shwetha S...**

Dr. G. T. Thampi  
Principal  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

Chat publicly as Aditya Hunoor...



## **NSS-TSEC**

**National Service Scheme Unit (Affiliated to the Mumbai University) Thadomal Shahani Engineering College**



P.G. Kher Marg, TPS III, Bandra (W), Mumbai-400050

Ph.:022-26495808, Extn: 2501/2401 (E-mail:nsstsec2021@gmail.com)

**Date: October 29th, 2020**

On the **29<sup>th</sup> October, 2020**, NSS UBA-TSEC brought to its volunteers a webinar titled “**My Life My Yoga: 3 Step Rhythmic Breathing**”, Aatma Nirbhar Bharat & FIT India Movement” for healthy mental & physical fitness ” organised by **Unnat Bharat Abhiyan Cell, SVNIT, Surat** with strong support of the Principal, the Program Officers and Students. The webinar was conducted on **Cisco WebEx Application**, duration for which was 1.5 hours. A total of **105 volunteers, including 52 female and 53 male volunteers** participated in this event.

The session was commenced by Dr. Kruepsh A. Chauhan from UBA cell SVNIT. All UBA colleges taking part in the UBA program were invited for the same across states. Various breathing exercises for improving mental as well as physical health were introduced to the volunteers. Guided exercises which can help our body to fight against Corona Virus were demonstrated with help of PPTs and reference Video and created awareness on FIT India Movement.

The session enlightened the volunteers that only if they are fit, healthy and happy then they will be able to inspire others to fight against the ongoing COVID-19 and together we can win. The method discussed was based on eternal vigilance, which can be achieved by introducing 3SRB (written by Shri S.N.Tavriyaji) into the body brain system.

Volunteers appreciated the opportunity of learning new techniques in breathing exercises, a necessity in times when COVID cases were on the rise.

NSS-TSEC is highly obliged towards the Principal, **Dr. G.T. Thampi** and the Program Officers **Prof. Sachit Nalaskar** and **Dr. Gauri Shukla** for their constant help through guidance, instant approvals and bringing to the students of our college such informative sessions. We are grateful towards UBA SVNIT for their kind invitation and educating healthy practices.

**Number of Hours allotted: 1.5 hours**

SACHIT G. NALASKAR  
Program Officer,  
NSS\_TSEC

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# SAVE A LIFE



Contact Person: Bhavna/Ganesh

Phone No: 9869122255

Tata Hospital: 022-24177000 Ext-4681/84

Email ID: [savealife@tmc.gov.in](mailto:savealife@tmc.gov.in)



@ Savealifetmh

Save A Life - Become a platelet donor



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.



REC



Dr. S. T. ...  
 PRINCIPAL  
 ...  
 ...



Gourav Bain's screen


REC

Gourav Bain

Kunal Shah

Sameena- Gunvati J Kapoor Foundation

GJK- Nirjari


  
Dr. G. T. Thampi  
PRINCIPAL  
Mandasa Shukri Engineering College  
Bandra (W), Mumbai - 400 060.





REC



  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Borivli (W), Mumbai-400 050.



REC



Gourav Bain



Kunal Shah



Sameena- Gunvati J Kapoor Foundation

Dr. G. T. Thampi  
PRINCIPAL  
Theodora Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Dr. G. T. Thampi  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





REC

# SAVE A LIFE



Contact Person: Bhavna/Ganesh

Phone No: 9869122255

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@ Savealifetmh

Save A Life - Become a platelet donor



Gourav Bain's screen



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), 14 Mumbai-400 050.





REC



Gourav Bain's screen



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE


NSS-TSEC 20-21 PRESENTS

# GRANULOCYTE DONATION

WEBINAR

IN ASSOCIATION WITH THINK FOUNDATION

**DATE: 1ST NOVEMBER**

  
Dr. G. T. Thamel  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bamburda (K), Mumbai-400 050.



**TIME: 5 PM**

**#NSS\_TSEC**



### Participants

Type a name

Presenters (6)

- AP ArpSEITa Pawar
- MM Mohitansu Mohapatra
- RP Ratnesh Patil
- SD Siddhesh Dhome
- VM Vaidehi Mangalampalli
- VS Vinay Shetty (Guest)

Attendees (112)

Dr. G. T. Thampur  
Principal  
Thadomal Shahani Engineering College  
Bandre (W), Mumbai - 400 086.

### Participants

Type a name

Vinay Shetty (Guest)

Attendees (113)

- NS Nayni Shah
- AP Abhishek Panda
- AB Aditi Bagul
- AG Akanksha Gawas
- AV Anjali Varma
- AM Antara Mohan
- AK Anushka Kore





Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Vinay Shetty (Guest)



Ratnesh Patil



Mohitansu Mohapatra



Sanskriti Iyer



Vaidehi Mangalampalli



IshneetKaur Alag



ArpSETta Pawar



Siddhesh Dhome



Shagun Lamba



**Dr. G. T. Thampi**  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





## **NSS-TSEC**

**National Service Scheme Unit** (Affiliated to the Mumbai University) **Thadomal Shahani Engineering College**

P.G. Kher Marg, TPS III, Bandra (W), Mumbai-400050

Ph.:022-26495808, Extn: 2501/2401 (E-mail:nsstsec2021@gmail.com)



**Date: November 12, 2020**

On the 12<sup>th</sup> November 2020, NSS-TSEC organized a webinar titled “**Where does our food come from**” in collaboration with **Humane Society International/India (HIS-India)** with strong support of the Principal, the Program Officers and Students. The webinar was conducted on Microsoft Teams, duration for which was 2 hours. A total of **88 volunteers (42 Female, 46 Male)** participated in this event.

The speaker for the session was **Ms Kanak Shriya Kaushik** from HIS – India. She is a outreach campaigner for HIS – India who has been engaged in animal welfare activities since childhood. She had also worked as a volunteer at Society for prevention of cruelty to animals for a period of three years.

The session covered different aspects of food culture in our country. The speaker explained the background of the food consumption taking place all over the world and the way it is affecting our environment and animal behavior. The webinar covered the causes that are preventing India from achieving the Sustainable Development Goals (SDGs) laid by the United Nations (UN). The webinar concluded by stating the alternatives (e.g. plant-based diet, vegan food etc.) humans can inherit in their life to create a sustainable environment where animals can coexist with humanity. In the end, the speaker gave an idea on how HIS- India is contributing towards animal welfare activities.

The webinar was interactive and informative. It enlightened the volunteers through real life examples and appealing presentation made by the speaker. A Q&A session was held where all the queries & doubts by the volunteers were enthusiastically answered by Kanak ma’am.

NSS-TSEC is highly obliged towards the Principal, **Dr. G.T. Thampi** and the Program Officers **Prof. Sachit Nalaskar** and **Dr. Gauri Shukla** for their constant help through guidance, instant approvals to all the necessities and motivation to conduct such events. We are grateful towards Ms. Kanak Kaushik for the time and effort she took to share her thoughts, for educating our volunteers on animal welfare and instilling in them sensitivity towards the innocent animals.

**Number of Hours allotted: 2 hours**

**Program Officer**

  
**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.



TRADITIONAL BARBERS  
**TSEC**  
 ENGINEERING COLLEGE



**HUMANE SOCIETY**  
 INTERNATIONAL  
 INDIA



S P E A K E R  
 KANAK SHRIYA KAUSHIK

DESIGNATION: DELHI OUTREACH CAMPAIGNER



Dr. T. Thampi  
 PRINCIPAL  
 Traditional Barbers Engineering College  
 Bandra (W), Mumbai - 400 086.

E CERTIFICATES WILL BE PROVIDED



THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



**HUMANE SOCIETY**  
INTERNATIONAL  
INDIA

# WHERE DOES OUR FOOD COME FROM? WEBINAR

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



DURATION : 1-1.5 Hrs

TIME : 12 PM

JOIN VIA : MS TEAMS





3 of 28

### Why considering Farm Animals is important?

Number of Animals Used

- Farm Animals
- Laboratory
- Shelters
- Clothing
- Others

Participants

Type a name


Presenters (0)

- CP Chaitanya Patil
- GS Gauri Shukla (Organizer)
- KK Kanak Kaushik (Outside your organization)
- MM Mohitansu Mohapatra
- RP Ramesh Patil
- SN Sachin Nalaskar
- SL Shagun Lamba
- SD Siddhesh Dhore

Kanak Kaushik

+BS CP SD KK SL NS

Siddhesh Dhore Kanak Kaushik Shagun Lamba

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.





4 of 20 | Take control

### Number of Live Land Animals in India (in millions)

Animal Type	Number (in millions)
Broiler chickens	800
Layer hens	460
Cattle	187
Buffalo	114
Sheep	63
Goats	133
Stray dogs	30
Others	-

Source: FAO Stat, BBC

Participants: NS Nayni Shah, CP Chaitanya Patil, GS Gauri Shukla, KK Karak Kaushik, MM Mohitansu Mohapatra, RP Ratnesh Patel, SL Shaqun Lambe, S Shikhaa

Dr. G. T. Thampi  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





6 of 28 | Take control | [Icons] | Leave

**80.3 billion animals**  
—  
**raised & slaughtered for food globally each year**

Kanak Kaushik

Participants

Type a name

Presenters (6) [View all](#)

- NS Nayni Shah
- CP Charanya Patil
- SL Gauri Shukla (Organiser)
- KK Kanak Kaushik (Outside your organization)
- MM Mohitansu Mohapatra
- EP Ratnesh Patil
- SL Shagun Lamba
- SD Siddhesh Chome

+94 CP SD KK SL NS

Siddhesh Chome Kanak Kaushik Shagun Lamba

  
**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.







7 of 28 | Take control | [Icons: Mute, Video Off, Chat, More] | Leave

60 billion chickens used for food

Kanak Kaushik

+91 | NR | KV | JP | CP | SD | **KK** | SL | NS


Chetanya Patel | Siddhesh Dhome | Kanak Kaushik | Shagun Lamba

**Dr. G. T. Thampi**  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 059.





15 of 28 | Take control | [Icons: Mute, Video, Screen Share, Chat, etc.] | Leave



Kanak Kashi

+58 | NR | KV | JP | CP | SD | **KK** | SL | NS

Chaitanya Patil | Siddhesh Dhanse | Kanak Kashi | Shagun Lamba



**Dr. G. T. Thampi**  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.






17 of 28 | Take control | Leave

# How India Eats

State	Non-Vegetarian (%)	Vegetarian (%)
AN	68.25	31.75
AR	72.65	27.35
AS	76.4	23.6
BH	92.45	7.55
BR	63.5	36.5
CG	12.9	87.1
GA	94.75	5.25
HR	97.28	2.72
JK	94.7	5.3
KA	94.7	5.3
KL	96.7	3.3
MA	39.8	60.2
MP	78.9	21.1
MH	98.25	1.75
MZ	97.88	2.12
OD	94.7	5.3
PB	94.7	5.3
RA	94.7	5.3
RJ	94.7	5.3
SK	94.7	5.3
TG	94.7	5.3
TS	94.7	5.3
UP	94.7	5.3
WB	94.7	5.3

KK Kavek Kavek

NR Chaitanya Kulkarni | KV Siddhesh Dhanoo | JP | CP | SD | KK Kavek Kavek | SL | NS Sharan Lamba

  
**Dr. G. T. Thampi**  
**PRINCIPAL**  
 Thadomal Shahani Engineering College  
 Bandra (W), Mumbai-400 850.





Ritesh Patil



Kanak Kaushik



Chaitanya Khandare



Sahil Arya



ArpSEIta Pawar



Siddhesh Dhome



Mohitansu Mohapatra



Chaitanya Patil



Shagun Lamba





**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Leave



Siddhesh Dhome



Mohitansu Mohapatra



Chaitanya Patil



Chaitanya Khadare



Nayni Shah



Ratnesh Patil



Shagun Lamba

+74

JP

SB

SA

RP

Ratnesh Patil



Kanak Koushik



Chaitanya Patil

SD

Siddhesh Dhome



Type here to search



Dr. G. T. Thamp  
PRINCIPAL  
The Domsal School Engineering College



ENG

12:03 PM  
12-11-2020



10



Siddhesh Dhore



Mohitansu Mohapatra



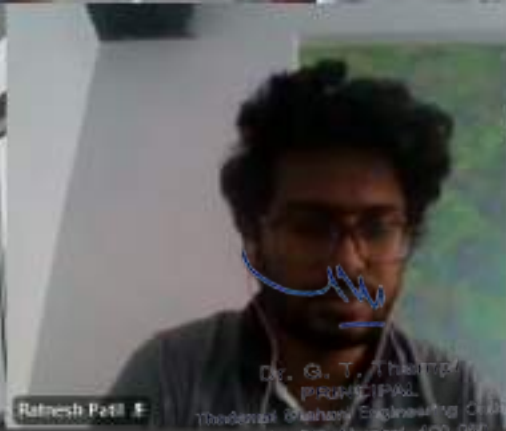
Chaitanya Patil



Chaitanya Khadare



Nayim Shah



Ratnesh Patil



Shagun Lamba



Ratnesh Patil

Kanak Kausik

Chaitanya Patil

Siddhesh Dhore



Siddhesh Dhome

Mohitansu Mohapatra

Chaitanya Patil

Chaitanya Khandare

Nayni Shah

Ratnesh Patil

Shagun Lamba

+75 JP SB SA RP KK SD





## **NSS-TSEC**

**National Service Scheme Unit** (Affiliated to the Mumbai University) **Thadomal Shahani Engineering College**

P.G. Kher Marg, TPS III, Bandra (W), Mumbai-400050

Ph.:022-26495808, Extn: 2501/2401 (E-mail:nsstsec2021@gmail.com)



**NSS-TSEC** has been conducting **Cardiac Arrest Resuscitation Workshop** in collaboration with Holy Family Hospital, Bandra from the past three years. Due to COVID19 Lockdown, the session was conducted on an online platform.


On 29th August 2020 & 24th February 2021, **NSS-TSEC** in collaboration with **Holy Family Hospital, Bandra** organized an online workshop on Cardiac Arrest Resuscitation under the **iCARE** initiative with the strong support of the Principal, the Program Officers, and Students. The webinar was conducted on Google Meet Application.

The speaker for the session were **Ms. Sumaiya Raghavan, Operations Head at iCARE** and **Mr. Anand Shrivastav, Project Director at iCARE**. Both the speakers were qualified trainers in first aid heart saving and CPR and have received certification from the American Heart Association. iCARE is a non-profit initiative by the Holy Family Hospital, Bandra that dedicates to the cause of educating people on how to save the life of a Sudden Cardiac Arrest victim until the medical emergency arrives. Under this initiative, they provide trainings free of cost with the motive to spread awareness among people and save lives. The online workshop conducted was the first session out of the three-session training program under the iCARE initiative which ultimately leads to earning the **Heart Marshall Badge**.

In this workshop, the speakers gave an insight into the importance and need to undergo this training by presenting facts and real-life examples. They explained the difference between a heart attack and a cardiac arrest which is considered similar by many. The participants were enlightened about the Good Samaritan Law [2016], which offers legal protection to people who give reasonable assistance to those who are, or whom they believe to be, injured, ill, in peril, or otherwise incapacitated. The speaker encouraged the participants to help strangers in case of an emergency, citing the above law. The main objective of the workshop was to give an idea to participants on how they could save the lives of people during a cardiac arrest. The four steps [ **Recognize, Call, CPR, AED**] to save a person during sudden cardiac arrest were innovatively explained to the participants through a PowerPoint presentation, animated videos and a dummy mannequin used by the speaker. The training was concluded by giving an overview of how to use an Automated External Defibrillator [AED] machine, which is required to give electric shocks in addition to the CPR technique.

The webinar was very informative and interactive. Every query/doubt was enthusiastically answered by the speakers during the Q&A session. The speakers even encouraged to conduct more such sessions for a larger number of students and teachers to make them aware of cardiac arrest and CPR techniques to save lives during an emergency.

All the participants showed patience and active participation during the online workshop. They expressed their happiness and gratitude for conducting such an event through the online platform chatbox and feedback forms. About 50% of the attendees also expressed their

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra, Mumbai - 400 050.



interest to join further sessions to learn more and earn the Heart Marshall Badge. They also suggested different topics for conducting webinars in the future.

NSS-TSEC is highly obliged towards the Principal, **Dr. G.T. Thampi** and the Program Officers **Prof. Sachit Nalaskar** and **Dr. Gauri Shukla** for their constant help through guidance, instant approvals to all the necessities and motivation to conduct such events. We are grateful towards the speakers Ms. Sumaiya Raghavan and Mr. Anand Shrivastav for the time they took to share their knowledge with us. We are looking forward to conducting further sessions at the Holy Family Hospital, Bandra as an when the pandemic ends.

**Date : 29th August, 2020: Attended by 48 volunteers (21 Female, 27 Male)**

**Hours Allotted:** 2.25 hours

**Date: 24th February, 2021: Attended by 110 volunteers (43 Female, 67 Male)**

**Hours Allotted:** 2 hours

**Venue:** Google Meet



**Program Officer**



**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.





## **NSS-TSEC**

**National Service Scheme Unit (Affiliated to the Mumbai University) Thadomal Shahani Engineering College**



P.G. Kher Marg, TPS III, Bandra (W), Mumbai-400050

Ph.:022-26495808, Extn: 2501/2401 (E-mail:nsstsec2021@gmail.com)

**Date: April 24, 2021**

The Covid-19 pandemic has led to many changes in the way people live their daily lives. With the restrictive measures coming into force, the world has seen a surge in the use of technology as a tool to continue to keep businesses running and people connected during the pandemic.

On **24th April 2021**, NSS-TSEC organized a webinar titled "**CYBER CRIME**" in association with **Public Concern for Governance Trust (PCGT)**, with the strong support of the Principal, the Program Officers, PCGT staff, and students. The webinar was conducted on the **Zoom Meeting Application**, the duration of which was **2.5 hours**. A total of **270** participants from different colleges across Maharashtra attended this event, of these, **115** were **NSS TSEC volunteers which included 62 Male and 53 Female volunteers**.

The event was held in association with PCGT, a registered trust founded to increase public participation and activism towards creating a transparent and efficient governance system. The event was graced by the presence of trustees from PCGT, **Padma Bhushan Shri. Julio Francis Ribeiro** (founding trustee), **Mr V.P. Raja** (IAS Officer), Mrs. Ana Saldanha and Ms. Rekha Shahani. The keynote speaker for the webinar was **Dr. Ashok Bagul, Senior Police Inspector, Cyber Police Station, Nagpur**. The webinar aimed to spread awareness on cybercrimes, cybersecurity and cyber laws in our country.

The event began with the introduction of the dignitaries and a brief talk from Ribeiro sir and Raja sir on the necessity of awareness about cybercrime in today's technologically advanced world. The speaker initially spoke about the awareness and literacy that our citizens needed to fight against cybercrimes. He further explained the threats regarding cybercrime and how it's different from traditional crimes. He gave the participants insights into the exploitation of increased online activity by existing criminal groups due to the COVID-19 pandemic. The speakers shared his valuable knowledge on types of cybercrimes and the preventive measures to fight against them. He made the session engaging by sharing real-life cyber cases, case studies and presenting some shocking facts to the participants. The inspirational talk on "greed" was one of the highlights of this session. In the end, he educated the participants on the '**Incident Reporting**', step a victim needs to take if he has fallen prey to cybercrime.

The presentation slides shared by the speaker were very informative and easy to understand. A Q&A session was held where all the queries & doubts by the participants, were enthusiastically answered by the speaker. By the end of the webinar, **60+** participants were ready to either join or cooperate with police forces in the fight against cybercrimes.

**Dr. G. M. Chipli**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



NSS-TSEC is highly obliged towards the Principal, **Dr. G.T. Thampi** and the Program Officers **Prof. Sachit Nalaskar** and **Dr. Gauri Shukla** for their constant help through guidance, instant approvals to all the necessities and motivation to conduct such events. We are grateful to Dr. Ashok Bagul for the time and effort he took to share his knowledge and experiences with our volunteers. We are also thankful to **Ms. Ruchi Bhagat** and PCGT staff for helping us in organizing this webinar.

**Number of Hours allotted: 2.5 hours**



**Program Officer  
NSS-TSEC**

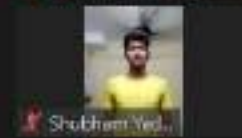


**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





NSS-TSEC Chait...



Microsoft PowerPoint interface showing a slide titled "Incident Reporting". The slide content includes:

## Incident Reporting

- Visit the nearest police station immediately.
- To report cybercrime complaints online, visit the National Cyber Crime Reporting Portal. This portal can be accessed at <https://cybercrime.gov.in/>. In this portal, there are two sections.
- Refer to the latest advisories which are issued by CERT-IN on <https://www.cert-in.org.in/>
- Report any adverse activity or unwanted behavior to CERT-IN using following channels  
 E-mail : [incident@cert-in.org.in](mailto:incident@cert-in.org.in)  
 Helpdesk : +91 1800 11 4949

Slide 21 of 23 | Office Theme | English (U.S.)



NSS-TSEC\_Vaide...

Ruchi Bhagat

NSS\_KC\_Shredd...



Participants (256)

- Find a participant
- NT NSS TSEC Anjali Varma
  - NT Nss Tsec -Hanil Jain
  - M NSS TSEC Mayur Brijwani
  - NT NSS TSEC Ranoo Vishwakarma
  - NT NSS TSEC- Saloni Takhtani
  - NT NSS TSEC- Shikhaa Sushil

Invite Unmute Me

Chat

after he is done

ask ribeiro

he is here

From Mohitansu Mohapatra NSS-... to Everyone:

Done Sir

Who can see your messages? Recording On

To: NSS-TSEC\_Meghag-... (Direct Message)

Type message here...

Dr. S. S. ...  
 PRINCIPAL,  
 The Central Bhamburda Engineering College  
 Bandra (W), Mumbai - 400 086.

NSS-TSEC\_Chait...



Ruchi Bhagat

Lalit

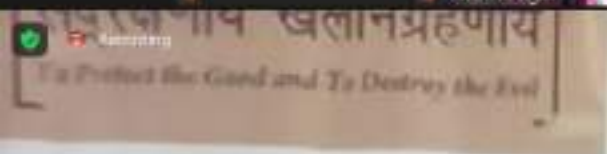
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V.P. Raja

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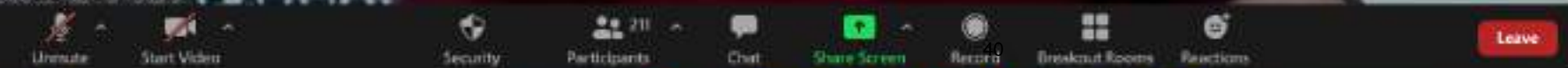
सायबर  
गुन्ह्यासंबंधात  
तक्रारीसाठी



NAGPUR CITY POLICE



Dr. G. T. Thampi  
PROFESSOR  
Theodora Shahu Engineering College  
Bandre (W), Mumbai-400 050.



Chat

From pratina to Everyone:

sir u r great motivator officer 🙌

From NSS\_KC\_KartikRane to Everyone:

how to get internship opportunity in police cyber cells?

From Raji to Everyone:

Thank you Sir

From Swati Subhash pedewad to Everyone:

sir, have you ever dealt with initial coin offering amounting to terror financing ? the rate of fund raising through crypto currency is growing in terrorist organisations.

do you think that we should have a special act for crypto currency related affairs and offences ?

From NSS\_KC\_KartikRane to Everyone:

thankyou sir










To: Everyone (in Waiting Room) ▾

Type message here...

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## Participants (239)

Search




























































N NSS-TSEC\_Arpita\_Pawar (me)   N NSS-TSEC\_Shagun\_Lamba (Host)   NC NAGPUR CITY POLICE (Co-host)    NSS\_TSEC\_Mohitansu Mo... (Co-host)   NS NSS-TSEC\_Siddhesh Dho... (Co-host)   NK NSS-TSEC\_Chaitanya Kha... (Co-host)   NP NSS-TSEC\_Chaitanya Patil (Co-host)   NK NSS-TSEC\_Ishneet Kaur A... (Co-host)   N NSS-TSEC\_Meghagochi... (Co-host)   N NSS-TSEC\_Nayri\_Sh... (Co-host)    RB Ruchi Bhagat (Co-host)   SN Sachit Nalaskar (Co-host)   P PCGT   

Invite



Close

## Participants (240)

-  Mr. Rahul   
-  N Neelima   
-  R NSS - KC - Rajni Yadav   
-  SANYUKTA NSS TSEC - Sanyukta Shinde   
-  NT NSS TSEC- Shikhaa Sushil   
-  NSS TSEC- Siddhesh Warke   
-  NT NSS TSEC-Judewin Noronha   
-  NSS Vlouunteer Kashish Dungar  
-  a NSS\_KC\_ Aishwarya\_Salunkhe   
-  NP NSS\_KC\_Arundhati Pradhan   
-  N NSS\_KC\_Arvinda\_Tandel   
-  N NSS\_KC\_GAYATRI\_MANDHANE   
-  N NSS\_KC\_nidhi\_ullangi   
-  NK NSS\_KC\_Shreyas Keny   
-  NSS TSEC A...   

Invite

Close

## Participants (241)

NK NSS\_KC\_Shreyas Keny



NSS\_TSEC\_Amandeep Kaur Cha...



NG NSS-TSEC\_Vaishnavi Ghadyalji



NI NSS-TSEC Ishita Tarnekar



NSS-TSEC Parth Dhila



NT NSS-TSEC Taher Belgaumwala



N NSS-TSEC\_AkankshaGawas



NK NSS-TSEC\_Ishneet Kaur



N NSS-TSEC\_Manish\_Maurya



m NSS-TSEC\_Melissa Dcunha



NP NSS-TSEC\_RATNESH PATIL



NH NSS-TSEC\_RISHI HARIHARAN



NM NSS-TSEC\_Urja Maladkar

Dr. G. T. Thampal  
INSPECTORTatyasaheb Jadhav Engineering College  
Bhamburda, Shivajinagar - 400 086.



NM NSS-TSEC\_Vaidehi Mangalampalli



Invite

Close

## Participants (241)






























NP NSS-TSEC\_RATNESH PATIL   >NH NSS-TSEC\_RISHI HARIHARAN   >NM NSS-TSEC\_Urja Maladkar   >NM NSS-TSEC\_Vaidehi Mangalampalli   >N NSS-TSEC-Juzer\_Sangotwala   >NS NSS-TSEC-Smith Shah   >A PCGT-ANA SALDANHA   >Prachi Nitnaware   >PS Prajakta Sonawane   >RB Raj Bakshi   >R Rangoli   >RR Renzdon Rodriques   >RJ reshma jain nagda   >R RPM   >Dr. G. T. Thakur  
PROFESSOR  
The Global Business Engineering College  
Bundre (P), Mumbai - 400 086.


Invite

Close

## Participants (267)

Search

N NSS-TSEC\_Arpita\_Pawar (me)   N NSS-TSEC\_Shagun\_Lamba (Host)   NC NAGPUR CITY POLICE (Co-host)   D Dr. Gauri Shukla (Co-host)    Mohitansu Mohapatra... (Co-host)    NS NSS-TSEC\_Siddhesh Dho... (Co-host)   NK NSS-TSEC\_Chaitanya Kha... (Co-host)   NP NSS-TSEC\_Chaitanya Patil (Co-host)   NK NSS-TSEC\_Ishneet Kaur A... (Co-host)   N NSS-TSEC\_Meghagohil (Co-host)   N NSS-TSEC\_Nayni\_Sh... (Co-host)    RB Ruchi Bhagat (Co-host)   SN Sachit Nalaskar (Co-host)   

  
Dr. G. T. Thorpe  
PROFESSOR  
The Great Eastern Engineering College  
Bardonia (W), Murshidabad - 743 086.



Invite

Close

## Participants (268)

JG Julie Gupta   >

K Kajal Yadav   >

K KHUSHBOO   >



MJ Mahesh Jambure   >

MO Mayur Ovhal   >


MK Megha kagade   >



 Mr. Rahul   >

N Neelima   >

NT NSS TSEC- Shikhaa Sushil   >

NT NSS TSEC-Judewin Noronha   >

 NSS Vlouunteer Kashish Dungar  >

a NSS\_KC\_ Aishwarya\_Salunkhe   >

NP NSS\_KC\_Arundhati Pradhan   >

N NSS\_KC\_Arvinda\_Tande   >

N NSS\_KC\_GAYATRI\_MANDHANE   >

Invite

Dr. G. T. Thakur  
Principal  
Tendulkar (Rajawade) Engineering College  
Bandre (P), Mumbai - 400 086.



Close

## Participants (267)

- |    |                               |  |  |  |
|----|-------------------------------|--|--|--|
| N  | NSS_KC_GAYATRI_MANDHANE       |  |  |  |
| N  | NSS_KC_nidhi_ullangi          |  |  |  |
| NK | NSS_KC_Shreyas Keny           |  |  |  |
|    | NSS_TSEC_Amandeep Kaur Cha... |  |  |  |
| NR | NSS_TSEC_Sharang Rajan        |  |  |  |
| NG | NSS-TESC_Vaishnavi Ghadyalji  |  |  |  |
| NI | NSS-TSEC Ishita Tarnekar      |  |  |  |
| NT | NSS-TSEC Taher Belgaumwala    |  |  |  |
| N  | NSS-TSEC_AkankshaGawas        |  |  |  |
| NK | NSS-TSEC_Ishneet Kaur         |  |  |  |
|    | NSS-TSEC_Joel Tomson          |  |  |  |
| N  | NSS-TSEC_Manish_Maurya        |  |  |  |
| NP | NSS-TSEC_RATNESH PATIL        |  |  |  |
| NH | NSS-TSEC_RISHI HARIHARAN      |  |  |  |










Dr. G. T. Thakur

Principal, Pimpri Chinchwad Education Trust  
Pimpri Chinchwad Engineering College  
Sionde (P), Mumbai - 400 086.

Invite

Close

## Participants (267)

NH NSS-TSEC\_RISHI HARIHARAN   >NM NSS-TSEC\_Urja Maladkar   >NM NSS-TSEC\_Vaidehi Mangalampalli   >V NSS-TSEC\_Vaishnavi Rasam   >NR NSS-TSEC-Aniruddh Rathi   >N NSS-TSEC-Juzer\_Sangotwala   >NS NSS-TSEC-Smith Shah   >P PCGT   >Prachi Nitnaware   >PS Prajakta Sonawane   >RB Raj Bakshi   >R Rangoli   >R RPM   >RJ Rujuta Jog   >


Dr. G. T. Thakral  
PRAGATI  
Tribhuvan Business Engineering College  
Bandra (W), Mumbai - 400 080.





Invite

Close





## Participants (255)



N NSS-TSEC\_Arpita\_Pawar (me)   



N NSS-TSEC\_Shagun\_Lamba (Host)   



NC NAGPUR CITY POLICE (Co-host)   

D Dr. Gauri Shukla (Co-host)   

 Mohitansu Mohapatra NS... (Co-host)   

NS NSS-TSEC\_Siddhesh Dho... (Co-host)   

NK NSS-TSEC\_Chaitanya Kha... (Co-host)   

NP NSS-TSEC\_Chaitanya Patil (Co-host)   

NK NSS-TSEC\_Ishneet Kaur A... (Co-host)   

N NSS-TSEC\_Meghagohil (Co-host)   

N NSS-TSEC\_Nayni\_Sh... (Co-host)    

RB Ruchi Bhagat (Co-host)   

SN Sachit Nalaskar (Co-host)   

Dr. G. T. Thakur  
PRINCIPAL

Technical Business Engineering College  
Bandra (E), Mumbai - 400 086







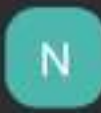
































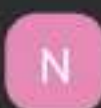




Invite



Close

## Participants (255)

-  Mr. Rahul   >
-  MJ Mrunali Jadhav   >
-  N Neelima   >
-  NT NSS TSEC- Shikhaa Sushil   >
-  NT NSS TSEC-Judewin Noronha   >
-  a NSS\_KC\_ Aishwarya\_Salunkhe   >
-  NP NSS\_KC\_Arundhati Pradhan   >
-  N NSS\_KC\_Arvinda\_Tandel   >
-  NJ NSS\_KC\_Atharva Joshi   >
-  N NSS\_KC\_GAYATRI\_MANDHANE   >
-  NK NSS\_KC\_Shreyas Keny   >
-  NS NSS\_KC\_Shriti Salvi   >
-  NJ NSS\_KC\_SHUBHAM JHA   >
-  N NSS\_KC\_Tanmay Chaudhari   >

Dr. G. T. Thampal  
The Director of Education, Maharashtra  
Bandra (W), Mumbai - 400 060.



Invite

Close

## Participants (256)

N NSS\_KC\_Tanmay\_Chaudhari



NS NSS\_RAIT-Purujit Srinivasan



NSS\_TSEC\_Amandeep Kaur Cha...



NR NSS\_TSEC\_Sharang Rajan



NG NSS-TESC\_Vaishnavi Ghadyalji



NI NSS-TSEC Ishita Tarnekar



NP NSS-TSEC Priyal Jhaveri



NS NSS-TSEC Sagar Chawla



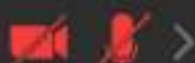
NT NSS-TSEC Taher Belgaumwala



N NSS-TSEC\_AkankshaGawas



NSS-TSEC\_Joel Tomson



N NSS-TSEC\_Manish\_Maurya



m NSS-TSEC\_Melissa Dcunha




NJ NSS-TSEC\_Piyusha Jawale

Dr. G. T. Thampal  
PRINCIPALMumbai Business Engineering College  
Bandra (W), Mumbai - 400 060.

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Close

## Participants (255)


NJ NSS-TSEC\_Piyusha Jawale   >

NP NSS-TSEC\_RATNESH PATIL   >

NH NSS-TSEC\_RISHI HARIHARAN   >

NV NSS-TSEC\_Ritwik Vaidya   >



S NSS-TSEC\_Sahil Arya   >

NM NSS-TSEC\_Urja Maladkar   >

NR NSS-TSEC-Aniruddh Rathi   >

N NSS-TSEC-Juzer\_Sangotwala   >

NK NSS-TSEC-Ramneet Kaur Arshi   >

NS NSS-TSEC-Smith Shah   >

P PCGT   >

R PCGT intern-Rashi Savla   >





Prachi Nitnaware

Dr. G. T. Thakur  
PRINCIPAL

Thakur Business Engineering College  
(TPEC), Mumbai - 400 066.



P Pratik Shinde   >

Invite

Close

## Participants (246)

Search

N NSS-TSEC\_Arpita\_Pawar (me)

N NSS-TSEC\_Shagun\_Lamba (Host)

NC NAGPUR CITY POLICE (Co-host)

D Dr. Gauri Shukla (Co-host)

Mohitansu Mohapatra NS... (Co-host)

NS NSS-TSEC\_Siddhesh Dho... (Co-host)

NK NSS-TSEC\_Chaitanya Kha... (Co-host)

NP NSS-TSEC\_Chaitanya Patil (Co-host)

NK NSS-TSEC\_Ishneet Kaur A... (Co-host)

NG NSS-TSEC\_Megha Gohil (Co-host)

N NSS-TSEC\_Nayni\_Sh... (Co-host)

RB Ruchi Bhagat (Co-host)




SN Sachit Nalaskar (Co-host)

Dr. G. T. Thampal  
 PRINCIPAL  
 Pimpri Chinchwad Engineering College  
 Pimpri (P), Mumbai - 400 086.

Invite

Close

## Participants (245)
















MO Mayur Ovhal   >MK Megha kagade   > Mr. Rahul   >MJ Mrunali Jadhav   >N Neelima   >N- NSS - TSEC Nidhi Shetty   >NT NSS TSEC- Shikhaa Sushil   >NT NSS TSEC-Judewin Noronha   >a NSS\_KC\_ Aishwarya\_Salunkhe   >NP NSS\_KC\_Arundhati Pradhan   >N NSS\_KC\_Arvinda\_Tandel   >NJ NSS\_KC\_Atharva Joshi   >N NSS\_KC\_GAYATRI\_MANDHANE   >NS NSS\_KC\_Shriti Salvi   >

Dr. G. T. Thampal  
Principal  
Pimpri Chinchwad Education Trust  
Pimpri Chinchwad Engineering College  
Pimpri (PC), Mumbai - 400 086.

Invite

Close

## Participants (245)

NS NSS\_KC\_Shriti Salvi   >NJ NSS\_KC\_SHUBHAM JHA   >NS NSS\_RAIT-Purujit Srinivasan   > NSS\_TSEC\_Amandeep Kaur Cha...   > NSS\_TSEC\_Mohitansu Mohapatra   >NR NSS\_TSEC\_Sharang Rajan   >NG NSS-TESC\_Vaishnavi Ghadyalji   >NP NSS-TSEC Priyal Jhaveri   >NS NSS-TSEC Sagar Chawla   >NT NSS-TSEC Taher Belgaumwala   >U NSS-TSEC\_Udit Jain   >N NSS-TSEC\_AkankshaGawas   > NSS-TSEC\_Joel Tomson   >N NSS-TSEC\_Manish\_Maurya   >

Invite

Close

## Participants (245)

N NSS-TSEC\_Manish\_Maurya



m NSS-TSEC\_Melissa Dcunha



NJ NSS-TSEC\_Piyusha Jawale



NP NSS-TSEC\_RATNESH PATIL



NH NSS-TSEC\_RISHI HARIHARAN



NV NSS-TSEC\_Ritwik Vaidya



S NSS-TSEC\_Sahil Arya



NM NSS-TSEC\_Urja Maladkar



NR NSS-TSEC-Aniruddh Rathi



N NSS-TSEC-Juzer\_Sangotwala



NK NSS-TSEC-Ramneet Kaur Arshi



NS NSS-TSEC-Smith Shah



R PCGT intern-Rashi Savla



PCGT  
 Pimpri Chinchwad  
 Maharashtra  
 Maharashtra Engineering College  
 Bandra (W), Mumbai - 400 050.



Prachi Nitnaware



Invite



# THADOMAL SHAHANI ENGINEERING COLLEGE



*Presents*

**‘आरोग्यम् धनसंपदा’** *Let us redefine Health*

## Report on International Day of Yog (IDY'21)

**NAMASKAR !**

In the view of 7th International Day of Yog (IDY'21) following activities were conducted before and on 21<sup>st</sup> June 2021. The whole week was celebrated in TSEC by taking efforts of the NSS-TSEC team, Strong support of the Principal, enthusiastic Teachers, Staff & Students.

IDY is celebrated in TSEC every year by conducting various yog training conducted by various organisations from yoga and spirituality. TSEC has been associated with these organisations to give authentic yog training programs.

During the present Covid-19 pandemic, the yog training created a very much importance and the relevance to build physical immunity and the peace of mind among students, teachers and their families for the wellbeings. TSEC associated with various organizations like, Art of Livings, ISHA, Nisargopchar Kendra, Vadodara, Kaivalyadhama, etc. with the help of our regulatory body AICTE and Ministry of Youth & Sports, Ministry of Education, etc.

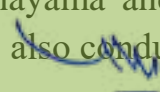
All the activities were conducted in order to create more awareness and hands on training on simple Yogic practices. More stress was given on the Kriyas necessary to keep general health, immunity boosting and preventive health to fight against respiratory viral infections.

### 1. 3 day “Free Health Workshop”

A three day “Free Health Workshop” conducted by “The Art of Living” during 16 – 18 June 2021 for the faculty of TSEC. Senior Teacher from The Art of Living has conducted the workshop. Simple Asanas, Pranayama and Guided Meditation were conducted. “Brilliant Breathing Technique” was also conducted.

28 faculty members had registered for this 3 day workshop.

### 2. “Immunity Boosting Webinar”

  
Dr. G. V. Phampl  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.





“Immunity Boosting Webinar” is conducted by Isha for the Students and the faculty (staff) of TSEC on 21<sup>st</sup> June 2021.

The Modules were specially designed by Sadhguru, founder of Isha Foundation. Mr. Manal Salesha, *Yoga-Veera* from Isha conducted the webinar. Support from NSS-TSEC students’ team, NSS Program Officers, Sachit Nalaskar & Dr Gauri Shukla coordinated the whole event.

Sashtanga; Simha Kriya; Makarasana & Chit Shakti guided meditation was conducted for the participants. All participants gave a very good feedback. 95% gave 4 to 5 points on a scale of 1 to 5.

Total 80 participants including staff & students attended the webinar, and also performed all the practices and meditation.

### 3. “QUIZ on Yoga”

“QUIZ on Yoga” conducted on 21<sup>st</sup> June 2021 for faculty & students of TSEC.

50 students has participated in the Quiz on Yoga and attained satisfactory marks.

3 Top scorers are declared among the participants.

### 4. “AAROGYAM DHANASAMPADA” Let us redefine Health

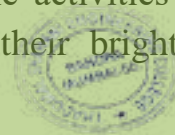
During this Yoga week celebration and for past few months, NSS-TSEC has initiated “AAROGYAM DHANASAMPADA” *Let us redefine Health* theme, under which all the needed information from our collaborated resources were emanated to help build general health and prepare all to fight against the Covid-19 infections. Information’s on healthy habits, immunity boosting medicinal herbs, updates on all Health related webinars happening, Medial practitioners Health consultations, Helplines, were shared.

During the Webinars conducted, all the Participants showed patience & enthusiasm during the sessions. They also showed their happiness and gratefulness for conducting such event on regular basis for the benefit of their personal wellbeing. They also suggested/requested conducting such Yog & wellbeing practices in the Institute on regular/daily basis as it helps in an individual’s performance enhancement and improvement in all the activities in the Institute. The freshness and the blissful minds were shown through their bright faces suggesting the success of the event.

The Following faculty of TSEC have initiated & coordinated all the above programs, who are trained in Yoga from respective Institutions.

Dr. G. T. Thampi  
PRINCIPAL

Thampal Sharan Engineering College  
Ezra, V.V. Mohan, Kerala



A) Sachit Nalaskar, Asst. Prof. in Mechanical Engg., Program Officer, NSS.

He is trained in Upa Yoga & Shambhavi Maha Mudra from Isha Foundation and a regular practitioner; CYP trained from Kaivalyadhama. CYP training was conducted with the help of the Ministry of AYUSH in the year 2016. Since then, IDY is celebrated in TSEC every year.

B) Dr Gauri Shukla, Asst. Prof. in Biomedical Engg., Program Officer, NSS.

She is trained in Yoga School named, “Ambika Yoga Kutir” from Mumbai. She is a Regular Yog practitioner and supports all such events for the benefit of TSEC staff & Students.

**It is proved in this times a very relevant activity of TSEC on Yog training being conducted since 2016 for the teachers and students of TSEC.**

We, ‘NSS-TSEC’ are highly obliged towards our dear Principal, **Dr. G.T. Thampi** for constant help through his guidance, instant approvals, providing funds and motivation to all the necessities. He also motivated all by proposing to conduct such an event on continuous basis in the Institutions to benefit all.

Pranam!



**SACHIT G. NALASKAR**  
Program Officer,  
On behalf of  
**NSS-TSEC**



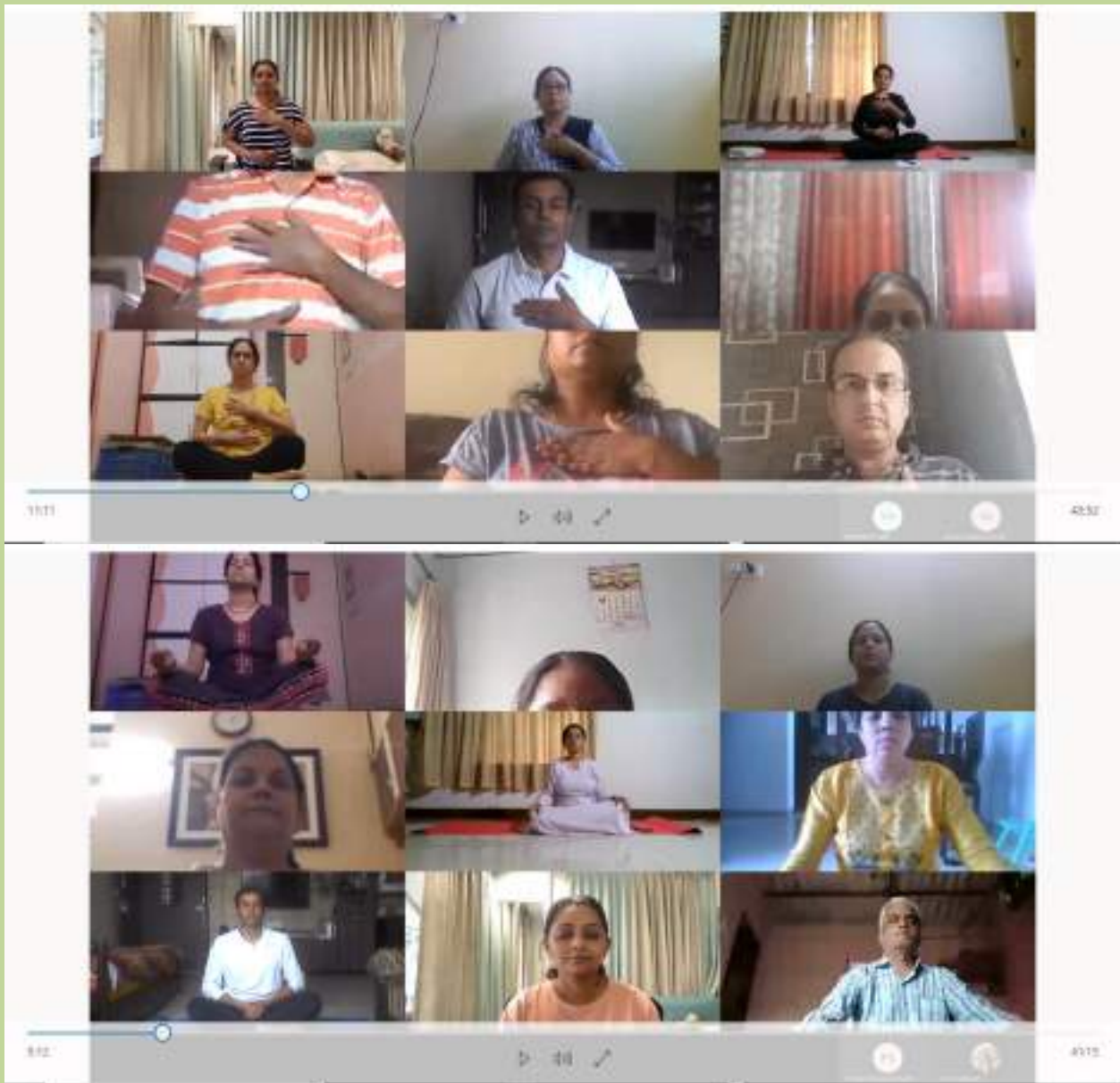
**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.

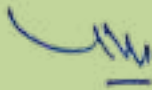


## GLIMPSES OF THE EVENTS

### 1. Three day “Free Health Workshop” by THE ART OF LIVING

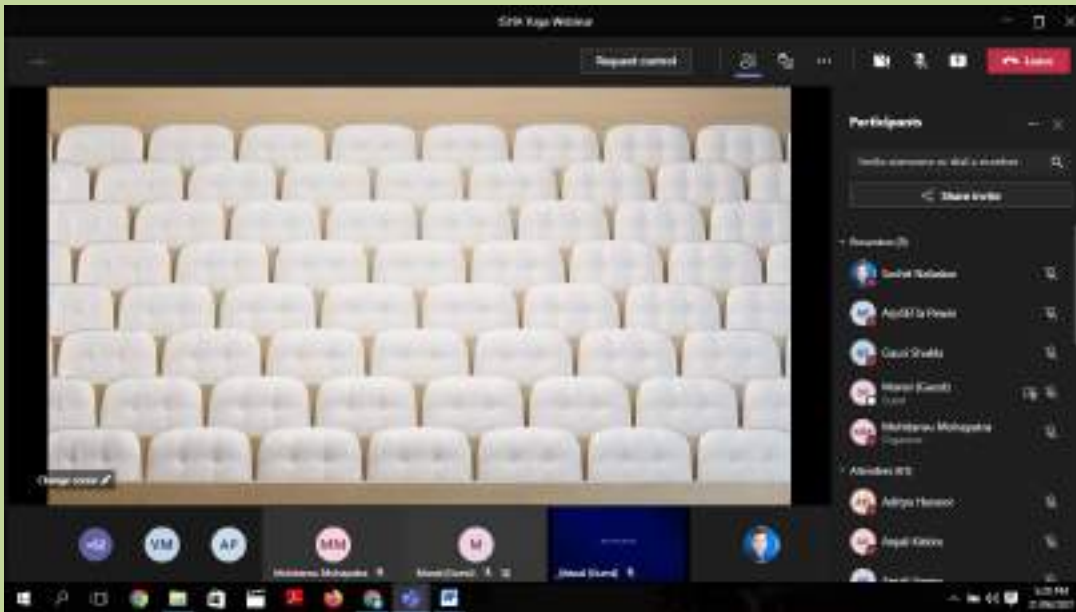




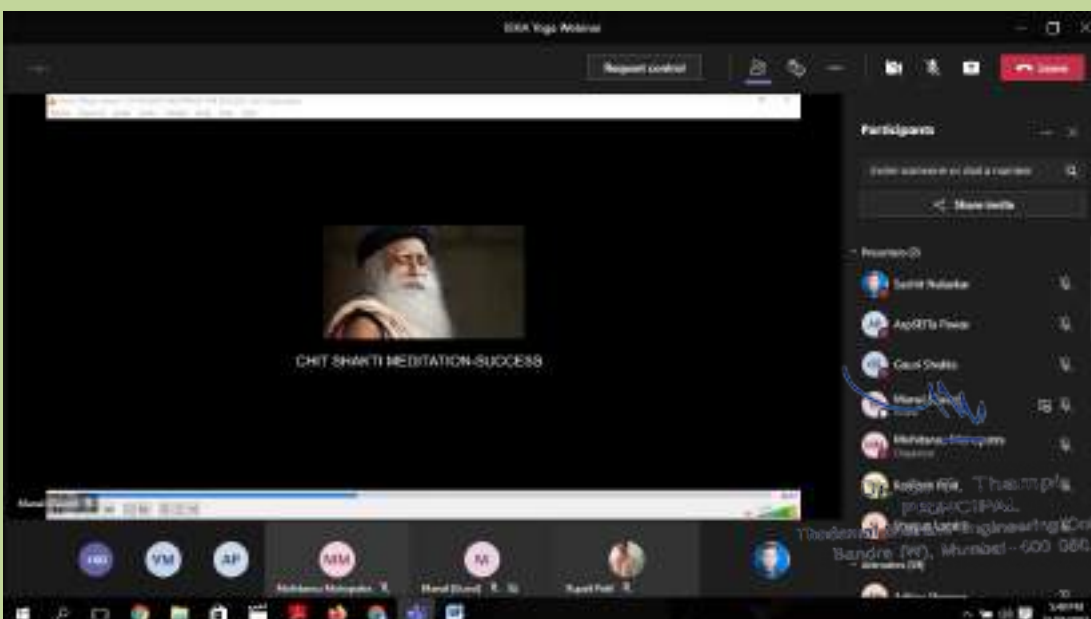
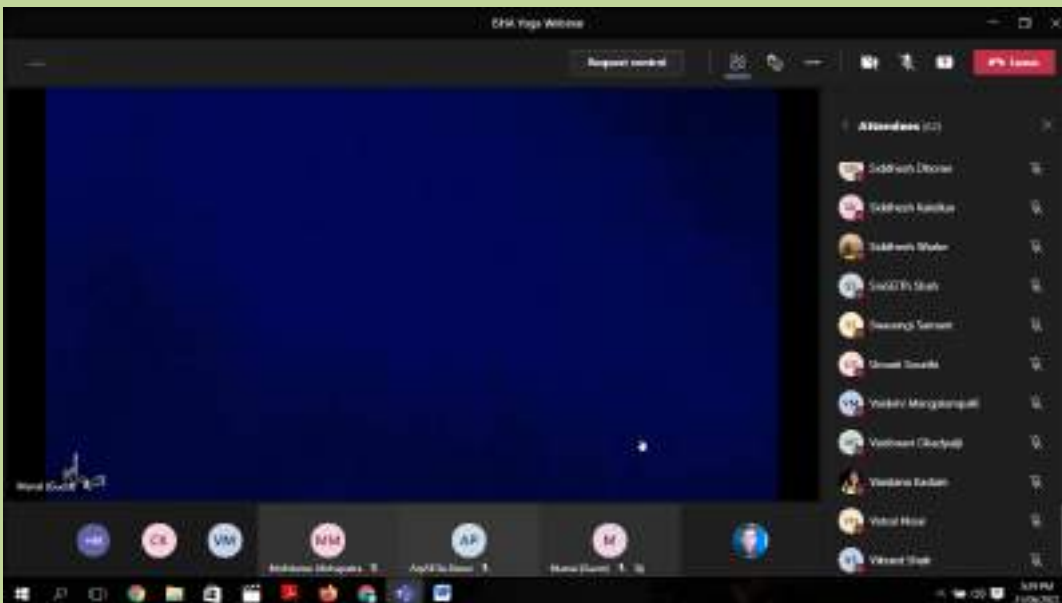
  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.



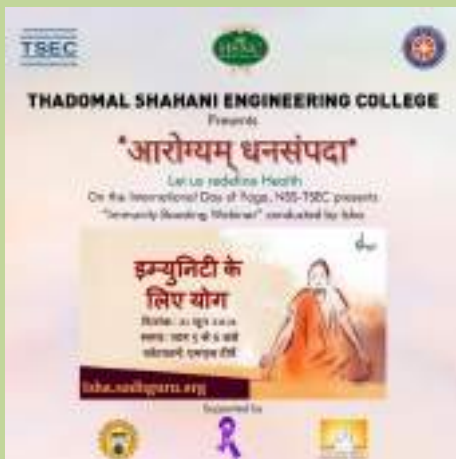
## 2. "Immunity Boosting Webinar" by ISHA Foundation



Yoga Practices turning inward (keeping Cameras off) Total 66 Participants.



### 3. "AAROGYAM DHANASAMPADA" Let us redefine Health



**THADOMAL SHAHANI ENGINEERING COLLEGE**  
Presents  
**'आरोग्यम् धनसंपदा'** Let us redefine Health

**Useful information for All**

- ➔ **4 Immunity-Boosting Drinks to Help Prevent Viral Infections**  
*Boosting our immunity during the times of seasonal infections and epidemics is most important. Here are some quick and easy healthy immunity-boosting drink recipes to strengthen your immune system.*  
<https://isha.aarogyam.org/2021/03/24/immunity-boosting-drinks-boosting-immunity/>
- ➔ **Exclusive collection of Info. on Covid-19 by Nisargachar Kendra, Vinoba Ashram**  
*While info. explosion from Net, Libs, Media, TV to the Social Dept. of Medicine*  
<https://www.isha.aarogyam.org/2020/03/24/covid-19/>
- ➔ **COVID-19 Anxiety – How to Deal With It!**  
*Indigene (Isha) offers a unique perspective on how to cope with coronavirus anxiety, explaining that anxiety is not a consequence of an outer infection but is being created unconsciously from within. He says that it is the time to call back all our intelligence and resources, step up to this challenge, and come out on top.*  
<https://isha.aarogyam.org/2020/03/24/covid-19-anxiety-how-to-deal-with-it/>

**Coming soon**  
Health Series Webinars from "ISHA" and "ART OF LIVING"

Sponsored by

**THADOMAL SHAHANI ENGINEERING COLLEGE**  
Presents  
**'आरोग्यम् धनसंपदा'** Let us redefine Health

**कठिन परिस्थितियों में राहतदायक बने रहें**  
*(How to remain positive in difficult times) 4 Webinar by Nisargachar Kendra, Vinoba Ashram*  
Date: 31/03/2021 (Wednesday) Time: Evening 6:00 to 7:00 pm  
<https://isha.aarogyam.org/>

- ➔ **Free Consultations to all on Covid treatment, vaccination & general prescription. Helpline: 9426187837** (Monday 9am - 6pm)  
Email: [isha@nisargachar.org](mailto:isha@nisargachar.org) Website: [www.nisargachar.org](http://www.nisargachar.org)
- ➔ **2-Minute Breathing Practice to Boost Immunity**  
Endorsed by Doctors, Harvard study  
<https://www.youtube.com/watch?v=8j8j8j8j8j8j>

**Coming soon**  
Health Series Webinars from "ISHA" and "ART OF LIVING"

Sponsored by

**Dr. G. T. Thampi**  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



Pranam!

On behalf of  
NSS-TSEC





## **NSS-TSEC**

**National Service Scheme Unit** (Affiliated to the Mumbai University) **Thadomal Shahani Engineering College**

P.G. Kher Marg, TPS III, Bandra (W), Mumbai-400050

Ph.:022-26495808, Extn: 2501/2401 (E-mail:nsstsec2021@gmail.com)



**Date: April 6, 2021**

On the 6<sup>th</sup> April 2021, NSS-TSEC organized a webinar in collaboration with Sanjeevani Life Beyond Cancer (SLBC) titled “**Cancer prevention and healthy lifestyle**” with strong support of the Principal, the Program Officers and Students. The webinar was conducted on **Zoom Meeting Application**, duration for which was 2 hours. A total of **75 volunteers, including 31 female and 44 male volunteers** participated in this event.

The speaker for the session was **Mrs. Sumki Begum** from **SLBC, India**. She is working as a Program Outreach Coordinator at SLBC. The purpose of the organization is to increase awareness about Cancer as a disease and about preventing cancer through healthy living.

The session started with statistical data being presented about cancer and how common it has become in the carcinogenic environment that we are living in. Data like the projected number of patients with cancer in India, the common 5 leading sites of breast, lung, mouth, cervix uteri, and tongue, trends of increase in cancer incidence rate in both sexes, etc. were presented. Information regarding the probability of early diagnosis and its benefits in various cancers like breast (57.0%), cervix uteri (60.0%), head and neck (66.6%), and stomach (50.8%) cancer, were shared. Thus the session promoted vigilance towards one’s health by promoting regular testing.

The session also helped the participants identify faults in their lifestyle and recognize the impact of the said bad lifestyle habits. Through a talk and graphical representation via ppt solutions were also offered and information was given about the right lifestyle habits and the benefits of inculcating the same. At the end, Q&A session was held where all the queries & doubts by the volunteers were enthusiastically answered by Sumki ma’am.

NSS-TSEC is highly obliged towards the Principal, **Dr. G.T. Thampi** and the Program Officers **Prof. Sachit Nalaskar** and **Dr. Gauri Shukla** for their constant help through guidance, instant approvals to all the necessities and motivation to conduct such events. We are grateful towards SPLC for the time and effort put by them for educating our volunteers on healthcare.

**Number of Hours allotted: 2 hours**

**Program Officer**

**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.





**Key Speaker**

**Sumki Begum** (Program Coordinator-Outreach)

Presents

**WEBINAR:- CANCER PREVENTION AND  
HEALTHY LIFESTYLE**

in collaboration **Thadomal Shahani Engineering College**  
and **Sanjeevani- Life Beyond Cancer**

on **6<sup>th</sup> April 2021 at 4 PM**

Principal TSEC: **Dr. G T Thampi**

Dr. G. T. Thampi

SLBC Program Coordinator: **Pratik B Bagade**

PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



[adm@sanjeevani-lifebeyondcancer.com](mailto:adm@sanjeevani-lifebeyondcancer.com)



Helpline: +91 8691 000 800



[www.sanjeevani-lifebeyondcancer.com](http://www.sanjeevani-lifebeyondcancer.com)



[www.youtube.com/user/SanjeevaniLBC](https://www.youtube.com/user/SanjeevaniLBC)



@Sanjeevani\_LBC



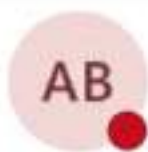
<https://www.facebook.com/SLBCMmain/>



Tap to return to meeting 38:07



In meeting (69)



Aditi Bagul  
Attendee



Akanksha Gawas  
Attendee



Akshat Shah  
Attendee



Altamash Shaikh  
Attendee



Amandeep Chawla  
Attendee



Anushka Kore  
Attendee



ArpSEITa Pawar  
Attendee



Bhargavi Lokapur  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Burhanuddin Khambati  
Attendee



Tap to return to meeting 39:11



In meeting (68)



SAGAR CHAWLA  
Attendee



Sahil Arya  
Attendee



Saloni Takhtani  
Attendee



Sanyukta Shinde  
Attendee



Shruti Nayak  
Attendee



Shweta Goradia  
Attendee



Siddhesh Chalke  
Attendee



Siddhesh Dhome  
Attendee



Dr. G. T. Thampi  
PRINCIPAL

Theodora Shahani Engineering College  
Bandra (W), Mumbai-400 050.



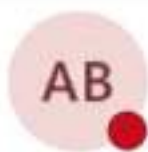
Siddhesh Warke  
Attendee



Tap to return to meeting 01:14:35



In meeting (77)



Aditi Bagul  
Attendee



Akanksha Gawas  
Attendee



Akshat Shah  
Attendee



Altamash Shaikh  
Attendee



Amandeep Chawla  
Attendee



Anushka Kore  
Attendee



ArpSEITa Pawar  
Attendee



Bhargavi Lokapur  
Attendee



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Burhanuddin Khambati  
Attendee



Tap to return to meeting 01:14:48



In meeting (77)



Chaitanya Khandare  
Attendee



Chaitanya Patil  
Attendee



Christopher Kannamthara  
Attendee



Dhruv Karve  
Attendee



Digvijay Desai  
Attendee



Fenil PaTEBIOTECHI  
Attendee



Hanisha Durgia  
Attendee



Harshul Diwanji  
Attendee



HrishSEITa Kumar  
Attendee



Iahite Terpeker

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Mumbai - 400 950.



Tap to return to meeting 01:15:10



### In meeting (77)



Chaitanya Khandare  
Attendee



Chaitanya Patil  
Attendee



Christopher Kannamthara  
Attendee



Dhruv Karve  
Attendee



Digvijay Desai  
Attendee



Fenil PaTEBIOTECHI  
Attendee



Hanisha Durgia  
Attendee



Harshul Diwanji  
Attendee



HrishSEITa Kumar  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Theedomal Shahani Engineering College  
Bandra (W), Mumbai-400 050

Tap to return to meeting 01:15:20



In meeting (77)



Ishita Tarnekar  
Attendee



IshneetKaur Alag  
Attendee



Jeet Lahoti  
Attendee



Jeet Prajapati  
Attendee



Joel Tomson  
Attendee



Judewin Noronha  
Attendee



Juzer Sangotwala



Kajal Yadav  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Theodora Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Karan Chotrani  
Attendee



Tap to return to meeting 01:15:29



In meeting (77)



Karan Chotrani  
Attendee



Krupesh Patel  
Attendee



Lokesh Chachad  
Attendee



Mayur Brijwani  
Attendee



Megha Gohil  
Attendee




Melissa Dcunha  
Attendee



Mohitansu Mohapatra



Narayanan Madathil  
Attendee

  
Dr. G. T. Thampi  
PRINCIPAL  
Theedomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Nidhi Shetty  
Attendee



Tap to return to meeting 01:15:38



In meeting (77)



Nidhi Shetty  
Attendee



Parth Dhila  
Attendee



Piyusha Jawale  
Attendee



Poornartha Sawant  
Attendee



Pranav Dharmadhikari  
Attendee



Prasad Pakhurde  
Attendee



Pratham Shah  
Attendee



Prathamesh Thakur  
Attendee

Dr. G. T. Thampi  
PRINCIPAL  
Theodora Shahani Engineering College  
Bandra (W), Mumbai-400 050.






















Preet Shah  
Attendee





Tap to return to meeting 01:15:45

- ← In meeting (77) 🔍
- 
- |  |                                       |   |
|--|---------------------------------------|---|
|    | <p>Preet Shah<br/>Attendee</p>        |    |
|    | <p>Priyal Jhaveri<br/>Attendee</p>    |    |
|   | <p>Rahul Singh<br/>Attendee</p>       |    |
|  | <p>Rajat Joshi<br/>Attendee</p>       |  |
|  | <p>RamneetKaur Arshi<br/>Attendee</p> |  |
|  | <p>Ratnesh Patil<br/>Attendee</p>     |  |
|  | <p>Ravi Sharma<br/>Attendee</p>       |  |
|  | <p>Reevan Dsouza<br/>Attendee</p>     |  |
|  | <p>RISHI HARIHARAN<br/>Attendee</p>   |  |

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Tap to return to meeting 01:15:54



In meeting (77)



RISHI HARIHARAN  
Attendee



Ritwik Vaidya  
Attendee



SAGAR CHAWLA  
Attendee



Sahil Arya  
Attendee



Saloni Takhtani  
Attendee



SAMEER WADKAR  
Attendee



Sanyukta Shinde  
Attendee



Shagun Lamba  
Attendee



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Sharang Rajan  
Attendee



Tap to return to meeting 01:15:54



In meeting (77)



RISHI HARIHARAN  
Attendee



Ritwik Vaidya  
Attendee



SAGAR CHAWLA  
Attendee



Sahil Arya  
Attendee



Saloni Takhtani  
Attendee



SAMEER WADKAR  
Attendee



Sanyukta Shinde  
Attendee



Shagun Lamba  
Attendee



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Sharang Rajan  
Attendee



Tap to return to meeting 01:16:03



In meeting (77)



Sharang Rajan  
Attendee



Shraddha Bukkanure  
Attendee



Shruti Nayak  
Attendee



Siddhesh Chalke  
Attendee



Siddhesh Dhome  
Attendee



Siddhesh Kalelkar  
Attendee



Siddhi Bhutada  
Attendee



Snehal Morade  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Theodora Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Soham Joshi 77  
Attendee



Tap to return to meeting 01:16:03



In meeting (77)



Sharang Rajan  
Attendee



Shraddha Bukkanure  
Attendee



Shruti Nayak  
Attendee



Siddhesh Chalke  
Attendee



Siddhesh Dhome  
Attendee



Siddhesh Kalelkar  
Attendee



Siddhi Bhutada  
Attendee



Snehal Morade  
Attendee

  
Dr. G. T. Thampi  
PRINCIPAL  
Theodora Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Soham Joshi  
Attendee



Tap to return to meeting 01:16:13



In meeting (77)



Swarangi Samant  
Attendee



Taher Belgaumwala  
Attendee



Theresa Rose Sebastian (@te...  
Attendee



UdSEITKumar Jain  
Attendee



Unnati Sorathi  
Attendee



Vaidehi Mangalampalli  
Attendee



Vaishnavi Ghadyalji  
Attendee



Vanshika Poray  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Vishal Nalawade  
Attendee



Tap to return to meeting 01:16:13



In meeting (77)



Swarangi Samant  
Attendee



Taher Belgaumwala  
Attendee



Theresa Rose Sebastian (@te...  
Attendee



UdSEITKumar Jain  
Attendee



Unnati Sorathi  
Attendee



Vaidehi Mangalampalli  
Attendee



Vaishnavi Ghadyalji  
Attendee



Vanshika Poray  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Vishal Nalawade  
Attendee



Tap to return to meeting 01:16:21



In meeting (77)



Taher Belgaumwala  
Attendee



Theresa Rose Sebastian (@te...  
Attendee



UdSEITKumar Jain  
Attendee



Unnati Sorathi  
Attendee



Vaidehi Mangalampalli  
Attendee



Vaishnavi Ghadyalji  
Attendee



Vanshika Poray  
Attendee



Vishal Nalawade  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Thekmal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Yash Gothi  
Attendee





Tap to return to meeting 01:16:21



In meeting (77)



Taher Belgaumwala  
Attendee



Theresa Rose Sebastian (@te...  
Attendee



UdSEITKumar Jain  
Attendee



Unnati Sorathi  
Attendee



Vaidehi Mangalampalli  
Attendee



Vaishnavi Ghadyalji  
Attendee



Vanshika Poray  
Attendee



Vishal Nalawade  
Attendee



Dr. G. T. Thampi  
PRINCIPAL  
Thekmal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Yash Gothi  
Attendee





***SORT CLUB***



*Enchant*  
**THE REAL  
HIGH**

**EDUCATIONAL AND AWARENESS CAMPAIGN OF, FOR AND BY THE STUDENTS**

**Dr. G. T. Thampi  
PRINCIPAL**

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Enchant the Real High

We, a team of volunteers and teachers at Art of Living have initiated "Enchanting the Real High" an educational and awareness project of, by and for Students. "Prevention is better than cure" is the objective of this project. Awareness sessions will be delivered to students for making them informed of the monster of Substance abuse which may engulf them at a young age if they are not educated of its harms.

The Teenage Brain is Susceptible to Addiction and the reason being pleasure centers of a teenager's brain develop faster than the parts of the brain responsible for decision-making and risk analysis. Maharashtra has the highest number of suicides because of alcohol addiction. 75% of youth consume alcohol before 21 which is a very alarming matter.



**Launched on  
12th Jan  
National Youth Day  
Swami Vivekanand Jayanti  
to 19 th Feb 2021  
Chhatrapati Shivaji Maharaj Jayanti**



This initiative is part of SS Sort Social. The talk sessions are delivered by The Art of Living teacher who have many years of experience in mentoring youth which will prove fruitful in shaping the mind of the young and steering them away from substance abuse.

A handwritten signature in blue ink, likely belonging to Dr. G. T. Thampal.

Dr. G. T. Thampal  
Principal  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



## EVENT DETAILS

**The Speaker, Mr. Ramnik Bansal, a Life Coach and Youth Mentor, donated his time to this webinar. Sir talked about the following key points:**

- The statistics of Substance Abuse, how many deaths are caused by Alcohol alone
- The concept of Subversion
- The ill effects
- How we have been subverted to believe that alcohol consumption is 'cool', 'mature', 'beneficial', etc.
- Media portrayal of alcohol consumption
- Evident life threats from substance abuse that did not gain momentum on mainstream media
- How alcohol consumption is related to other vices in the society such as theft, rape, etc.
- The Power of Choice



## HIGHLIGHTS

**40%** of the students at the beginning of the session, voted that they have consumed alcohol/drugs/cigarettes at some point of time.

**93%** of the students at the end of the session, took a pledge to not indulge in substances again, thus making it successful.

**91%** of the students voted that they would like to learn the SKY Meditation technique.

## OBSERVATION

The session was made very interactive by Mr. Bansal, by use of videos, open dialogue and polls. There was a question-answer section towards the end, where many students asked their doubts, without inhibitions, that were answered amicably by the speaker. The students enjoyed the session overall and also gained knowledge from it. As a bonus, some insight into SKY meditation and its benefits was provided to the students, enabling them to make healthier choices and promote the 'real high'.

# ERH Report From Thadomal Shahani Engineering College

## FEEDBACK FOR THE SESSION

Enchant the Real High was an informative and eye-opening session. The explanation of how alcohol consumption is justified and made the norm was something that I had not thought of as much before the session. It was very real and a little scary as well. The video examples drove home the points that were being made in the session. I learnt some stuff and I'm glad that the session was conducted!

**-Harsh Kapadia, TE IT**

All in all, the event was good. The numbers (all statistics) were very convincing and legit.

**-Reevan Dsouza, TE Chemical**

Even though I am a teetotaler, this session was insightful. It threw light on how somebody consuming alcohol can put our lives in danger even though we aren't at any fault. That perspective was fresh and unique. Also, I would like to attend the SKY meditation.

**-Shambhvi Rangnekar, SE Biomedical**

It was overall a great session! We get to learn a lot of data, which is very important & useful also for the young generation. I'm looking forward to attend these kinds of sessions in future also. Literally great work done by the Collaboration of all committees in organizing. Specially, Thanks to the TIE Club Committee who thought to organize such kind of session.

**-Mohit Choithani, BE IT**

Enchant the Real High was one of the best sessions to attend on a Saturday afternoon. The speaker was friendly, humourous and I feel he accurately pointed out the problems faced by students of our age. The whole program was so well executed. It started on time and ended on time. It was good to be there, with the speakers putting up interesting polls for us to answer, so I never really understood how time passed by. I would love such sessions to be arranged and myself being a part of it. I look forward to attend the SKY meditation, as I believe that it will bring positivity in and around in my routine life.

**-Swarangi Samant, TE Biotechnology**

# SKY Meditation Experience




I was recommended to do this course by Mamta Ma'am of AOL. Little did I know that it would bring such a big change in me. I had joined, expecting to learn some meditation and breathing techniques, but I gained so much more. I gained and re-learned life skills, I gained the camaraderie of my batch mates, I gained two very amazing guides, in fact, a whole community, and most importantly, a key to my own happiness and peace of mind that was exclusively under my control. Doing the Sudarshan Kriya is definitely a great experience everyday. I find myself to be much more calmer for it. I have learned that while stability on the outside may lead to stagnation, stability on the inside leads to strength. Much gratitude to this program.

**-Vrushali Maste, Student,  
Thadomal Shahani Engineering College, Mumbai**

## CONCLUDING REMARKS

The marketing collaboration with UBA, NSS and THC of TSEC proved to be useful to get a larger number of students interested. Post the webinar, numerous messages were received by the organizers from the students stating that the event was helpful to them.

**We would also like to have a session for SKY Meditation,  
since it was requested by 90% students.**

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16

If newspapers were to really report what is the biggest news from previous day it should be

8200 more died of Alcohol yesterday

Dr. G. T. Thampal  
PROFESSOR  
Thangaraj Swamy Engineering College  
Banda (W), Mumbai - 400 080.



Click to add notes

Video call participants:

- Ramnik Bansal
- SORT Club
- Omkar Padw.
- Mamta Pandya
- Akshat Shah
- Vrushali Maste



Dr. G. T. Thampi  
 PRINCIPAL  
 Thadomal Shahar Engineering College  
 Borivli (W), Mumbai - 400 082

Ramnik Eansai

Zoom meeting control bar containing icons for Mute, Stop Video, Participants (101), Chat, Share Screen, Record, and Reactions. A red "Leave" button is located on the far right.



 Ranvik Santal	 Omkar Padvekar	 Vrushi Maste	 Dipesh Kamal Th	 Mamta Pandya
 Farth Dhila	 Rishkesh Pawar	 Ltkarsh Nagrale	 Pranav Dani	 Akshat Shah
 Shreya pitai	 Harsh Kapadia	 Fash Shaikh	 Lokesh Chetani	 Nayni Shah
 Sagar Chawla	 Harshik Ahuja	 Rameet Kaur Ar	 Anjali Varma	 Piyush Patil
 Prathamesh Thak	 SHAKRAN	 Ishika	 Manprit kaur Ne	 Naveen

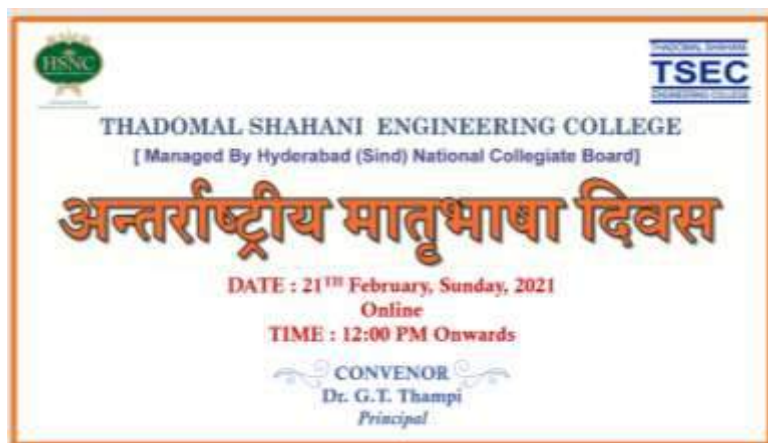


Dr. G. V. Chavan  
PRINCIPAL  
Tatyasaheb Kore Engineering College  
Bandre, PO, Mumbai - 400 086.

**Thadomal Shahani Engineering College, Mumbai**

**"Matribhasha Diwas" (Mother Language day on 21.02.2021)**

As per the letter received from Deputy Secretary to the Government of India , dated on 15<sup>th</sup> Feb 2021, TSEC have celebrated “ Matribhasha Diwas” on 21<sup>st</sup> Feb 2021. Our students and faculties participated in various events in their own mother language. Due to COVID-19, this time the program was online and conducted successfully due to enthusiasm of our student and staff.



**Name of the Participants:**

Shahani Kareena Ajay

Swapnil Kumar

Subash Vishwakarma

Aditi Deshmukh

Shrishti Bhatia

Sangita Sachin Gaikwad

Rishi Jitendra Setpal

Amandeep Kaur Chawla

Tushar P. Budhwani

Dere Pranjali Ashok

Rahul Chugh

Mohit Choithani

**Youtube Link of Program :**

<https://www.youtube.com/watch?v=a8Urieexlp4>

**Program Coordinator**

Dr. Arti Deshpande ( ph: 9324049319)

Dr. Mani Rosa

Prof Monica Tolani

**Convener**

Dr. G. T. Thampi

Principal

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.



## Calm in Crisis (Odisha)

Date : 26/05/2020

As an initiative taken by the Government Of India , the Ek Bharat Shreshta Bharat (EBSB) aims to promote India's diversity , through linguistic and cultural interaction among students, and the EBSB committee of Thadomal Shahani Engineering College, is pleased to introduce a short documentary which highlights the effects of the pandemic , Cyclone Amphan and how effectively Odisha reacted to it with countermeasures

Created By: Givinder Singh, Kashish Dungar, Judewin Noronha, Soham Joshi, Ashish Jaiswal (Students of TSEC)


Link : video available on link


[https://drive.google.com/file/d/11VYwiPHAcsg32\\_dnnZx4OmBlizv5TqUp/view?usp=drivesdk](https://drive.google.com/file/d/11VYwiPHAcsg32_dnnZx4OmBlizv5TqUp/view?usp=drivesdk)

Follow us : <https://www.instagram.com/tv/CA2tuXEgucZ/?igshid=1blpt6bmein8m>

Organized by:

Dr. Arti Deshpande

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.



# Event Name : Exploring Odisha

**College : Thadomal Shahani Engineering College , Bandra , Mumbai**  
**Date : 26<sup>th</sup> July 2020**

Odisha, home to the 'Temple City of India', is a state of plentiful culture, history, heritage, and tradition. There are a number of stories and folklore, which are testament to this rich diversity.

☆ These aspects have played a monumental role in sowing the seed of a 'peace loving' society among its people, and instilling communal harmony.

To highlight these facets of the state, the \*EBSB Club of Thadomal Shahani Engineering College\*, is pleased to announce its next event: **“Exploring Odisha”**

The details of the event are given below:

● \*Each team can have 3 members.\*

● Each team will have to select one category from the options given.

The categories that teams can choose to speak on, are as follows:


- 1) Culture
- 2) Cuisine
- 3) Dance
- 4) Heritage
- 5) History
- 6) Religion
- 7) Stories and folklore

● Students can watch videos, and collect information related to the selected category.

For the presentation, the participants will then have to prepare a PPT of 4-5 slides and speak on it, for 3-5 minutes. Come, share your knowledge, and showcase your oratory skills!

Coordinator  
Dr. Arti Deshpande  
[arti.deshpande@thadomal.org](mailto:arti.deshpande@thadomal.org)  
EBSB-TSEC

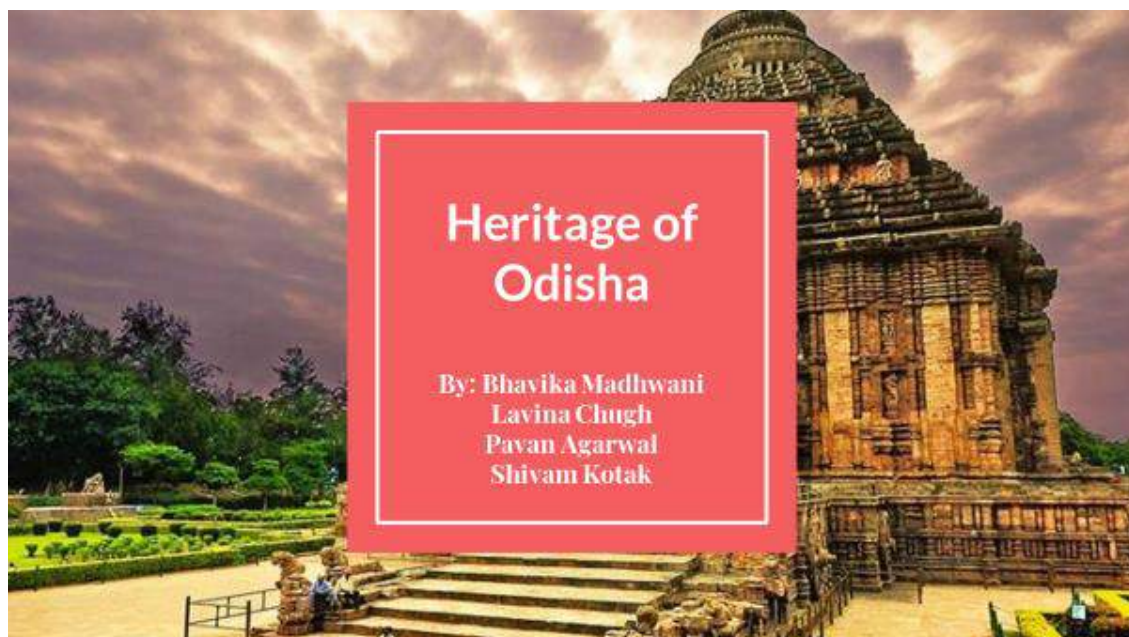
Students coordinators  
1) Kashish Dungar: +91 9004427626  
2) Vaishnavi More: +91 7045476927  
3) Judewin Noronha: +91 8657425272  
4) Narayanan Madathil: +91 7400068238

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W) Mumbai 400 050.



Snapshots of ppts of some participants :

## EXPLORING ODISHA : RELIGIONS



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Famous Dance forms of Odisha

Presented by

Dhruv Karve Siddhid Choudhary Farhan Kapadia



Karan Chotrani



Swarangi Samant



Rahul Laungani



## Odyssey Of Odisha



Welcome!



– Riding the Carousel of Cultural Diversity in Odisha

By :

Kashish Dugar  
Judewin Noronha  
Salil Modak  
Aashish Jaiswal  
Soham Joshi

ସ୍ୱାଗତ



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Report on Odia-The Language of the Ancients  
Date: 28<sup>th</sup> June 2020  
Organizer: Thadomal Shahani Engineering College,  
Bandra West, Mumbai

Description:



Teacher Co-ordinator  
**Dr. Arti Deshpande**  
Meeting Code  
**NTY WAEG HVP**

ORGANISED BY



The EBSB Club of Thadomal Shahani Engineering College, was organized an online event "Odia-The Language of the Ancients"



It is the \*official language of Odisha , but is also spoken in other states, like parts of West Bengal, Jharkhand, Chhattisgarh, and Andhra Pradesh.

Dr. G. T. Thampal  
Principal  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.





□ Odia is the sixth Indian language to be designated as a Classical Language in India, on the basis of having a long literary history, and not having been borrowed extensively other languages.



The interactive session was held by Mr. Bipin Dakua, the General Manager of Sai Krishna Engg & Construction Pvt. Ltd., who taught us lay the foundation for learning Odia. He introduced the basics of the language, and also conversed with it, in our day to day lives.



□ Date: \*Sunday, 28th June 2020\*



Time: \*4pm - 5pm\*



Details uploaded on

<https://www.instagram.com/tv/CCEMHzKAKl0/?igshid=116souao7rdnt>



\*Link for\* the \*webinar\* is given below

<https://meet.google.com/nty-waeg-vhp>

Dr. Arti Deshpande

[arti.deshpande@thadomal.org](mailto:arti.deshpande@thadomal.org)

EBSB-TSEC

Student Coordinators

- 1) Judewin Noronha- 8657425272
- 2) Narayanan Madathil- 7400068238
- 3) Hardik Darak

Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





## Extension Activities for A.Y 2019-2020



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.



**UNIVERSITY OF MUMBAI**  
**NATIONAL SERVICE SCHEME UNIT**

Annual Report on NSS Activities for the Year : 2019-2020 (Progressive)

1. Name of the College : Thadomal Shahani Engineering College.

2. Details of NSS Programme Officers:

Sr	Name of the NSS Programme Officer	Male / Female	Trained Untrained (Completed NSS Orientation)
1	SACHIT NALASKAR	M	Yes
2	GAURI SHUKLA	F	No

3. Date of Meeting of College Advisory Committee:

First Meeting- : 5<sup>th</sup> Oct., 2019

Second Meeting- : 14<sup>th</sup> Dec. 2019

4. Total No of Student in Senior College :

1800

5. Total No of Students Volunteers in NSS:

200

6. NSS Students Enrolment :

Male- 127 Female- 73 Total - 200

7. No of villages adopted : 5

8. No of participant of Special Camp:

Male -42 Female - 36 Total - 78

Dates	Venue	No of Programme Officers participated			No of Volunteers participated		
		Male	Female	Total	Male	Female	Total
22 - 30 Dec '19	Anandwadi-Ambewadi, Neral, Tal. Karjat, Dist. Raigad	1	1	2	41	35	76

9. Details of Blood Donation:- Please attach List of Blood Donors along with blood group

S.N.	Date	Name of the Blood Bank	No of Bottle/ Unit Collected	Donors			Remark, if any
				Male	Female	Total	
1 <sup>st</sup> camp	25 <sup>th</sup> September 2019	TATA HOSPITAL	113	93	20	113	101 Donors rejected
2 <sup>nd</sup> Camp	26 <sup>th</sup> February 2020	TATA HOSPITAL	73	49	24	73	55 Donors rejected

10. Tree Plantation

No. of saplings/trees planted	No. of NSS Volunteers involved		
	Male	Female	Total
65	53	29	82

11. Education & Health Awareness/ Camps Programme if any :

Activity	No of Programme /camps/ activity organized	No. of NSS Volunteers involved			No. of Beneficiaries/ Output
		Mal e	Fema le	Tot al	
Disaster Management Training (& Fire Drill)	1	35	25	60	60 + 25 Staff = 85
Self Defense Training for Girls					
School Dropout Survey					No. of children's enrolled in

Dr. G. T. Thamp  
PRINCIPAL

Thadomal Shahani Engineering College  
Borivli (W), Mumbai-400 050.



# NATIONAL SERVICE SCHEME UNIVERSITY OF MUMBAI



HYDERABAD (SIND)  
NATIONAL COLLEGIATE BOARD

NOT ME BUT YOU

Unit of

## Thadomal Shahani Engineering College

P.G. Kher Marg, TPS III, Linking Road, Bandra W, Mumbai-400050



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



# Contents

- Brief History of NSS unit in TSEC
- Accolades & Appreciations
- Collaborations
- Initiatives
- Summery of last 3 Years
- Annual Report



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.



# Contents

## Annual Report

- Brief Introduction of Projects
- Unnat Bharat Abhiyan
- Particulars of NSS Unit in TSEC
- Summery
- Presentation of Projects conducted
  - continued



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Contents

## Annual Report

- Presentation of Projects conducted
  - University Level Projects
  - College Level Projects
  - Area based projects – I
  - Area based projects – II
- Unnat Bharat Abhiyan
  - continued



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Contents

## Annual Report

- Unnat Bharat Abhiyan
  - Brief Introduction
  - UBA in TSEC
  - Survey
  - Gramsabha
  - Interventions



Dr. G. T. Thampi  
PRINCIPAL  
Theedomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Contents

- Credits
- References



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# Contents

## Annual Report

- Presentation of Projects conducted
  - University Level Projects
  - College Level Projects
  - Area based projects – I
  - Area based projects – II



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Bandra (W), Mumbai-400 050.



## University Level Projects

### Name of Project

Venue:

No. of Volunteers:

Date :

No. of Beneficiaries or

Outcome:

Brief Description if any:

Highlights if any:

Pictures:



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 850.



# Old Age Home Visit



# Beach Cleaning Drive



Dr. G. T. Thangal  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Beach Cleaning Drive



Dr. S. T. Thangal  
PRINCIPAL  
The Central Institute of Engineering and Technology  
Kerala, Mysore - 575 001

# Beach Cleaning Drive



# Bhajan Sandhya



# Blood Donation Drive - 1



To give Blood,  
You need neither  
Extra Strength  
nor Extra Food,  
and You will  
Save a Life.

BRANCH SCORE	
COMPS	2 1
I.T.	7 5
EXTC	3 7
CHEM	7 5
BIOMED	7 2
BIOTECH	2 2





# Blood Donation Drive - 1



# Cardiac Arrest Resuscitation



Dr. G. T. Thangaraj  
PRINCIPAL  
Shrihari Engineering College  
Thadomal S  
Bandra

# Cauvery Calling



# Election Rally



# Fire Drill



# Gyandan



# Independence Day



# International Yoga Day





# Isha Foundation Yoga Day



# Joy of Giving



**London life**  
Tickets included for:  
Madam Tussauds  
Tower of London  
London Eye

**City tour - London**  
Parliament Square | British Museum  
St. James's Palace | Houses of Parliament  
Westminster Abbey | Big Ben | Trafalgar Square  
Piccadilly Circus | Oxford Street | Hyde Park

**Industry Visit:**  
Oxford Mini Car Manufacturing Plant for two activities

**Inclusions:**  
Oxford and the city  
London life Evening  
Luxury AC coach  
Luxury Holiday Inn / 1015 Hotels  
Travel Insurance

**Payment Details:**  
By Aug 30 - Rs 25,000  
By Sep 30 - Rs 35,000  
By Oct 30 - Rs 35,000  
By Nov 30 - Rs 35,000  
By Dec 30 - Rs 9,500  
Total - Rs 1,39

Contact: Purnet Tulayan 98925 06252 / Dr. Mani Raja 98204

**NSS-TSEC**  
NATIONAL SERVICE SCHEME  
THADOMAL SHAHANI ENGINEERING COLLEGE, BANDRA  
**NOT ME BUT YOU**

**NSS-TSEC**  
2019-20

Let us give back to society  
Thadomal Shahani Engineering College  
Bandra - Mumbai - 400 053

**NSS-TSEC**  
THE JOY OF GIVING WEEK

DATE: 15th to 20th Sept  
TIME: 9am to 5pm

CONTACT: 98925 06252

# Nature Trail



# NSS Orientation



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Sion Road, Mumbai - 400 022

# Plastic Management Seminar



Dr. A. T. Thadomal  
Principal  
National Institute of Engineering & Technology  
Borivli, Mumbai - 400 075

# Bamboo Rakhi Promotion & Sale



# Republic Day



# Swachh Bharat Abhiyan - 1



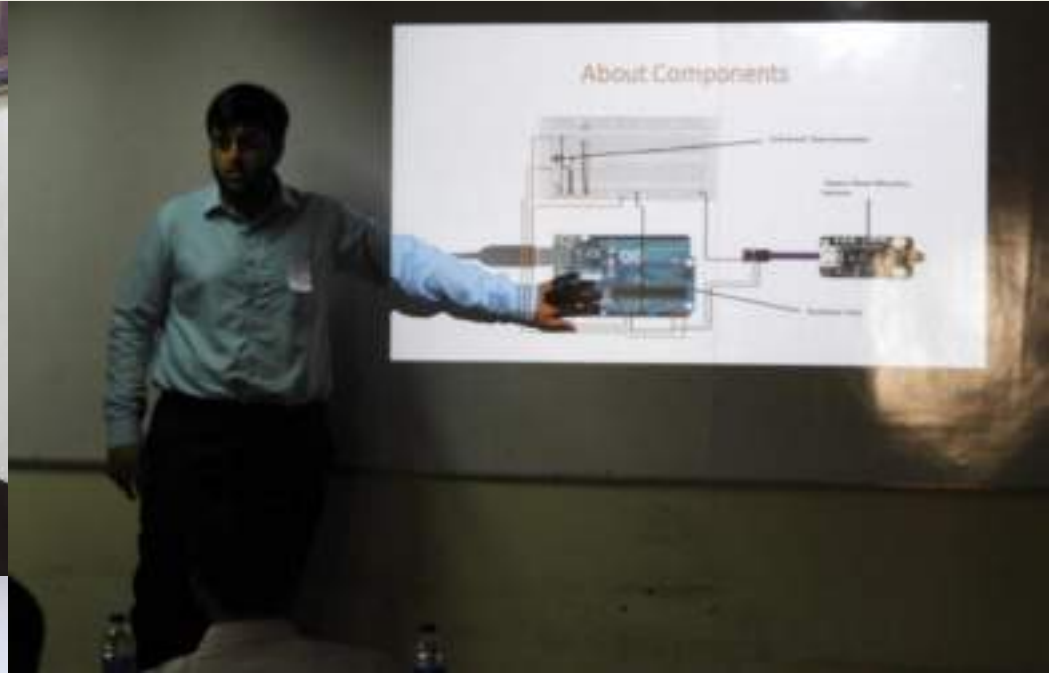


# Swachh Bharat Abhiyan - 1



Dr. S. T. Thirumal  
PRINCIPAL  
The Global Shri Ram Engineering College  
Salem, (TN), Number-420 050.

# Technovation



# Tree Plantation



# Railway Station Beautification



# Watershed Management



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Borima (W), Mumbai-400 053.

# Residential Camp

## विख्यात मल्लखांबपटू उदय देशपांडे यांचे मोलाचे प्रशिक्षण

कर्जत, २३ डिसें.(आनंद सकपाळ):  
आतिदुर्गम व आदिवासी भाग म्हणून  
ओळख असलेल्या कर्जत तालुक्यातील  
शहरी भाग लाभलेल्या नेरळ ग्रामपंचायत  
हद्दीतील आदिवासी आनंदवाडी येथील  
रायगड जिल्हा परिषदेच्या  
शाळेत दरवर्षीप्रमाणे  
नॅशनल सर्व्हिस सेमी  
युनिट मुंबई युनिव्हर्सिटी  
तोडमल साहनी  
इंजिनिअरिंग कॉलेजच्या  
माध्यमातून सामाजिक बांधिलकी



जोपासत राष्ट्रीय सेवा योजना  
असे आर्ट डिप्लोमा निवासी  
शिबिर राबवले जाते.  
सालाबादप्रमाणे राबविण्यात येणाऱ्या



शिबिराच्या पहिल्या दिवशी आनंदवाडी रा.  
जि.पं. शाळेतील आदिवासी विद्यार्थ्यांना  
मल्लखांबाचे प्रशिक्षण हे विख्यात  
मल्लखांबपटू उदय देशपांडे पत्र नं.४ व...

# Residential Camp



# Residential Camp





# Residential Camp



**THADOMAL SHAHANI ENGINEERING COLLEGE**

**Report on 9 Days NSS residential Camp of NSS-TSEC**

**22 – 30 December 2019**

**DAY 1**

Name of project/Activity : CARDIAC ARREST RESUSCITATION

Conducted by iCare, Holy Family Hospital, Bandra W.

Date/Duration : 22 December, 2019 ,

Place : Ambewadi

Objective : To create awareness among villagers people regarding cardiac arrest and First Aid.

Description of activity execution : People were educated about what to do when they collapse due to a sudden unexpected cardiac arrest.

No. Of attendees : 86

No. Of Beneficiaries :73

Expected Outcome: Educate people about cardiac arrest by conducting a seminar and demonstration

Actual Measurable Outcome : 20- 30 villagers attended seminar

Photographs and Videos :

**DAY 2**

Name of project/Activity : mallakhamba

Date/Duration : 23 December, 2019 , 2 hrs

Place : Ambewadi

Objective : to introduce activities like malakhamba to the students and villagers and help them recognize their hidden talents.

Description of activity execution : Shri. Uday Deshpande graced the event along with a few of his assistants and taught the students the baics of Malakhambha guiding them in the most efficient way.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



No. Of attendees : 85(no. of students)

No. Of Beneficiaries :85+

Expected Outcome:

Actual Measurable Outcome :85+

Photographs and Videos :

### **DAY 3**

Name of Project/Activity: Fun fair

Date/Duration:24 December,2019

Place: Ambewadi

Objective: To increase the employment of the village and increase interaction between volunteers and villagers. Empower and imbibe confidence of entrepreneurship in Villagers.

Description of activity execution : 5 food stalls and 5 game stalls were organized for villagers as well volunteers. Various dishes made by villagers were kept in the food stalls.

#### Food Stalls:

Name of villagers	Dishes	Total Profit
Gulab Sadanand Shingve	Puran poli, sheera	725
Datta Darawadda	Sharbat	800
A P shingve	Misal pav	1225
Shingve	Vada pav, Manchurian balls	1150
Shingve	Pattice, Puri bhaji	825

All the profit of this activity is proportionately distributed among the new entrepreneur villagers.

### **DAY 4**

Name of project/Activity : Joy of Giving

Date/Duration : 25th December, 2019 , 30 minutes

  
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Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Place : Ambewadi

Background : The villagers of our five adopted villages have a low income which sometimes restricts them from buying basic necessities like clothes

Objective : To provide the villagers with usable clothes

Description of activity execution : We conducted a week long event in our college where the students donated clothes, stationary and toys .We then Distributed these donations among the villagers of the adopted villages

No. Of attendees : 60

No. Of Beneficiaries : 60(no. Of villagers)

Expected Outcome : Providing good clothes to villagers

Actual Measurable Outcome : At least 2-3 pair of clothes were donated to each house.

Photographs and Videos

## **DAY 5**

Name of Project/Activity: Gramotsav

Date/Duration: 26 December,2019

Place:Ambewadi

Objective: To find hidden talent of students and introduce it to others by conducting various sports and cultural activities

Description of Activity execution: Various sports such as Tug of War, Musical Chair, Kho-Kho, Kabaddi, Langadi, Lemon Spoon, Long jump, Betchki, Race,etc were conducted along with the cultural activities such as dance, drama, singing were organized.

Number of attendees:350

Number of Beneficiaries:350

Expected Outcome: Encouraging children to participate in cultural as well as sports activities

Actual Measurable Outcome:

Games:

  
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Games	Timing
Drawing Competition	9-10
Marble spoon	10-12.30
Betchki	10-1
Racing	10.30-1
Long jump	12-2
Kho Kho	10-1
Langadi	10.30-1.30
Kabbadi	10.30-1.30
Tug of War	12-1.30
Musical Chair	11-12

## **DAY 6**

Name of project/Activity : Medical camp

Date/Duration : 27 december 2019

Place : Ambewadi

Objective : To let the villagers know about their health by providing a full body check up free of cost and also provide them with temporary medicines.

Description of activity execution: a full body medical check including the dental check up was organized in coordination with the Rotaract Club of Nair Hopsital, Mumbai,. Along with this free eye check was also organized in coordination with Wavikar institute, Thane. Medicines for iron deficiency, joint pain, body pain, multivitamin were given to the villagers.

No. Of attendees : 53

No. Of Beneficiaries :53

Expected Outcome:100

Actual Measurable Outcome :53

Photographs and Videos :

## **DAY 7**

Name of project/Activity : Street play




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Date/Duration : 28 december 2019

Place : Ambewadi and anandwadi

Objective : awareness regarding various social issues like superstition , ill effects of alcohol and tobacco , women empowerment and self defence through an entertaining way.

Description of activity execution: performance on social topics was done by the volunteers for approximately 10 mins in anandwadi and ambewadi which included unique publicity of going all over the village to attract the villagers.

No. Of attendees : 90

No. Of Beneficiaries :80

Expected Outcome:To aware the villagers about different social issues.

Actual Measurable Outcome : some people learnt how to tackle different social issues and how to be aware.

Photographs and Videos :

## **DAY 8**

Name of Project/Activity: Women Empowerment; Personal Hygiene and sanitation

Date/Duration: 29 December, 2019 : 2 hours

Place: Samaj Mandir, Ambewadi

Objective: To create awareness about personal hygiene and encourage usage of sanitary napkins

Description of Activity execution:

Number of Attendees: 43

Number of Beneficiaries:43

Expected Outcome: To make women feel more comfortable talking about menstrual cycles. To make them realize that it is not a taboo and encourage women to use sanitary napkins on a regular basis. Also set up a chain to continuously supply sanitary pads to the women of the villages from the Aarogya Kendra situated in Neral

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Actual Measurable Outcome: Ladies especially young girls learnt about periods in detail and were able to keep aside their reservations regarding periods as they came together to discuss about the issues which women face during periods. We made sure women start using sanitary pads by distributing them among the ladies.

Photographs/Videos

## **DAY 9**

Name of Project/Activity: Construction of Compost Pits

Date/Duration: 30 December, 2019 : 4 hours

Place: Ambewadi and Anandwadi

Objective: To create awareness about disposal of organic and compostable waste like kitchen waste. Create Compost for organic agriculture, horticulture activity

Description of Activity execution: 50 Volunteers worked in fieldwork and formed compost pits (4 Nos.) of size 3x3 foot and 4 foot deep. Created awareness about putting all kitchen and biodegradable waste into these pits. Standard operating procedure is taught.

Number of Attendees: 50 Volunteers and 30 Villagers

Number of Beneficiaries: 500 Villagers of Anandwadi and Ambewadi.

Expected Outcome: To create compost for the Agriculture and Horticulture with the more nutrient content in the more produce with higher profits to the villagers.

### **Regular Activities performed during the 9 Days Camp**

व्यायाम व योगाभ्यास

श्रमदान

बागकाम/Parasbag (Done by Aditi & Vatsal)

प्रौढ शिक्षण

Natural Farming

प्रथमोपचार प्रशिक्षण कार्यशाळा

### **Other Activities performed during the 9 Days Camp**

शालेय मुलांना खेळणी व ग्रंथालय व सजावटीचे (Vertical Garden)

स्वच्छ भारत

वैद्यकीय चिकित्सा शिबीर व स्वयं चिकित्सा कार्यशाळा

नैसर्गिक पर्यटन व करमणूक

  
Dr. G. T. Thampi  
Dr. G. T. PRINCIPAL  
Thadomal Shamani Engineering College  
Thadomal Bandra (W), Mumbai - 400 050.  
Bandra (W), Mumbai - 400 050.



Glances of 9 Days NSS residential Camp of NSS-TSEC at Anandwadi, Neral



First Aid Workshop



Principal's Visit



2<sup>nd</sup> Gramotsav (Sports Day & Cultural Night)



Cultural Night



Reception Dinner



Kitchen Tent



Women Empowerment, Personal Hygiene Workshop for Villager Women



Distribution of Sanitary napkins



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Personal Hygiene



Street Play



Sports



Cultural



Eye Check up Camp by Wavikar Eye Institute, Thane



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### Form for evaluation of Swachhata Pakhwada Awards 2019

1. Name of the University/Institute: **Thadomal Shahani Engineering College, Bandra (West), Mumbai**
2. Category: **Self Finance**
3. Details of activities undertaken during Swachhata Pakhwada 2019:

S. No.	Activity	Comments of the Institute
1	Number of activities undertaken for water conservation in the campus.	06 1. "Swaachta Abhiyan" at Juhu, Mumbai on 8 <sup>th</sup> Sep 2019 2. Rain Water harvesting audit is conducted on 11 <sup>th</sup> Sep 2019. 3. Swachhata Pledge by faculties and students 4. Swachha Mahavidyalaya at College Campus 5. Swachhta Village in adopted villages by college 6. Talk of Mr. Rajesh Gera , Assistant Vice President, RIL-PET Division, Mumbai is arranged on 13 <sup>th</sup> Sep 2019 on "Eliminating use of plastic"
2	Steps taken towards efficiency in water utilization in the campus.	1. Doing rain water harvesting in college campus. 2. Keeping all main water supply taps closed before college closes every day so that no water should be wasted through leakage or if some tap kept open by mistake.
3	Number of the students/faculties who participated in the activities.	Students : 500 nos Staff and Faculty : 80 nos
4	Number of awareness camps organized in the campus.	Total 02 1. Swachhata Pledge by faculties and students 11 <sup>th</sup> Sep 19 2. "Plastic Collection Drive" is conducted between 16 <sup>th</sup> Sep to 4 <sup>th</sup> Oct 2019.
5	Whether audit of the existing water harvesting facility in campus undertaken.	Yes Rain Water harvesting audit is conducted on 11 <sup>th</sup> Sep 2019

  
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6	Number of activities undertaken in the neighboring area/village during , the Pakhwada.	Total 03  1. Railway Wall paintings at Bandra station is done by students on 26 <sup>th</sup> Sep 2019 2. “Swaachta Abhiyan” by students at Juhu, mumbai on 8 <sup>th</sup> sep 2019 3. Swachhta Village in adopted villages by college students
7	Any innovative method of water conservation devised by the Institute.	Everyday Closing main water supply tap before college closes to avoid wastage of water due to leakage or open tap by mistake



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# CERTIFICATE OF PARTICIPATION

## MUMBAI PLASTIC RECYCLOTHON

**Ek Baar Phir!**

Recognises

## Thadomal Shahani Engineering College

for their display of civic responsibility by Donating Plastic for  
**The Mumbai Plastic Recyclothon - Ek baar phir from the  
2nd-8th of October 2019**



*Shishir*

SHISHIR JOSHI

CEO & Founder, Project Mumbai  
[www.projectmumbai.org](http://www.projectmumbai.org)

Recycling Partner



Radio Partner



*[Signature]*

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Design Partner



A Public Service Initiative Sponsored  
by



## Thadomal Shahani Engineering College

### Bandra (w), Mumbai

Report on

### Swachhta Pakhwada 2019

**As per the letter received from MHRD, Department of higher education EBSB cell dated on 28<sup>th</sup> August , 2019, we conducted following programs.**

1. A committee is formed to conduct the programs.
2. “Swaachta Abhiyan” at Juhu, mumbai on 8<sup>th</sup> sep 2019
3. Rain Water harvesting audit is conducted on 11<sup>th</sup> Sep 2019.
4. Talk of Mr. Rajesh Gera , Assistant Vice President, RIL-PET Division, Mumbai is arranged on 13<sup>th</sup> Sep 2019 on “Eliminating use of plastic”
5. “Plastic Collection Drive” is conducted between 16<sup>th</sup> Sep to 4<sup>th</sup> Oct 2019.
6. Railway Wall paintings at Bandra station is done by students on 26<sup>th</sup> Sep 2019

**Detail report of each event with photographs is given below :**

### **1. Committee is formed for campaign for ‘Jal Shakti Abhiyan’ and India free from ‘Single Use of Plastic’ from 1<sup>st</sup> September 2019 to 15<sup>th</sup> September 2019**



Committee to promote “Jal Shakti Abhiyan” and eliminating “Single use Plastic”

Committee Members

1. Dr. Arti Deshpande
2. Prof. Sachit Nalaskar
3. Prof. Vaibhav Ambhire
4. Prof. Vijal Jain
5. Mr. Ajay Katpatal
6. Members of Green Army
7. Members of NSS

Role and Responsibilities

1. They are expected to develop content for campaign for citizens in both urban and rural areas to sensitize about the necessity of water conservation and eliminating plastics from day to day life.
2. Organize events and programs to improve collaborative efforts to achieve water conservation targets and elimination of plastics.



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- In collaboration with municipal authorities and political establishments to develop synergy in carrying out the above mentioned task.



## Thadomal Shahani Engineering College, Bandra (West), Mumbai



Promotes

# “Jal Shakti Abhiyan” and “Eliminating Single Use of Plastic”



- Auditing existing rain water harvesting facility in our campus.
- Building efficiency in utilization of water in the campus.
- Ban of single use of plastic in campus

**ORGANISING COMMITTEE**  
Dr. Arti Deshpande  
Prof. Sachit Nalaskar



Say No to  
Single Use  
Plastic Bags



- Awareness campaign involving experts, NGOs and Think Tanks
- Monitoring existing water management in villages adopted by TSEC.
- Developing solution for water conservation and rain water harvesting

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## 2. “Swaachta Abhiyan” at Juhu, mumbai on 8<sup>th</sup> sep 2019

45 Students from our college participated in beach cleaning drive at Juhu beach , Mumbai called by Rajani Foundation in Cleanathon.





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### 3. Rain Water harvesting audit is conducted on 11<sup>th</sup> Sep 2019.

TSEC has a rain water harvesting system and it's been regularly audited by auditors. Rain water harvesting audit is conducted from 11<sup>th</sup> to 12<sup>th</sup> Sep 2019.

### 4. Talk of Mr. Rajesh Gera , Assistant Vice president, RIL-PET Division, Mumbai is arranged on 13<sup>th</sup> Sep 2019 on “Eliminating use of plastic”

Talk by Mr. Rajesh Gera, was arranged on Friday, 13<sup>th</sup> Sep 2019 in seminar hall 11<sup>th</sup> floor of TSEC. Topic of the seminar was “Elimination Plastic Waste as the current existing environmental problems require modern solutions”



  
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5.


**“Plastic Collection Drive” is conducted between 16<sup>th</sup> Sep to 4<sup>th</sup> Oct 2019**


Plastic collection drive was conducted in college and collected plastic was donated to “Project Mumbai” (Mumbai Plastic Recyclothon)



**5. Railway Wall paintings at Bandra station is done by students on 26<sup>th</sup> Sep 2019**

As per the letter received from Sr. Divisional Commercial Manager , Mumbai Central dated on 30/8/2019 , we had organised Railway Walls Painting at Bandra station on 26<sup>th</sup> Oct 2019 under the 15 days cleanliness and awareness drive “ Swachhta Pakhwara”. 130 Students of TSEC painted 25 walls in 6 hrs.

  
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Organiser

Dr. Arti Deshpande

Principal

Dr. G. T. Thampi

**Form for evaluation of Swachhata Pakhwada Awards 2019**

1. Name of the University/Institute: **Thadomal Shahani Engineering College, Bandra (West), Mumbai**
2. Category: **Self Finance**
3. Details of activities undertaken during Swachhata Pakhwada 2019:

S. No.	Activity	Comments of the <b>Institute</b>
1	Number of activities undertaken for water conservation in the campus.	<ol style="list-style-type: none"> <li>1. "Swaachta Abhiyan" at Juhu, mumbai on 8<sup>th</sup> sep 2019</li> <li>2. Rain Water harvesting audit is conducted on 11<sup>th</sup> Sep 2019.</li> <li>3. Swachhata Pledge by faculties and students</li> <li>4. Swachha Mahavidyalaya at College Campus</li> <li>5. Swachhta Village in adopted villages by college</li> <li>6. Talk of Mr. Rajesh Gera , Assistant Vice President, RIL-PET Division, Mumbai is arranged on 13<sup>th</sup> Sep 2019 on "Eliminating use of plastic"</li> </ol>

  
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2	Steps taken towards efficiency in water utilization in the campus.	1. Doing rain water harvesting in college campus. 2. Keeping all main water supply taps closed before college closes every day so that no water should be wasted through leakage or if some tap kept open by mistake.
3	Number of the students/faculties who participated in the activities.	Students : 500 nos Staff and Faculty : 80 nos
4	Number of awareness camps organized in the campus.	Total 02 1. Swachhata Pledge by faculties and students 11 <sup>th</sup> Sep 19 2. "Plastic Collection Drive" is conducted between 16 <sup>th</sup> Sep to 4 <sup>th</sup> Oct 2019.
5	Whether audit of the existing water harvesting facility in campus undertaken.	Yes Rain Water harvesting audit is conducted on 11 <sup>th</sup> Sep 2019
6	Number of activities undertaken in the neighboring area/village during , the Pakhwada.	Total 03 1. Railway Wall paintings at Bandra station is done by students on 26 <sup>th</sup> Sep 2019 2. "Swaachta Abhiyan" by students at Juhu, mumbai on 8 <sup>th</sup> sep 2019 3. Swachhta Village in adopted villages by college students
7	Any innovative method of water conservation devised by the Institute.	Everyday Closing main water supply tap before college closes to avoid wastage of water due to leakage or open tap by mistake

  
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conducted if any						School-
Road Safety Campaign/ Camp						
Yoga Training / Demonstration if any	IDDY'19	9	16	25	25 benefited	
	Yoga Training at MU	1	1	2	2 & Created Awareness in College and residential areas	
	Yoga Training during Res. Camp	41	36	77	82 Learnt Yoga as per CYP	
	Yoga Training by ISHA at TSEC	25	30	55	55	
	K'dhana & HSNC 2 Day National Seminar	4	0	4	04 + 27 Student Volunteers briefed	
	Training by Art of Living	14	9	25	Meditation Kriya	
	CYP Training Camp at KC	7	6	13	CYP Training	
Pulse Polio Immunization					Beneficiaries- NIL	
Eye check-up camps		Wavikar Eye institute	22	10	32	Beneficiaries - 112 Villagers
Health Camps/Dental		Thalassemia check up	13	07	20	Beneficiaries- 128
		Health Camp	33	28	61	132 Villagers
Prevention of Diseases (Awareness)	Rallies					
	Organizing functions	Women Personal Hygiene	0	25	25	12 Women villagers attended + 225 benefited
	Street Plays	2	8	5	13	200 Villagers
	Door-to-door Campaigns	3	35	24	59	550 Villagers
	Distribution of IEC Materials	Sanitary Napkins distribution	0	24	24	125 Women
	Distribution of iron and folic Acid Tablets	Iron & Multi-Vitamin tabs	06	05	11	150 Villagers including children
Including construction activities of women						
Swachha Bharat, People's involvement and sustainability						
Swachha Bharat Abhiyan	Cleaning of school	1	26	18	44	125 School Children
	Cleaning of College	1	12	08	20	Awareness in College & Cleaned Campus
	Cleaning of Offices complexes, toilets & garbage of District & zonal Office	1	08	04	08	College Canteen Area & Common area cleaned
	Cleanliness drive to clean street and common places	1	35	20	55	300 Villagers 25 participated
	Motivation resulting into construction of toilets					
	Maintenance & repair of recreation grounds and play grounds					
Defecation Free Campaign: Motivation resulting into construction of Toilets/ activity for construction of toilet	Covered in Street	12	08	20	1) No of toilets or pits - 2) No of Villages made Defecation Free - 3) Beneficiaries -	

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# Marathi Bhasha Gaurav Din (27<sup>th</sup> Feb 2020) Thadomal Shahani Engineering College Bandra (West), Mumbai

As per the letter received from Shikshan Sanchalak, Pune dated on 26<sup>th</sup> Feb 2020, our college celebrated “Marathi Bhasha Gaurav Din” on 27<sup>th</sup> Feb 2020.

Following programs are conducted between 12 noon to 3.30pm.

1. Welcome speech
2. Speech by Principal
3. Opening Song in Marathi By Mohit
4. Proud of MatriBhasha in Marathi (by Students)
5. Poetry Recitation in Marathi (by students)
6. Poetry Recitation by faculties
7. Department program by Faculties
8. Prize Distribution for students
9. Vote of Thanks


Pannel of judeges for the above programs:

For Marathi Program by students:

1. Ms. Archana Kale
2. Dr. Anupama Sawant
3. Ms. Anjali Kirkire

For Department Program.

1. Dr. Mita Bhaumik
2. Dr. Madhuri Rao
3. Dr.. Anupama Sawant

  
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Event photographs :



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Program Coordinator  
 Dr. Arti Deshpande  
 Dr. Mani Rosa  
 Prof Monica Tolani

Convenor  
 Dr. G. T. Thampi  
 Principal  
 Thadomal Shahani Engineering College  
 Bandra (W), Mumbai - 400 050.



## Thadomal Shahani Engineering College, Bandra , Mumbai

Date : 30/01/2020

Report Name : Odisha Film Festival

Report Description :

The Odia short film, Ghubukudu, which is based on the struggle for survival of traditional stunt artistes, has been officially selected in two international film festivals is watched by students in college campus.

“The film shows how a family, which survives on this art form, suffers in poverty, while no one comes forward to help them in their time of need. These artistes live in abject poverty despite being so talented. The music and songs have the real feel — the way the performers sing and appeal to people to pay them by narrating their own pain,”

The film features Pabitra Kumar Dandasena, Rejina Behera and Srijit Shubhankar Raiguru playing the roles of the **Ghubukudu** artiste and family members.



  
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## EBSB QUIZ REPORT

As an initiative taken by the Government Of India , the Ek Bharat Shreshta Bharat (EBSB) aims to promote India's diversity , through linguistic and cultural interaction among students, and the EBSB committee of Thadomal Shahani Engineering College, is pleased to have played its part, and contribute to this, through a quiz centred around our paired state of rich culture and heritage, Odisha, the event held in college with an aim to promote a mutual understanding, and integrate cultural and social alliances with our fellow countrymen.

The quiz was centred around the culture, heritage, history, politics, geography, and technology of Odisha. It was held in the Seminar hall, New Building on Saturday, 29th February 2020, from 12pm-2pm .



It comprised of 6 teams, of 3 members each , one from each branch(Computer Information technology, Electronics and telecommunication, Chemical, Biomedical, and

  
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Biotechnology) giving it their best, and battling it out to clinch the coveted trophy, and bring glory to their respective departments by putting their minds together, and co-operating as a team.



*There were 6 teams participating in the quiz, and was looked on by students, and members of the EBSB Committee of TSEC*

There were 3 questions for each of the 4 categories (Culture, history, politics, and geography)- 1 for 10 points, another for 20 points, and a third for 50 points (this question had a negative marking of 20 points). The fourth round was a Rapid fire bonus round with 1 question from each category worth 100 marks, but had a negative marking of 30 points.



*The prestigious trophy for which each team put up a tough fight*

After an intense, and hard fought battle of 4 rounds, the chemical engineering department emerged victorious, and bagged first place with a mammoth 140 points to clinch the

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coveted trophy. The team consisted of Heet Vora, Rahul Singh, and Siddhesh Chalke, who put their minds, and knowledge together to guide their team to victory.



*(From left to right) The winning team of Rahul Singh, Heet Vora, and Siddhesh Chalke crowned champions, and awarded the prestigious trophy by the EBSB Committee Co-ordinator, Dr. Arti Deshpande*

They were awarded a certificate of merit, as well as a trophy for the department, and congratulated by the EBSB co-ordinator of TSEC, Dr. Arti Deshpande, Principal, Dr. G.T. Thampi, and by all the other teams for their achievement.



*The winning team with the entire EBSB Committee of TSEC*

The EBSB Committee of TSEC wishes the winners a hearty congratulations, and extend our gratitude to all the teams for participating in this premier event, as well as to our Principal, Dr. G.T. Thampi, and EBSB Co-ordinator of TSEC, Dr. Arti Deshpande for guiding us and helping make this event a grand success!

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Bandra (W), Mumbai-400 050.





(Starting from right to left) The winners of the EBSB Quiz from the Chemical Engineering department, Heet Vora, Siddhesh Chalke, and Rahul Singh are congratulated by Principal, Dr. G.T. Thampi

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**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Ek Bharat Shrestha Bharat



## *ODISHA DAY*

EBSB Club  
Thadomal Shahani  
Engineering College  
Mumbai-50

Odisha Day  
Online  
Celebration  
April 1, 2020

2 PM ONWARDS



Dr. G. T. Thampi  
PRINCIPAL

Principal, Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Students of Thadomal Shahani Engineering College celebrated Odisha Day on April 1, 2020; under the guidance of Dr. Arti Deshpande.

We conducted the program online, because of lockdown.


Following are the students who participated online:

1. Kashish Dungar
2. Narayanan Madathil
3. Soham Joshi
4. Judewin Noronha
5. Akshita Jain
6. Vighnesh Pai
7. Ashish Jaiswal
8. Hardik Darak
9. Swarangi Samant
10. Vaishnavi More
11. Givinder Singh
12. Prosida Mitra
13. Megha Gohil
14. Priyanka Ghuge
15. Palak Agarwal

Here are some snapshots of the program:



Follow us : <https://www.instagram.com/tv/CA2tuXEgucZ/?igshid=1blpt6bmein8m>

  
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**EBSB-TSEC presents,**

# *COLORS OF ODISHA*

*a drawing & craft competition*

*20-03-2020*

This document is a glimpse of the entire competition. Few of all the drawings and hand-crafts made by students are displayed.



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# THE EK BHARAT SHRESHTHA BHARAT COMMITTEE OF TSEC

*organises*

## COLOURS OF ODISHA

THE STUDENTS ARE WELCOME TO SHOWCASE THEIR  
ARTISTIC SIDE, THROUGH **PAINTINGS, CRAFTS, &  
HANDICRAFTS**, ALL CENTRED AROUND THE


## HISTORY, CULTURE, & HERITAGE OF ODISHA





@EBSB\_TSEC



### Event Details

 Friday (20/03/2020)

 12:30 onwards

 45 minutes

Organised By



Advertisement poster.

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Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

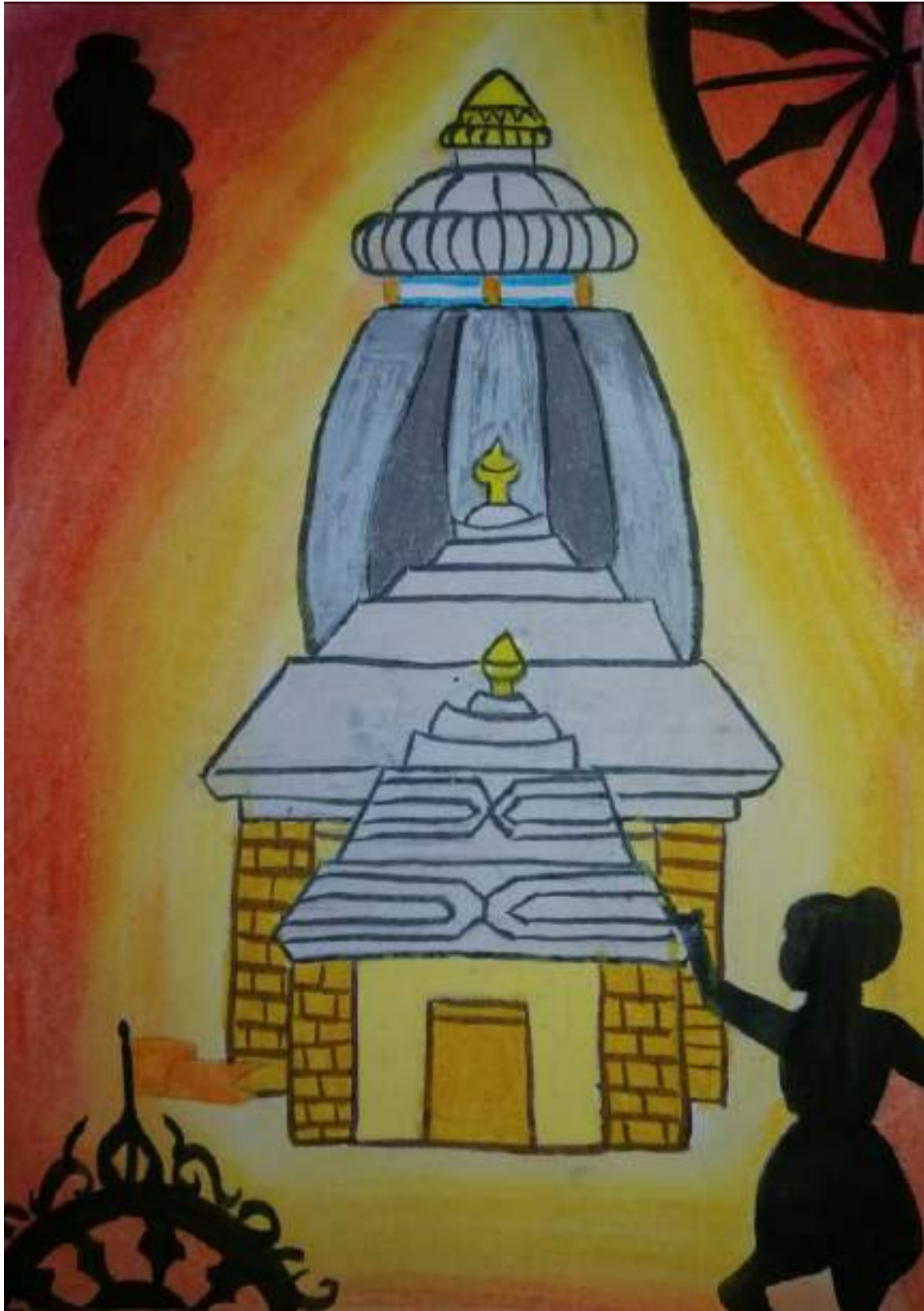




Megha Gohil, Chemical Department.

**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Vaishnavi More, Information Technology Department

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.







Judewin Nbronha, Chemical Department.

**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Hardik Darak, Computer Department.

**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



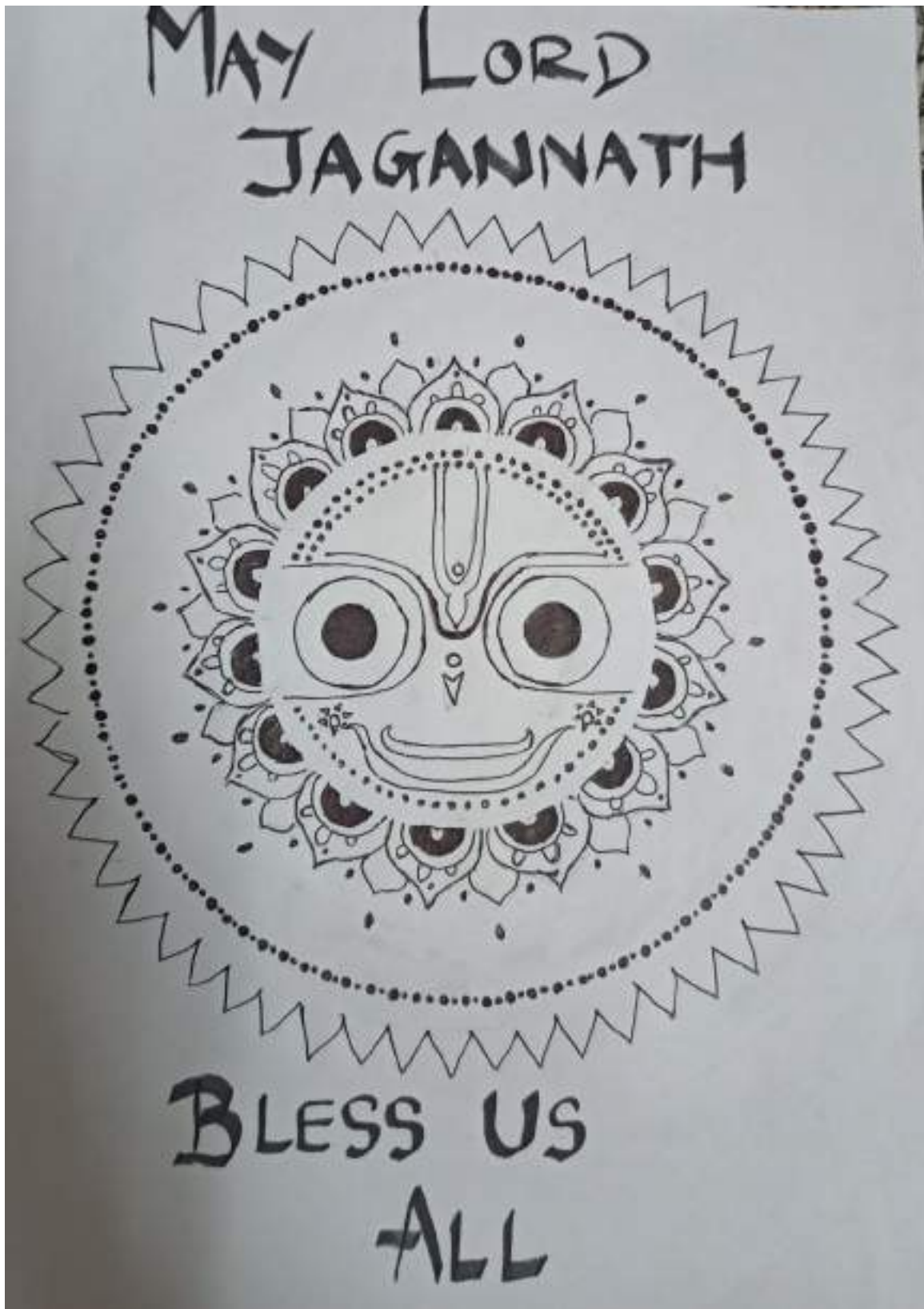


Soham Joshi, Chemical Department.



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Gvinder Singh, Chemical Department.



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Samir Wadkar, Chemical Department.



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Aashish Jaiswal, Chemical Department.

Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Kashish Dungan, Chemical Department.

Organised By

Dr. Arti Deshpande

Asst Prof

TSEC

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



## Extension Activities for A.Y 2018-2019



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.







# NSS-TSEC 2018-19

A handwritten signature in blue ink, appearing to read 'G. T. Thampi'.

Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



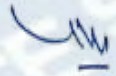


# List of Activities

Area-based	College-based	University events
Kerala Relief Fund	Orientation	Independence Day
Beach Cleaning	Nature Trail	Republic Day
Joy of Giving	Blood Donation Drive-1	Bhajan Sandhya
Diwali in Orphanage	Blood Donation Drive-2	Yoga Sadhbhavna
Tree Plantation	Youth and Truth	Yoga Competition
UBA Survey	Mock Fire Drill	Swachh Bharat Abhiyan
UBA Data Entry	Anti-Sexual Harassment Seminar	Residential Camp



# Area Based Events

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.





# Kerala Relief Fund



Date: 20/8/18- 22/08/18

No. of volunteers involved: 38

No. of beneficiaries/ Outcome: Over 800 people got food, napkins, medicines, clothes, etc



# Beach Cleaning



Date: 18/9/18

No. of volunteers involved: 79

No. of beneficiaries/ Outcome: Improved experience for daily Beach visitors.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# Joy of Giving



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

**Date: 24/9/18-28/9/18**

**No. of volunteers involved: 82**

**No. of beneficiaries/ Outcome: Over 160 students got stationery, clothes, etc and benefitted by lectures on English, Maths and Computer.**



# Orphanage Visit



**Date: 8/11/18**

**No. of volunteers involved: 18**

**No. of beneficiaries: 134 orphans/disabled celebrated Diwali with sweets and various games.**

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# Tree Plantation



**Date: 14/07/18**

**No. of volunteers involved: 56**

**No. of beneficiaries/ Outcome: Planted around 200 saplings making the environment a better place to live.**

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bantwa (W), Mumbai-400 850.





# UBA Survey



**Date:** 10/06/18, 11/8/18, 15/7/18, 24/6/18, 18/08/18  
**No. of volunteers involved:** 105 (Batches of 22 Vols.)  
**No. of beneficiaries:**

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# UBA Data Entry

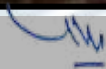
THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



Date: 26/1/19

No. of volunteers involved: 64


No. of beneficiaries:

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# College Based Events

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# NSS-TSEC Orientation



Date: 10/8/18

No. of volunteers involved: 166

No. of beneficiaries: Enlightening the students about the NSS activities carried out throughout the year.



# Nature Trail



Date: 8/9/18

No. of volunteers involved: 76

No. of beneficiaries: **Volunteers/Students carried out various activities for the betterment of the surroundings.**



PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# Blood Donation Drive - 1

THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



Date: 4/10/18

No. of volunteers involved: 66

No. of beneficiaries: **Over 453** patients benefitted by this noble cause.

Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Chennai, India - 600 074





# Blood Donation Drive - 2



Date: 20/2/19

No. of volunteers involved: 59

No. of beneficiaries: Over 339 patients benefitted by this noble cause.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Boschi (W), Mumbai-400 850.





# Youth and Truth



Date: 20/9/18

No. of volunteers involved: 31

No. of beneficiaries:







# Mock Fire Drill



Dr. G. T. Champi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.

Date: 31/1/19, 1/2/19

No. of volunteers involved: 54

No. of beneficiaries: Over 250 students/faculties from the college



# Anti-sexual Harassment

THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



Thadomal Shahani Engineering College  
Barshi (W), Mumbai-400-054.

Date: 21/2/19

No. of volunteers involved: 48

No. of beneficiaries: Over 120 students/faculties from the college



# University Events

A handwritten signature in blue ink, appearing to read 'G. T. Thampi'.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# Independence Day



Date: 15/8/18

No. of volunteers involved: 115

No. of beneficiaries: Over 150 Students/faculty got sensitized towards the contribution of the freedom fighters and the nation.

Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bangalore, India. Mumbai-400 050.



# Republic Day



Dr. G. T. Tripathi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bambhā (W), Mumbai-400 855.

**Date: 26/1/19**

**No. of volunteers involved: 115**

**No. of beneficiaries: Over 150 Students/faculty got sensitized towards the contribution of the freedom fighters and the nation.**



# Bhajan Sandhya

THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

**Date: 1/10/18**

**No. of volunteers involved: 13**

**No. of beneficiaries: Over 800 Students/Volunteers got enlightened from the principles and beliefs of Mahatma Gandhi and Lal Bahadur Shastri.**



# Yoga Sadbhavana



Dr. S. T. Thorat  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

**Date:** 2/2/19

**No. of volunteers involved:** 19

**No. of beneficiaries:** Over 600 Yoga enthusiasts performed the truthful practise of Yoga and encouraged the visitors.



# Yoga Competition



Date: 20/1/19

No. of volunteers involved: 13

No. of beneficiaries: 12 **Volunteers(team) won the Yoga competition through their active participation and perfection in various Yogasanas.**

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
P.O. Box No. 108, Muvattupuzha - 686 010.







# Swachh Bharat Abhiyan

THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

Date: 3/10/18

No. of volunteers involved: 21

No. of beneficiaries:



# Residential Camp

THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE



Dr. S. T. ...  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.

**Date: 2/1/19 - 8/1/19**

**No. of volunteers involved: 66**

**No. of beneficiaries: Over 640 villagers were sensitized and benefitted from various activities performed in the Camp.**



THANK YOU!

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



**NATIONAL SERVICE SCHEME**  
**Swachh Bharat Mission- Report – 2018-19**

Activities conducted under **Swachh Bharat Mission** by the College.

\*\*Name of the College: **THADOMAL SHAHANI ENGINEERING COLLEGE**

\*\*Total students in College: **1600**

\*\* Total students enrolled in NSS: **200**

**A- REGULAR NSS ACTIVITIES:**

\_\_\_ Adopted area for **Swachh Bharat Mission** activities- mention name & exact location of the adopted area.

- ✓ College : THADOMAL SHAHANI ENGINEERING COLLEGE, BANDRA
- ✓ Slum :
- ✓ Road :
- ✓ Bus Stand :
- ✓ Seashore / Beach : JUHU BEACH, MUMBAI
- ✓ Market Place :
- ✓ Any other- specify : ADOPTED VILLAGE, COMMON STREETS OF ANANDWADI & AMBEWADI,

Description of the activities conducted in REGULAR PROGRAMME under the **Swachh Bharat Mission** at above area /

VENUE: Cleaning Of College Premises

Cleaning Of Juhu Beach After Ganpati Festival

no of Street Play conducted: \_\_\_2\_\_\_ No. of Rally organised: \_\_\_1

Approx population covered during the **Swachh Bharat Mission** Campaign in above adopted area: 650

**B- SPECIAL CAMPING PROGRAMME**

Venue : Ambewadi, Neral, District-Raigad

Duration: 2<sup>nd</sup> January to 8<sup>th</sup> January

Total Days / hours devoted for **Swachh Bharat Mission - 1day/3 hours**

Total number of student participated:- **Male:35 Female: 20 Total: 55**

Description of the activities conducted in SPECIAL CAMPING PROGRAMME under **Swachh Bharat Mission**: Cleaning Of Village Areas, Cleaning Of Common Water Bodies


Any innovative mode (ways) of **Swachh Bharat Mission** Campaign: Slogan Chant

Follow-up action/ plan for the **Swachh Bharat Mission** campaign

Publicizing the importance of cleanliness in neighbourhood, Creating mass awareness regarding proper garbage disposal and its effect on personal health.

No of Toilets constructed during the year - \_\_\_\_\_

**C- TOTAL NO. OF NSS VOLUNTEERS ATTENDED SWACHHTA OATH CEREMONY :- 79**

  
 Dr. G. T. Thampi  
 PRINCIPAL  
 Thadomal Shahani Engineering College  
 Bandra (W), Mumbai - 400 050.



NSS Programme Officer

College seal

Principal

Details of Blood Donation Camp/Collection by College NSS unit during the year 2018-19

Name of the College: - THADOMAL SHAHANI ENGINEERING COLLEGE

➤ Details of Blood Donation:-

S.N.	Date	Name of the Blood Bank	No of Bottle/ Unit Collected	Participants			Remark, if any
				Male	Female	Total	
1 <sup>st</sup> camp	4 <sup>TH</sup> October 2018	TATA HOSPITAL	150	122	28	150	
2 <sup>nd</sup> Camp	20 <sup>th</sup> October 2019	TATA HOSPITAL	108	90	18	108	

➤ The **STUDENT** donated more than **FIVE Time OR MORE**, if any

Name									
1 <sup>st</sup> Donation		2 <sup>nd</sup> Donation		3 <sup>rd</sup> Donation		4 <sup>th</sup> Donation		5 <sup>th</sup> Donation	
Date	Blood Bank	Date	Blood Bank	Date	Blood Bank	Date	Blood Bank	Date	Blood Bank
NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL

➤ The **TEACHER** donated more than **FIVE Time OR MORE**, if any

Name									
1 <sup>st</sup> Donation		2 <sup>nd</sup> Donation		3 <sup>rd</sup> Donation		4 <sup>th</sup> Donation		5 <sup>th</sup> Donation	
Date	Blood Bank	Date	Blood Bank	Date	Blood Bank	Date	Blood Bank	Date	Blood Bank
NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL

➤ Extra ordinary efforts in the field of BLOOD DONATION:-

(Increase in % of blood donation at College level/ Providing Volunteers in Railway stations for SBTC authorized Blood Donation Camp / participation of Ex- Students / Parents / Staff in the Blood Donation/ etc)

Increase in the % of blood donation at college level along with participation of staff in blood donation.

NSS Programme Officer/s



College Seal 206

Signature of Principal

# NSS Residential Camp 2018-19



**Taluka :- Karjat**

**Nearest Station :- Neral**

**Adopted Villages :-**

**Anandvadi, Ambevadi,**

**Fanasvadi, Tapasvadi,**

**Komalyadi**



Dr. G. T. Thakur  
PRINCIPAL  
The Central Board of Secondary Education  
New Delhi, India

# Daily Schedule :-

Time	Activity for volunteers
5:45 AM	Wake Up Call
6:15 AM	Assembly
6:30 - 7:15 AM	Jogging
7:30 - 8:15 AM	Yoga
8:45 - 10 AM	Breakfast
10:15	Preparing for field work
10:30 AM- 1:30 PM	Field work, Village Activity
2 - 3 PM	Lunch
3 - 4 PM	Rest time
4 - 4:30 PM	Tea Time
5 - 7 PM	Volunteers Activity, Village activity
7 - 9 PM	Activity for villagers
9 - 10 PM	Dinner Time
10 - 10:30 PM	Briefing
10:30 PM - 5 Am	Lights out

# Day 1

**Early Morning:-** Yoga Training (Daily) by **Mr. Sachit Nalskar** (P.O. NSS TSEC)

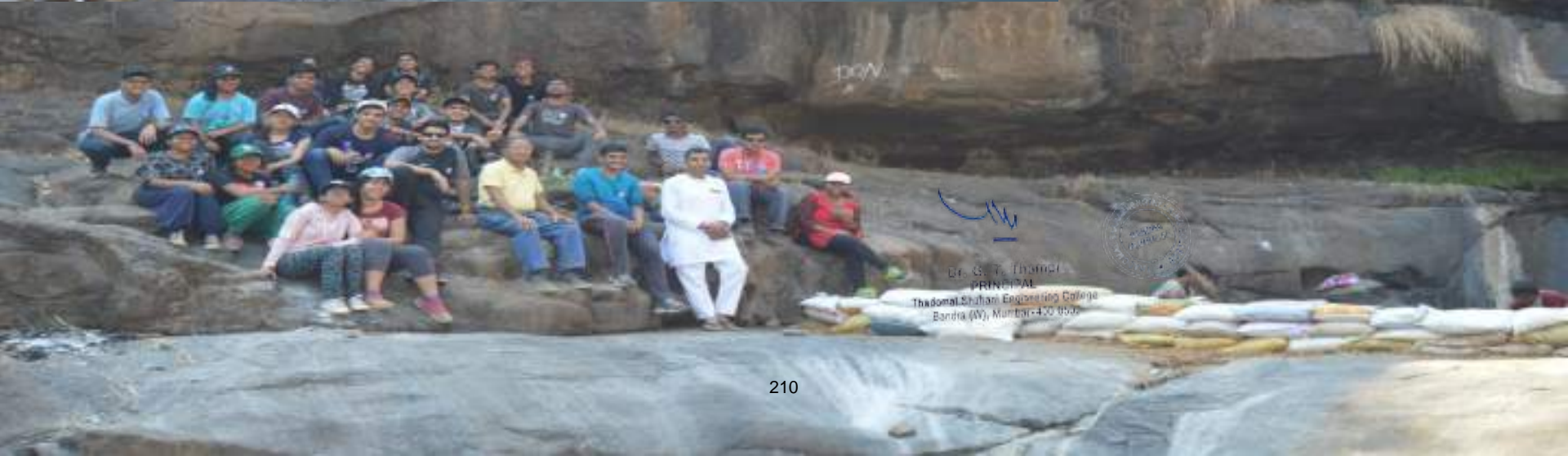



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.






# Field Work:- Desi Bandh



  
Dr. S. T. Thimmai  
PRINCIPAL  
Theadmal Sahani Engineering College  
Bandra (W), Mumbai-400 060



# Government Schemes

Various Schemes introduced by Government of India were explained and projected each night by NSS volunteers and Program Officer.



- Some of these schemes included:-
1. Pradhan Mantri Jan Dhan Yojna
  2. Mudra Yojna
  3. Pradhan Mantri Awas Yojna
  4. Krishi Sichai Yojna
  5. Ladli Lakshmi Yojna

# DAY 2

From 2<sup>nd</sup> Days onwards, volunteers were assigned with duties such as teaching kids at school, preparing students for stage events for gramostav which included skits, dance,





Also at night a debate on “Village Life vs. City Life” was arranged for volunteers to know about their perspective towards both sort of lifestyle.



# DAY 3

Another fieldwork of fencing plants was completed on 3<sup>rd</sup> day, as well as few other volunteers were indulged in teaching village kids extra curricular activities such as computer, sewing machine etc.



Dr. G. T. Thampi  
PRINCIPAL  
Sri. S. S. S. Engineering College  
(W), Mumbai-400 050.





A seminar on Women Hygiene was conducted by volunteers for the ladies and girls of village.



# DAY 4

A “Gramostav”, was scheduled for 4<sup>th</sup> day which included various activities namely :- 1. Sports for Boys, Girls even village ladies





Dr. G. T. Thampi  
PRINCIPAL  
Industrial Education Society  
Sector No. 10, Marolli, 400 022






## 2. Cultural activities such as dance, skits



# 3. Dinner for the villagers

  
Dr. G. T. Thamp  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.



# DAY 5

On 5<sup>th</sup> Day **medical check up camp** was scheduled for the villagers. They were given proper advice and guidance for their health as well as a shot time dosage for any illness or health trouble

Dr. G. T. Thamp  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 076



# DAY 6



A visit to a near by river body was planned for volunteers to rejuvenate themselves at hands of calm flowing water.



# DAY 7

A program for disaster management was held on 7<sup>th</sup> day so as to make volunteers aware of various dangerous situations and how to tackle it!



# SUMMARY

NSS TSEC camp 2018-19 was a huge success largely due to the selfless contribution of volunteers as well as due to the experienced guidance of P.O. Mr. Sachit Nalaskar and P.O. Mrs. Vandana Kadam.

This camp was an initiative to help volunteers understand the importance and dependence of cities on villages.

It helped in getting volunteers an exposure to hard working, difficult and disciplined way of rural life, also a chance to connect with the humble residents of these villages.

Thus, it was an attempt to help out these simple living people which also gave an opportunity for founding a bridge between youth of cities and people of villages was established

  
Dr. G. T. Patil  
PRINCIPAL  
Vandana Nathani Engineering College  
Baramati, Dist. Solapur

# THANK YOU!!

Dr. B. V. Prasad  
MPUSCMU  
Industrial Process Engineering Centre  
Boulder, CO, America-80502



## Report on International Day of Yog (IDY'18) Celebration in TSEC on 21/6/18

**4<sup>th</sup> International Day of Yog (IDY'18)** was celebrated in TSEC by taking efforts of the **NSS-TSEC** team, Strong support of the Principal, enthusiastic Teachers, Staff & Students.

**CYP training** was conducted by **Mr. Sachit Nalaskar**, Program Officer, NSS-TSEC, who is trained in CYP in **Kaivalyadhama** organized by the **University of Mumbai** in the first training of its kind organized with the help of the **Ministry of AYUSH** in the year 2016. Since then, IDY is celebrated in TSEC every year by conducting CYP training.

During the **first Session**, all the participants sincerely performed Yog practices and observed them within throughout. The experience of this session was apparent with visible smiles, composure and enthusiasm on the faces of all the participants.

Herbal concocted drink was served at the start. Then post first Session Refreshment was provided as A Lemon drink (non-stimulant/caffeine); Bananas & Carrot- green gram Salad to Rejuvenate for the Day; nourishment & Energy without feeling sleepy as per the Yogic culture.

**Second Session** was conducted by **BK Meena Sister**, who introduced & taught "**Rajyoga Meditation**" making participants aware of effect of Good thoughts and the way to connect our Pure Soul with the Supreme Soul, and that is Almighty.

All the Participants showed patience & enthusiasm during the IDY'18. They also showed their happiness and gratefulness for conducting such event on regular basis for the benefit of their personal wellbeing. They also suggested/requested conducting such Yog & wellbeing practices in the Institute on regular/daily basis as it helps in an individual's performance enhancement and improvement in all the activities in the Institute. The freshness and the blissful minds were shown through their bright faces suggesting the success of the event.



The Special guest, our Ex-Principal, **Prof. Krantikumar** was also present who agreed to come, attended & graced the occasion! Total number of participants was 22.

We, 'NSS-TSEC' are highly obliged towards our dear Principal, **Dr. G.T. Thampi** for constant help through his guidance, instant approvals, providing funds and motivation to all the necessities. He also motivated all by proposing to conduct such an event on continuous basis in the Institutions to benefit all.



SACHIT G. NALASKAR  
Program Officer,

**NSS-TSEC** 

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Encl: Few Glimpses of IDY'18 in TSEC in the attached pictures.



  
**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





Dr. G. T. Thamel  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



Dr. G. T. Thamel







**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





# CARDIAC ARREST RESUSCITATION SEMINAR

Date:01.03.2018

20 volunteers had come

Under the iCare initiative with Holy we had a seminar with one goal to train as many people as we can for heart emergencies.

More than 300 people attended this seminar.







# RAJANI FOUNDATION (INDIA)

Head Office: 121, Hari Niwas, Veer Makrand Ghanekar Road, Vile-Parle (East) Mumbai-400057  
( Registered under Societal Act 1860 and Trust Act 1950. Registration No: F-66492(m) )

Date: 11<sup>th</sup> September 2017

To,  
Prof. Sachit Nalaskar,  
NSS Unit,  
Thadomal Shahani Engineering College,  
Bandra (West)  
Mumbai - 400050

**Sub: Appreciation Letter.**

Respected Sir,

On behalf of Rajani Foundation India, I would like to thank and appreciate NSS Unit of Thadomal Shahani Engineering College for their presence at our event "Clean-a-thon - A Beach Cleaning Drive" on 1st September 2017 at Juhu Beach. Together, we are trying to make a difference in the society and clean-a-thon is one step among many such initiatives.

We are happy to report that over 750 volunteering students, parents, teachers, caregivers and community members had joined us for the beach cleaning initiative. The initiative could not have been possible without all our volunteers.

Once again, Rajani Foundation India thanks you for your contribution and efforts at Clean-a-thon 2017 and wishes you well for your future endeavours.

Thanking You.

Regards,

Aniket M Salvi  
President  
Rajani Foundation (India)

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.







# RAJANI FOUNDATION (INDIA)

Head Office: 121, Hari Niwas, Veer Makrand Ghanekar Road, Vile-Parle (East) Mumbai-400057  
( Registered under Societal Act 1860 and Trust Act 1950. Registration No: F-66492(m) )

18<sup>th</sup> September 2018

To,  
Prof. Vandana Kadam  
Program Officer, NSS Unit,  
Thadomal Shahani Engineering College  
Bandra (west), Mumbai-400050

Sub: Letter of Appreciation

Respected madam,

We thank you for the support extended by **NSS Unit of Thadomal Shahani Engineering College** to Cleanathon 2018, Rajani Foundation (India)'s initiative in collaboration with United For Greater Cause. TSEC NSS Unit presence at the event for beach cleaning drive demonstrates your support to a clean and sustainable environment.

Such events are but a step to a better and an inclusive society and we are pleased that we have successfully engaged the young generation in this cause.

Once again, we thank you for your support and we look forward for further association in future.

Regards,

For Rajani Foundation (India)

Prof. Aniket M Salvi  
President



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



ज्वलंत हिंदुत्वाचा पुरस्कार करणारे एकमेव मराठी दैनिक

# सामना



शेवटचं पान

## जनरेशन नेक्स्ट

शनिवार,  
दि. २ सप्टेंबर २०१७

### सामना

**गणेश** विसर्जनानंतर काळवार मूर्तीचे अवशेष, निर्मल्य, प्लेस्टिकवाच्य विसर्जना, वाटल्या पाहण्यास मिळालेले त्यामुळे गणेशा विसर्जनानंतर सुंदर समुद्रकिनारा कचरामय झालेला दिसतो हा प्रश्नाचा सारक करण्यासाठी आज मुंबईतील विविध शाळा, महाविद्यालयातील विद्यार्थ्यांनी एका जपून कचऱ्याची विलेखट सावली आणि स्वच्छतेचा अनीका संदेश अर्थात फुलपेटेड जॉर्जर शेट केस (फ्लूव्हाजीसी) यांनी आयोजित केलेल्या 'मिशन एथिंग' उपक्रमाने गणेशी विसर्जनांतर विनंते कचऱ्याचे अस्वच्छ विसावला लागले शिन्धन्कर मोठ्या प्रमाणात निर्मल्य पाहण्यास मिळते. त्यामुळे रोगासोपसरण्याची भीती असते आरोग्याच्या दृष्टीने ते घातकच पाच उद्देशाने राजी फाऊंडेशन आणि फुलपेटेड जॉर्जर शेट केस या संस्थेची संयुक्तपणे हा उपक्रम हाती घेतला उपक्रमासाठी शाळा-महाविद्यालयातील विद्यार्थ्यांचे पांगला परिश्रम मिळाला. त्यामुळे पाच तपारीनीशी अनंत पशुधर्मसाठीही तरणाई सज्ज झाली आहे.



## विसर्जनासाठी सज्ज

**उत्सव साजरे करताना पर्यावरणाचा हानी नको**  
स्वच्छतेच्या दृष्टीने समाजात संदेश देण्याचा आमचा उद्देश आहे. सोशल स्वॉट्चर तरणाईने फाऊ फोस्ट शोअर करण्यासाठी प्रत्यक्ष स्वच्छतेच्या दृष्टीने पाहिले उपलब्धताची नितंत मरज आहे त्यासाठी मुंबईच्या विविध शाळा-महाविद्यालयांचे वेलिमेन सहभागी होण्याचे आवाहन केले होते त्यावरून सहस्रोच्य वर विद्यार्थी या उपक्रमामध्ये सहभागी झाले होते आज समुद्रकिनार्यावर पीओपीच्या गणेशीचे अवशेष मोठ्या प्रमाणात मिळाले. सग साजरे करायलाच होते, पण त्याने पर्यावरणाचा हानी पोहोचवण नही पाहिले सध्या आपण हो हे खरेच

॥ रूपेचा धोसाळकर, राजनी फाऊंडेशन

### विसर्जनानंतरही जबाबदारी उरतेच

आमच्या उपक्रमाने तिसरे वर्ष अजून सुरुवातीला विसर्जी या उपक्रमात सहभागी झाले होते लोकाना वाटतं सज्जगी जणूच, विसर्जना झाले की आपली जबाबदारी संपते तसे नाही आहे हे साधना घ्यावता हवे. तरणाई सावलीची विसर्जीचे अवशेष आहे उपक्रमात सहभागी झालेल्या विद्यार्थ्यांनी स्वच्छतेचा संदेश देत खूप परिश्रम मिळाला आमच्या तरणाईने उपक्रमात सहभागी होण्याचा आग्रह करत आहोत. या उपक्रमासाठी तरणाई, विद्यार्थ्यांनी उत्तम प्रतिश्रम दिव्यामुळेच हा उपक्रम यशस्वी झाले

॥ शिकम पेडणेकर, तरणाईची

### नवीन गोष्टी शिकले

खरं तर मी कधी अजून घळारच्या उपक्रमांमध्ये सहभागी झाले नव्हते. मस्त आणि पहिलाच अनुभव होतच स्वच्छती वीकरण आम्हाला केला तिचे पाहण्यासाठी वाटत नव्हतं पण शेवट ते स्वच्छ केला केला तिचून निघवसं वाटत नव्हतं

॥ वंदना अर्बि, उष मिश्रा इन्स्टिट्यूट ऑफ टेक्नॉलॉजी



### समाधान वाटले

अनुभव खूप सान होता मी भावस कोलेजची विद्यार्थिनी आहे शिवाय या तुपाची संदर्भ आहे हा उपक्रम करताना मजा आली या उपक्रमाने भवण्यासाठी स्वच्छता किती घ्यावची आहे याची जाणवणूती होती आपली वैयक्तिक सोयी अजूनच काळी पहिले हेही समजते नवीन जोड्याची झाल्या असतच झालेला वीच स्वच्छ पाहून समाधान वाटते

॥ गीता कवय, भावस विद्यार्थिनी



संजीवनी धुरी-जाघव

एक चक्रवर्त  
 मुंबई, रविवार १ सप्टेंबर २०१७  
 www.babakal.org

## राम रहिमच्या डेरा मुख्यालयात सैन्य घुसले

१ दिवसात  
 प्लास्टिकच्या बोटा काढल्या  
 बराच अज्ञेयतेने सैन्यदल घात  
 दिवस, सप्टेंबर २७, विना सैन्याची  
 ज्ञेयतेने, डेरा घुस घेतली  
 अनेक डेरावादी आतंरी काढली  
 प्लास्टिकची घड्यांघड्या काढली  
 ज्ञेयतेने, प्लास्टिक घुसल्याबाबत  
 डेरा सैन्यातून सैन्यातून आतंरी  
 ज्ञेयतेने आतंरी ज्ञेयतेने

स्वतः कडून सिनामा कडे...



१०



मुंबई, रविवार दि. १ सप्टेंबर २०१७

## मुंबई विद्यापीठात युवा महोत्सव

४२ स्पर्धा, २६८ महाविद्यालयांचा सहभाग



मुंबई, २७ सप्टेंबर. मुंबई विद्यापीठात युवा महोत्सव आयोजित करण्यात आला आहे. या महोत्सवात ४२ स्पर्धा, २६८ महाविद्यालयांचा सहभाग आहे. या महोत्सवात युवा विद्यार्थ्यांनी आपले कौशल्य दाखवण्याची संधी मिळाली आहे. या महोत्सवात युवा विद्यार्थ्यांनी आपले कौशल्य दाखवण्याची संधी मिळाली आहे.

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## शेकडो विद्यार्थ्यांचा 'क्लीन-अ-थॉन'



मुंबई, २७ सप्टेंबर. शेकडो विद्यार्थ्यांनी 'क्लीन-अ-थॉन' (Clean-A-Thon) या उपक्रमात सहभाग घेतला आहे. या उपक्रमात विद्यार्थ्यांनी आपले कौशल्य दाखवण्याची संधी मिळाली आहे. या उपक्रमात विद्यार्थ्यांनी आपले कौशल्य दाखवण्याची संधी मिळाली आहे.

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**UNIVERSITY OF MUMBAI**  
**NATIONAL SERVICE SCHEME UNIT**

**Annual Report on NSS Activities for the Year : 2018 -2019 (Progressive)**

- Name of the College : Thadomal Shahani Engineering College.
- Details of NSS Programme Officers:

Sr	Name of the NSS Programme Officer	Male / Female	Trained Untrained (Completed NSS Orientation)
1	SACHIT NALASKAR	M	Yes
2	VANDANA KADAM	F	No

- Date of Meeting of College Advisory Committee:

First Meeting- : 1st Sept., 2018  
Second Meeting- : 13<sup>th</sup> Dec. 2018

- Total No of Student in Senior College : 1600
- Total No of Students Volunteers in NSS: 200
- NSS Students Enrolment : Male- 116 Female- 84 Total - 200
- No of villages adopted : 5
- No of participant of Special Camp: Male -35 Female - 24 Total - 59
- Details of Blood Donation:- Please attach List of Blood Donors along with blood group

S.N.	Date	Name of the Blood Bank	No of Bottle/ Unit Collected	Donors			Remark, if any
				Male	Female	Total	
1 <sup>st</sup> camp	4 <sup>th</sup> Oct. 2018	Tata hospital	150	122	28	150	Rejection: 61
2 <sup>nd</sup> Camp	20 <sup>th</sup> Feb. 2019	Tata hospital	108	90	18	108	Plus 5 Donors Rejection: 49


- Tree Plantation

No. of saplings/trees planted	No. of NSS Volunteers involved		
	Male	Female	Total
75	29	25	56

- Education & Health Awareness/ Camps Programme if any :

Activity	No of Programme /camps/ activity organized	No. of NSS Volunteers involved			No. of Beneficiaries/ Output
		Male	Female	Total	
Disaster Management Training	1	35	24	59	
Self Defense Training for Girls					
School Dropout Survey conducted if any					No of children's enrolled in School-
Road Safety Campaign/ Camp					
Yoga Training / Demonstration if any	IDY'18	16	9	25	

	Yoga Training at MU	1	1	2	2 & Created Awareness in College and residential areas	
	Yoga Training during Res. Camp	30	22	55	55 Learnt Yoga as per CYP	
	Yoga Training at RD National College	6	5	11	11	
	Yoga Competition (HSNC)	6	5	11	11 IInd Position: 1 Vol. IInd Position: Team	
	Yoga Competition (MU)	6	0	6	6th Position: Team	
	Yog Sadbhavana	5	3	8	Awareness of Gandhian thoughts	
Pulse Polio Immunization					Beneficiaries-	
Eye check-up camps					Beneficiaries-	
Health Camps/Dental		Thalassemia check up	25	20	45	Beneficiaries- 66
		Health Camp	35	24	59	132 Villagers
Prevention of Diseases (Awareness)	Rallies					
	Organizing functions	Women Personal Hygiene	0	25	25	110 Women
	Street Plays	2	35	24	59	200 Villagers
	Door-to-door Campaigns	1	35	24	59	200 Villagers
	Distribution of IEC Materials	Sanitary Napkins distribution	0	24	24	110 Women
	Distribution of iron and/folic Acid Tablets					
	Facilitating institutionalized Deliveries of women					
<b>Swachha Bharat, People's involvement and sustainability</b>						
Swachha Bharat Abhiyan	Cleaning of school	1	26	18	44	125 School Children
	Cleaning of College	1	12	08	20	Awareness in College & Cleaned Campus
	Cleaning of Offices complexes, toilets & garbage of District & zonal Office					
	Cleanliness drive to clean street and common places	1	35	20	55	300 Villagers 25 participated
	Motivation resulting into construction of toilets					
	Maintenance & repair of cremation grounds and play grounds					

  
 Dr. G. T. Thampi  
 PRINCIPAL  
 Theadmal Shubani Engineering College  
 Bandra (W), Mumbai-400 050.

Defecation Free Campaign: Motivation resulting into construction of Toilets/ activity for construction of toilet	Covered in Street Play	12	08	20	1)No of toilets or pits – 2)No of Villages made defecation free- 3)Beneficiaries-
Activity	No of Programmes /camps/ activity organized	No. of NSS Volunteers involved Male Female Total			No. of Beneficiaries/ Output-
Farmer Centric/ Agriculture based activity like organic farming any demonstration /training if any ( pl mention activity)	Screening of Natural Farming Methods	12	04	16	Beneficiaries- 80 Villagers approx.
Programmes on Conservation of water/ Water Harvesting/ watershed development					1)No of water bodies/conservation structure – 2)Beneficiaries-
Shramadan Programme					
Energy Efficiency and Conservation , Employment Generation Strategies,					
Activity	No of / camps/ activity any organized	No. of NSS Volunteers involved Male Female Total			No. of Beneficiaries/ Output
Program on energy efficiency/ conservation ( pl mention activity)	Deployment of super Efficient Appliances				
	Promoting use of solar Energy				
	Energy conservation- a people's Movement (led Bulb sale campaign)				
Programmes on Employment Generation Strategies/ career Counselling	Lecture; Skit & Presentation	25	10	35	160 Villagers Approx.
Skill Development Training	Lecture & Presentation	8	4	12	120 Villagers Approx.

17 Organization-Any Major activities at University level/District level if any

Name of Activity programmes	Venue of programme	Date/Period	Participants			Outcome or Beneficiaries
			Male	Female	Total	

18 NSS Success Stories of NSS in College during the current Year if any –

1. Conducted **4 Health related events**. Two blood donation drives, Thalassemia checkup and One Cardiac Arrest Resuscitation training program.
2. Have had great response on the Cardiac Arrest Resuscitation training with more than 300 enthusiastic attendees including NSS volunteers.
3. Organized a “**GRAMOTSAV**” in adopted village during camp, sports & cultural program followed by dinner taken by 500 villagers.

NSS Programme Officer/s

Seal

Principal



Dr. G. T. Thampi  
PRINCIPAL

Theedomal Shuhani Engineering College  
Bandra (W), Mumbai-400 059.



## Extension Activities for A.Y 2017-2018



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.







# CARDIAC ARREST RESUSCITATION SEMINAR

Date:01.03.2018

20 volunteers had come

Under the iCare initiative with Holy we had a seminar with one goal to train as many people as we can for heart emergencies.

More than 300 people attended this seminar.



Dr. G. S. Thakral  
PRINCIPAL  
Madhavlal Shyam Engineering College  
Bandra (W), Mumbai-400 054.



**Date: 21<sup>st</sup> June, 2017**

**Report on International Day of Yog (IDY'17)**

Thadomal Shahani Engineering College (TSEC) observed "International Day of Yog"(IDY'17) today on 21/06/2017. National Service Scheme unit of the college, NSS-TSEC has organized today's event. On 19 June 2017 at 8:08:20 PM IST, we received direction by the All India Council for Technical Education (AICTE) by E-mail to observe this day. We deputed Mr. Sachit G. Nalaskar, Program Officer of National Service Scheme (NSS) unit of our college (NSS-TSEC), who had undergone Yog training at various institutions and Training conducted by Ministry of AYUSH in the past. So, on a short notice, this day is celebrated by the Teachers on duty as well as by NSS Student Volunteers.

Although University Exams are completed on 15<sup>th</sup> June 2017, and during present vacation, the Five NSS student volunteers have contributed in organizing of this event voluntarily and actively participated in the Yog Training followed by the IDY'17 celebration along with the Faculty on duty.

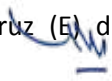

The Common Yoga Protocol (CYP) training designed by Ministry of AYUSH as well as "UPA YOGA" Practices designed by the Isha Foundation for the purpose of IDY'17 Celebration are taught on the PowerPoint presentation and Videos to undertake the guided Yogic practices.

Brahmakumari Smita Didi from Prajapita Brahmakumari, Bandra Centre, who teach and follow Rajyoga Meditation, came and briefed about Rajyoga Meditation and conducted a session also on it. She elaborated the difference between the physical Yogic Practices and Meditation and their effect on Human Body, Mind and Health.

All the participants were delighted on observing the Yogic practices, Mediation, observing the inner self (breath & body) to begin the journey towards Human Consciousness. The conscious actions are very much required for the Global harmony, Peace and Realization of importance of sustainable development in the view of present environmental issues.

As many Teachers were on vacation leave and so at their native places, they could not attend the event, so on their request, many more such events for teaching the Yog is being organized by NSS-TSEC with the help of Kaivalyadham and Yoga Institute, Santacruz (E) during the current academic year 2017-18.

**Mr. Sachit G. Nalaskar**  
(P.O., NSS)  
TSEC

  
  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050  
**Dr. G.T. Thampi**  
(Principal)  
TSEC



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.







# University of Mumbai

## Certificate of Participation

This is to Certify that Dr./Mrs./Mr./Ms. Sachit G Nalaskar  
of Thadomal Shahani Engg College Bandra

has actively participated in the *"Teachers' Training : Regional Workshop for International Day of Yoga"*  
Jointly Organized by University of Mumbai, Kaivalyadhama & Ministry of Ayush  
from on May 23<sup>rd</sup> to 29<sup>th</sup>, 2016, at ICYHC, Kaivalyadhama, Marine Drive, Mumbai-400002.

**Shri. Subodh Tiwari**  
Chief Co-ordinator  
International Day of Yoga, 2016  
Kaivalyadhama

**Sanjay V. Deshmukh, PhD**  
Vice-Chancellor  
University of Mumbai  
Mumbai

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





## Report on International Day of Yog (IDY'18) Celebration in TSEC on 21/6/18

4<sup>th</sup> International Day of Yog (IDY'18) was celebrated in TSEC by taking efforts of the NSS-TSEC team, Strong support of the Principal, enthusiastic Teachers, Staff & Students.

CYP training was conducted by **Mr. Sachit Nalaskar**, Program Officer, NSS-TSEC, who is trained in CYP in **Kaivalyadhama** organized by the **University of Mumbai** in the first training of its kind organized with the help of the **Ministry of AYUSH** in the year 2016. Since then, IDY is celebrated in TSEC every year by conducting CYP training.

During the **first Session**, all the participants sincerely performed Yog practices and observed them within throughout. The experience of this session was apparent with visible smiles, composure and enthusiasm on the faces of all the participants.

Herbal concocted drink was served at the start. Then post first Session Refreshment was provided as A Lemon drink (non-stimulant/caffeine); Bananas & Carrot- green gram Salad to Rejuvenate for the Day; nourishment & Energy without feeling sleepy as per the Yogic culture.

**Second Session** was conducted by **BK Meena Sister**, who introduced & taught "**Rajyoga Meditation**" making participants aware of effect of Good thoughts and the way to connect our Pure Soul with the Supreme Soul, and that is Almighty.

All the Participants showed patience & enthusiasm during the IDY'18. They also showed their happiness and gratefulness for conducting such event on regular basis for the benefit of their personal wellbeing. They also suggested/requested conducting such Yog & wellbeing practices in the Institute on regular/daily basis as it helps in an individual's performance enhancement and improvement in all the activities in the Institute. The freshness and the blissful minds were shown through their bright faces suggesting the success of the event.

The Special guest, our Ex-Principal, **Prof. Krantikumar** was also present who agreed to come, attended & graced the occasion! Total number of participants was 22.

We, 'NSS-TSEC' are highly obliged towards our dear Principal, **Dr. G.T. Thampi** for constant help through his guidance, instant approvals, providing funds and motivation to all the necessities. He also motivated all by proposing to conduct such an event on continuous basis in the Institutions to benefit all.



SACHIT G. NALASKAR  
Program Officer,

NSS-TSEC 



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Encl: Few Glimpses of IDY'18 in TSEC in the attached pictures.



  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.







*Dr. S. J. Thakur*  
Principal  
Thakomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





**Dr. G. T. Thampi**  
**PRINCIPAL**  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





## **NATIONAL SERVICE SCHEME (NSS)**

# **THADOMAL SHAHANI ENGINEERING COLLEGE A.Y. 2017-2018**





# ORIENTATION

Date: 9.08.17

128 volunteers had come  
Provided knowledge on NSS  
programme, activities,  
organizing NSS camps and  
special camps, Life Skills,  
Team Building, Leadership,  
Village adoption

Dr. G. ...  
Principal,  
Thadomal Shahani Engineering College  
Bandra (W) ...







# INDEPENDENCE DAY

Date: 15.08.17

80 volunteers had come.

Remembrance to those fighters who laid down their lives so that our country could breathe this day. Never forget their sacrifice.

Volunteers got to know the importance of this day and how you should keep the patriotic feeling ON for INDIA





# NADI ABHIYAAN

Date:01.09.2017

More than 70 volunteers had come.

We Created awareness about this campaign ,explained to people the causes of river depletion.





# BEACH CLEANING

Date:01.09.2017

This year NSS-TSEC celebrated Ganesh Chaturthi in a different way.

40-50 Volunteers successfully completed the cleanliness drive at Juhu Beach.





# FORT CLEANING

Date:17.09.2017

More than 100 volunteers had joined their hands for this.

Garbage and waste products at Tourist spots decreases the value and importance of the national heritage.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Volunteers picked up all the garbage and waste in the route to the fort and was later discarded properly.

This way the beauty of our national heritage was retained





# RALLY FOR RIVERS

Date: 18.09.2018

20 Volunteers had come.

Dr. G. T. Thampi  
Principal  
Thakral Shiksha, Engineering & Technology  
Bandra (W), Mumbai-400 050.

It was an awareness and celebration event for the rally of rivers. Many famous celebrities came to the event to show their support and spread awareness about ISHA Foundation's Idea of Rally for rivers.





# YEH INDIA KA TIME HAI

Date:23.09.2017

10 Volunteers attended the event

We had session for the youth based on the theme New India 2022.

After that we had a Concert by Rock Bands.





# JOY OF GIVING

Date: 25.09.2017 (1 week) & 22.01.2018 (1 week)  
80 Volunteers

We collected dozens of school and college books, pens also we collected clothes for the needy people and donated all the collected items to Mesco foundation for use by the needful.

Dr. G. T. Thampi  
PPF, MESCO  
Mudaliar Chattram, 10/1, G. B. Road,  
Bandra (W), Mumbai-400 050.





# SWACHATA RALLY

Date:02.10.2018

20 Volunteers had come

With aim to increase cleanliness in the society we joined the rally that was started in the honor of Mahatma Gandhi.

After the event there was significant increase in cleanliness in our locality







# BLOOD DONATION DRIVE

Date: 5.10.2017 & 07.02.2018

More than 100 volunteers worked for both the BDD.

With Lokmanya Tilaka MG Hospital and Tata Hospital DTM we collected 121 and 109 blood units to facilitate availability of blood for the cancer patients.

Also we got 170 people checked for Thalassemia minor out of which 4 were detected with Thalassemia minor by Transasia Bio-Medicals Ltd.

*Dr. P. T. Thakur*  
Thalassemia Screening Centre  
Bandra (W), Mumbai - 400 050.





# PAPER BAG DISTRIBUTION

Date: 25.08.2017 to 06.03.2018

20+ Volunteers were involved in this project.

With the aim of reducing plastic bags, we took the initiative to reuse old newspaper and make paper bags of it which can be used to carry small items. We donated couple of 1000s of paper bags in our local adopted area to vegetable vendors and grocery/medical shops.





# RESIDENTIAL CAMP

Date: 02.01.2018-9.01.2018

45 volunteers

FIELD WORK : The dam at Anandwadi was broken during the heavy rains of 26th July, 2005. Our volunteers with the help of the villagers covered up the damage.





- Health check up was done in the village for betterment of villagers and Bandh was made to avoid seepage of water.

Dr. G. T. Thampi  
PRINCIPAL  
Theadomal Shahani Engineering College  
Bandra (W), Mumbai-400 059.





- A cleanliness drive (Swachata Abhiyann) was also organized during the camp.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# SAVE WATER SAVE ELECTRICITY

Date:01.02.2018 to 06.03.2018

15 Volunteers joined this cause.

This year NSS TSEC took a project to increase the awareness of Saving Water and Electricity.

In this project we tried to convey this message with help of some posters.

Dr. S. S. Sharma  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.



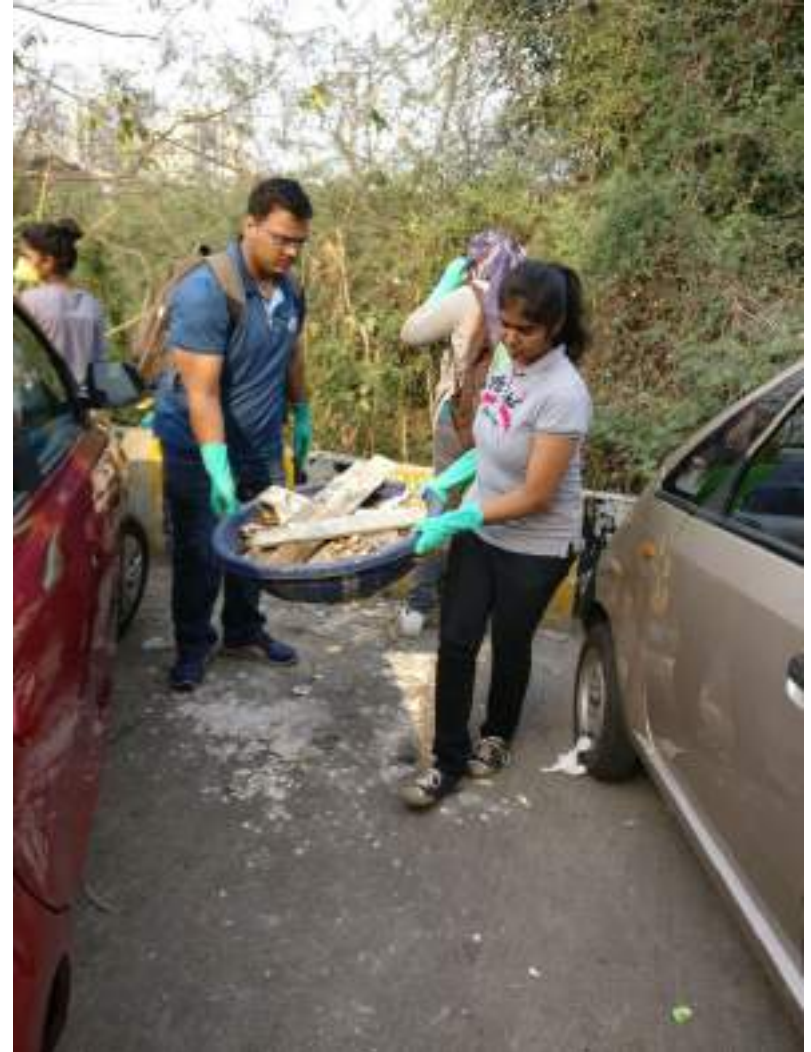
271





# SAVE MANGROVES SAVE MUMBAI

Date: 10.02.2018 to 24.03.2018  
20 Volunteers joined this cause.  
The aim of this campaign was  
environment protection,  
restoration of mangroves in  
Mumbai









# HELPING GOVT. IN DIGITIZATION

Date: 24.02.2018 to 10.04.2018

Dr. G. T. Thampi  
PRINCIPAL  
Theodora Shahani Engineering College  
Bangra (W), Mumbai - 400 050.

80 Volunteers joined us

In this initiative we took up a data entry level job and helped the income tax Dept. in digitizing their records.

More than 3000 files were digitized during this time.







# CARDIAC ARREST RESUSCITATION SEMINAR

Date:01.03.2018

20 volunteers had come

Under the iCare initiative with Holy  
we had a seminar with one goal to  
train as many people as we can for  
heart emergencies.

More than 300 people attended this  
seminar.





## Extension Activities for A.Y 2016-2017



Dr. G. T. Thampi  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai -400 050.



**NSS- A SCHEME BY THE GOVERNMENT FOR THE PEOPLE, OF THE PEOPLE, BY THE PEOPLE.**

The National service scheme of Thadomal Shahani Engineering College (NSS-TSEC) 2016-17 basked into the 19<sup>th</sup> year of its community service and this year too it fulfilled its objective of “Personality Development through Community Service” with flying colors.

Our journey for tenure 2016-2017 started with membership drive where students were educated, enlightened and motivated to join our hands and enroll for this noble cause; as together we serve better.

**Welcome and Orientation-** In order to create a feeling of togetherness in this noble cause; an orientation program was arranged where the volunteers were welcomed and a briefing of all the projects/activities to be carried out was done.

**Independence Day-** We celebrated our 69<sup>th</sup> Independence Day with great pomp and a spirit of patriotism was filled in each heart present there; hoisting the flag, singing our national anthem and saluting our freedom fighters who gave us Independence.

**Monsoon Trek-** A beautiful scenic place near Matheran to explore in monsoon with its lush green vegetation, flora and fauna at a height of 2400 ft above sea level was a feat to accomplish, giving a feeling of heaven on earth to every person reaching at the top and a satisfaction of being a part of this TREK.

**AS FOOD TASTES BLAND WITHOUT PINCH OF SALT SO IS COMMUNITY, BLAND WITHOUT ITS SERVICES!**

We further conducted many projects like Assisting a blind child, Teach to Preach, Joy of Giving and also we were associated with team Proinnovate as creative, publicity and volunteer partners for the Kabad Ka Jugaad. Following the lead of our Prime Minister Shri Narendra Modi; we had conducted Swacch Bharat Abhiyaan at our previous adopted village Belkadi (Vasai Road), besides Voting rally pre BMC elections, Organ Donation awareness drive, Paper Bag distributions to name a few.

As the trend continues, Blood Donation Drives were conducted in each semester by TATA Memorial Department of Transfusion Medicine and we collected a total of 259 blood units donated by our enthusiastic students and teachers in the campus.

We also had Thalassemia checkup where students were screened for Thalassemia trait.

Coming to the most awaited project of the year, **NSS Residential Camp**, with Anandwadi at Matheran foothill as our present adopted village; where each and every volunteer experienced the rural/village life and their day to day struggles.

  
Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



At the camp we constructed a small Bandh (dam) at waterfall site of Anandwadi that would prevent water seepage/loss. We also received appreciation from villagers and the same of covered by media i.e local newspaper. Other projects in the camp were Mass awareness campaign through street play, Disaster management workshop, Cleanliness drive. Also we had organized a Health checkup from Rotaract club of Caduceus. Also villagers from surrounding villages joined for the same.

Our other projects included Dental Checkup by My Dentist and Mass awareness program at Intercollege level titled as “Sena Tujhe Salam”.

With the journey of this year coming to end; we NSS-TSEC, continue to strive to bring a positive change and to make the society a better place to live and NOT forgetting to believe in our motto – “NOT ME BUT YOU”

#### **NSS-Programme Officer’s Message:-**

The global community has realized now the importance and necessity of inclusive development by now. By taking care and including people from different backgrounds, we can have an overall progress and development of the destitute community globally. It is just not fair to enjoy all luxuries of life by the rich in the same town where the poor do not afford a meager shelter or even a food to eat. If we do not realize this even now, then, understand the present situation of European countries, how are they now affected by the variety of problems due to hordes of migrants pouring in as a globally ignored community. The government, non-government and corporates around the world have recognized this and sparing huge amount of stakes for community development groups, startups and the concerned enterprises. Many NSS-TSECites are joining this trend as a fulltime career or are preferred in the campus placements by the companies. So, come and join **NSS-TSEC** to experience & be a part of this contemporary flavor of the global community.



SACHIT G. NALASKAR  
Program Officer,  
**NSS-TSEC**

Dr. G.T. Thampi  
(Principal)  
**TSEC**



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



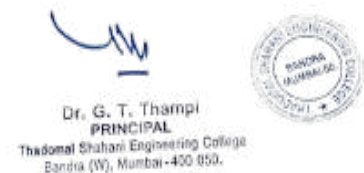


**NATIONAL SERVICE SCHEME (NSS)**

**THADOMAL SHAHANI ENGINEERING  
COLLEGE**

**B-06**

**A.Y. 2016-2017**



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.





# ORIENTATION

Date:11.08.16

85 volunteers had come

Provided knowledge on NSS programme, activities, organizing NSS camps and special camps, Life Skills, Team Building, Leadership, Village adoption.





# INDEPENDENCE DAY

Date: 15.08.16

110 volunteers had come.

Remembrance to those fighters who laid down their lives so that our country could breathe this day. Never forget their sacrifice.

Volunteers got to know the importance of this day and how you should keep the patriotic feeling ON for INDIA.





# ORGAN DONATION RALLY

Date: 31.08.2016

35 volunteers

Perhaps the only feasible way at immortality. You might pass away, but your precious gift still alive in the bodies of the needy. Keeping this spirit in mind, the University of Mumbai conducted an organ donation rally.

Dr. G. T. Thakur  
PRINCIPAL

Thadomal Shahani Engineering College  
Bandra (W), Mumbai - 400 050.





# YOGA DAY

DATE:20,21.06.16

25 volunteers were present per day.

The way mobile phone has become a part of life, you can make Yoga a part of your life too.

Volunteers felt their inner self, their mind and body together and felt the inner peace.





# FORT CLEANING

Date:04.09.2016

More than 100 volunteers had joined their hands for this. Garbage and waste products at Tourist spots decreases the value and importance of the national heritage.

Volunteers picked up all the garbage and waste in the route to the fort and was later discarded properly.

This way the beauty of our national heritage was retained.





# BEACH CLEANING

Date: September after Ganesh Chaturthi ended.

This year NSS-TSEC celebrated Ganesh Chaturthi in a different way.

42 Volunteers successfully completed the cleanliness drive at Juhu Beach.





# SWACHH BHARAT ABHIYAAN

Date:02.10.2016  
18 Volunteers.

We conducted swachh bharat abhiyaan, cleanliness drive in our adopted village.

Volunteers with the help of local support cleansed the area and turned the area to more hygienic place.





# DENTAL CHECKUP

Date:28.09.2016

60 volunteers.



Dr. G. T. Thampi

PRINCIPAL

Government Engineering College,  
Baroda (Gujarat)



100+ college students and staff members were checked.

Association with MyDentist, NSS-TSEC had a successful Dental Checkup Drive.







# JOY OF GIVING



Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



Date: 26.09.2016 (1-2 weeks)  
70-80 Volunteers

We collected dozens of school and college books also we collected clothes for the needy people and donated all the collected items to Mesco foundation for betterment of poor people.





# BLOOD DONATION DRIVE

Date: 6.10.2016 & 8.02.2016

More than 100 volunteers worked for both the BDD.

With Tata Hospital DTM we collected 127 and 132 blood units to facilitate availability of blood for the cancer patients.

Also we got 156 people checked for Thalassemia minor by Think foundation.





# TEACH TO PREACH

Duration: 4-5 weeks total in both semesters.

20-30 poor kids were taught.

There are many kids who don't get opportunity to get education, we gathered kids from our adopted area and taught them some basic education required at their age. Many volunteers came forward for betterment of these kids.





# VOTER AWARENESS RALLY

Date: 6.02.2016

20+ Volunteers

Rally was conducted in Bandra.

Aim to increase voting percentage and create awareness of voting rights of a citizen before the schedule BMC Elections.

Significant increase in voting count was seen in voting poles.





# KABAAD KA JUGAAD

Date:18.9.2016-2.10.2016

65+ volunteers were involved.

We collected waste materials from our adopted area and converted them into beautification objects. Which were used in kabad ka jugaad project to change the mind of the population towards waste products.



PRESENTING TO YOU OUR  
CREATIVES AND PUBLICITY  
VOLUNTEERS PARTNER



kabaad ka  
jugaad  
MUMBAI '16

THADOMAL SHAHANI  
**TSEC**  
ENGINEERING COLLEGE

An Environmental project by **PROINNOVATE**  
The Kabaad Mela - 30th Sep to 2nd Oct, 1pm to 9pm  
Dublin Square, Phoenix Marketcity, 185 Marg, Kurla (W)



# PAPER BAG DISTRIBUTION

Date: Mid September to Mid February  
30+ Volunteers were involved in this project.

With the aim of reducing plastic bags, we took the initiative to reuse old newspaper and make paper bags of it which can be used to carry small items. We donated couple of 1000s of paper bags in our local adopted area to vegetable vendors and grocery/medical shops.





# RESIDENTIAL CAMP

Date: 02.01.2017-10.01.2017  
35 volunteers

**FIELD WORK :** The dam at Ambevadi was broken during the heavy rains of 26th July, 2005. Our volunteers with the help of the villagers covered up the damage.



Dr. G. T. Thampi

Principal, Pimpri Chinchwad Education Trust  
Pimpri Chinchwad Education Trust  
Bangalore, Mumbai-400 004





# RESIDENTIAL CAMP

Health check up was done in the village for betterment of villagers and Bandh was made to avoid seepage of water, and many other activities during the Camp.





# THANK YOU



A handwritten signature in blue ink, appearing to read 'G. T. Thampi'.

Dr. G. T. Thampi  
PRINCIPAL  
Thadomal Shahani Engineering College  
Bandra (W), Mumbai-400 050.



# आंबेवाडी सिमेंट बंधारा केला विद्यार्थ्यांनी खुला

। श्रमदानाचा चमत्कार । २००५ पासून होता बंद । परिसरात समाधान

। कर्जत : नेरळ हद्दीतील आंबेवाडी भागातील सिमेंट बंधान्या रासेयोच्या विद्यार्थ्यांनी स्वच्छता केल्याने समाधान व्यक्त होत आहे. माथेरानच्या डोंगरातून वाहून आलेल्या मातीत गाडला गेलेल्या या बंधान्याने श्रमदानातून केलेल्या कामामुळे मोकळा श्वास घेतला आहे. परिसरात अनेक आदिवासी वाड्या असून त्यात माथेरानच्या पायथ्याशी असलेल्या वाड्यांची संख्या जास्त आहे.

२००५ च्या पावसाळ्यात येथे मोठ्या प्रमाणात भूस्खनन झाले होते. त्यावेळी डोंगरातील माती आणि दगड हे पायथ्याशी येऊन थडकले. त्यात अनेक सिमेंट बंधारे माती, दगडांनी भरून गेले. आंबेवाडी येथील सिमेंट बंधाराही मातीत भरून गेल्याने आदिवासींच्या पाण्याचा प्रश्न निर्माण झाला होता. ५० मीटर लांबीच्या परिसरात माती गाडली होती. त्याची स्वच्छता करणे ग्रामस्थांना शक्य नव्हते.

येथे शॅडोमल सहानी अभियांत्रिकी महाविद्यालयाचे राष्ट्रीय सेवा योजनेचे विद्यार्थ्यांचे श्रमसंस्कार शिबिर आयोजित करण्यात आले होते. यामध्ये विद्यार्थ्यांनी श्रमदान करून मातीत गायब



झालेला बंधारा स्वच्छ करण्याचा निर्णय घेतला. यामध्ये ग्रामस्थांसह ग्रामपंचायतीचे कर्मचारी सहभागी झाले होते. ५० विद्यार्थ्यांच्या सहकार्याने ग्रामस्थांनी या बंधान्याची स्वच्छता केली आणि २००५ पासून मातीत गाडला गेलेला बंधारा खुला केला. यावेळी ग्रामपंचायतीचे सदस्य मंगेश म्हसकर, आदिवासी संघटनेचे कर्जत तालुका

अध्यक्ष जैतु पारधी यांच्यासह सदा दरवडा, नामा पारधी, देहू दरवडा, मनीष दरवडा, हरी दरवडा, संजना दरवडा, सखू पारधी, कमळी पारधी यांनी पुढाकार घेतला. बंधारा खुला झाल्याने त्यात आता पाणी साचायला सुरुवात होईल. त्यामुळे नवे पाण्याचे स्रोत निर्माण होईल. या कामामुळे परिसरात समाधान व्यक्त होत आहे.

