

Event Name: Healthcare Workers Week

Avenue: International Service

Event Date: 29/08/2023

Number of Attendees: 12

Venue: Bhabha Hospital, Bandra West

Aim: Celebrating Healthcare Workers Week by distributing thank you cards and letters to doctors and nurses at Bhabha Hospital.

Groundwork & Flow of Event:

The *Rotaract Club of Thadomal Shahani Engineering College* organized a heartwarming event to celebrate the continuous efforts put in by healthcare workers on the occasion of Healthcare Workers Week.

17 Aug, 23: Rtr. Divya Sakharwade and Rtr. Sunina Hebbar came up with the idea to express our gratitude towards healthcare workers who have worked tirelessly to protect our well-being, especially in difficult times. We recognized these frontline warriors' dedication and sacrifice and were motivated to lend our support.

23 Aug, 23: Rtr. Divya Sakharwade and Rtr. Sunina Hebber obtained the necessary permissions and coordinated with Bhabha hospital in Bandra.

29 Aug, 23:

The occasion began with healthcare providers receiving meaningful thank-you cards personally made by our team. These cards represented the great respect and trust that our community has for them.

As healthcare professionals received these cards, each with a personalized message of gratitude, the mood was filled with warmth and admiration. This modest yet powerful gesture not only represented togetherness but also expressed our appreciation for their heroic commitment.

Following that, the occasion devolved into meaningful conversations, further cementing the bonds between our community members and healthcare heroes.

As the event came to a close, a group photo was taken to capture the smiles and shared moments, acting as a memory of the newfound friendships.

Impact Analysis:

This event had a significant influence on both healthcare personnel and the society at large. The distribution of appreciation cards enhanced the relationships between healthcare workers and the local population in addition to its positive influence on the healthcare personnel. The sincere cards and gratitude letters provided them with the much-needed emotional support and acknowledgement for their hard work. The event demonstrated the power of uniting in joy and goodwill, emphasizing that such occasions not only generate cherished memories but also weave the strands of our community fabric ever closer together. It was a moving reminder of the value of togetherness and teamwork in building a stronger, more resilient community.

Pictures:





TSEC MARATHON 2023

Program Co-Ordinator: Dr. Arti Deshpande

Date: 2nd October, 2023

Location: R.D Nationals Ground

Total number of participants: 300

The TSEC Marathon of 2023 was nothing short of a monumental success, held on October 2nd in the vibrant neighborhood of Bandra, Mumbai. The echoes of the enthusiasm and excitement still reverberate through the memories of all who participated. It was a day that celebrated unity, fitness, and fun, leaving a lasting impact on everyone involved.

As the golden rays of the October 2nd morning sun illuminated the horizon, participants eagerly gathered at the starting line, creating an awe-inspiring sea of anticipation. The atmosphere was nothing short of electric, with each runner filled with determination, ready to embark on a remarkable journey of endurance and achievement. The energy at the starting line was palpable, setting the stage for an unforgettable day filled with unity, fitness, and fun.

Before the marathon began, participants enjoyed an extended heart-pounding Zumba session led by the dynamic trainer, Ritika Kabra. This lively warm-up wasn't just about getting the blood flowing; it was a joyful celebration of movement that brought everyone together, fostering a sense of camaraderie and excitement. With Ritika's expert guidance, participants danced their way to fitness, setting the perfect tone for the marathon.

The event was graced by the presence of the renowned celebrity guest, Shweta Mehta. Shweta, a famous fitness enthusiast and reality TV star, brought an extra layer of excitement to the marathon. Her presence was an inspiration to all as she shared her remarkable fitness journey, emphasizing the importance of determination, hard work, and resilience. Shweta's words resonated deeply with everyone, leaving an indelible mark on the event and reminding us all of the transformative power of dedication.

The TSEC Marathon featured two categories, the 5km run and the more challenging 10km run. Participants exhibited extraordinary resilience, pushing through the respective tracks with sheer determination. Their dedication paid off as they clinched the well - deserved positions, inspiring us all with their spirits. The following participants emerged as the victors, their determination and dedication shining through:

5km Male Category Winners:

1st Prize: Mukesh Yadav

2nd Prize: Mihir Bathija

5km Female Category Winners:

1st Prize: Divya Chaurasiya

2nd Prize: Akansha Singh

10km Male Category Winners:

1st Prize: Omkar Vishnu Baikar

2nd Prize: Santosh Yadav

10km Female Category Winners:

1st Prize: Namrata Balani

2nd Prize: Seema Nagpal

The TSEC Marathon 2023 will be remembered as a day that brought people together, celebrated fitness, and created lasting memories. From the electrifying start line to the vibrant Zumba session, the presence of Shweta Mehta, the incredible winners, and the vote of thanks by TSEC Students' Council, this event showcased the spirit of unity, determination, and community.

We extend our heartfelt gratitude to everyone who participated, volunteered, and supported the TSEC Marathon, especially the NSS team who worked hard on the day of the event. The unwavering enthusiasm and dedication of the whole Student council team transformed this event into resounding success. Stay tuned for more exciting events in the future as we continue to promote fitness and unity in our community!



